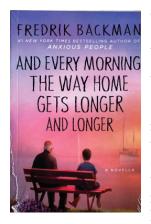
## December 2024



This book is about family, memories, and letting go; it's about learning to say goodbye before it's even time. It's a book about Alzheimer's and how the mind fades like a star before the body is ready to follow. The story was unfortunate, and there wasn't a moment that you didn't feel how somber it is; the moment where three people sit in a room, a child, his father, and his father's father, all of which know that there is one mind in that room that is leaving them, at times already have gone. I had listened to the audiobook version of this short story, and compared to

the [sampler] Kindle book I read, the narrator made an enormous contribution in making this and the characters and all of the feelings and emotions attached so much more real. There are lucid moments when we are in little Ted's or his father's mind, watching their beloved family member leave them piece by piece. There are moments when we are in the grandfather's mind as he sees the world, views his memories, talks to his deceased wife, and understands that each day, his "room" gets smaller and smaller, and each day, memories seem to slip away.

Fredrik Backman (born 2 June 1981) is a Swedish author, blogger, and columnist. The books were number one bestsellers in his home country of Sweden. Backman's books have been published in more than twenty-five languages.



Backman grew up in Helsingborg, Sweden. He has been writing for the Swedish newspaper Helsingborg Dagblad and for the Swedish men's magazine, *Moore Magazine*. Backman debuted as a novelist in 2012 with *A Man Called Ove*. The novel was adapted as a film which premiered on 25 December 2015 and again in 2023. Swedish production company Filmlance bought the rights to his book Beartown. It was adapted for television in 2020. Many of his books have been translated into English. After his debut novel, *A Man Called Ove*, was translated into English, it remained on the best-seller list for 42 weeks.