

June 2020

Solskinn Nyhetsbrev

Newsletter from Solskinn Lodge



**SONS of
NORWAY**

Solskinn Lodge 6-150

Ord fra Presidenten



Here we are again, not much activity but still running. I guess many of you are concerned of what is happening. We had a board meeting recently, we made it virtually with ZOOM, it turned out to work perfect. May 17 was celebrated on ZOOM, we were 11 people on line at the same time, a fun event. It will be a new celebration later this year, the Lodge is celebrating 30 year since established. There are still some of our active members who started the Lodge. We are planning some kind of gathering if the Covid 19 situation has changed to the better. Let us hope for the best.

What else to do? The book club is active up an running virtually. It is a good opportunity to keep in contact, see more info in the Newsletter.

A Happy Hour on ZOOM is also planned, more about that later in separate information. As you all can see, despite all isolation we can still be in contact with each other.

For the Newsletter.

I am sure that some of you have a good or funny story that you would like to share with other friends. Why not use the Newsletter to do it.

For now, continue staying healthy.

Ulf

In this newsletter

Page 1	Ord fra Presidenten
Page 2	Norwegian Flag
Page 3	Birthdays Book Club Erna Solberg District Six
Page 4	SAS Freia Bygdebøker Celebration of May 17th
Page 5	Famous Norwegian Solskinn Lodge Officers
Page 6	Mailing

**Sons of Norway
strongly recommend
that all lodge meetings
and in-person events
be postponed through
at least May 31.**

April 29, 2020

Norwegian Flag

The oldest form of Norwegian flag we know is the national arms lion on a flag or banner. Later it was sometimes used as a flag on ships and fortresses. This flag, which was a royal flag, had a gold lion with a silver ax on a red bottom.

In the 17th and 18th centuries, it became common to use the Danish flag, Dannebrog, also on Norwegian warships and fortresses. From 1748 this flag was the only recognized Danish-Norwegian trade flag.

After 1814, in distant waters, Norwegian ships had to use the Swedish flag, or from 1818 a Union flag based on the Swedish flag, with a white oblique cross on a red bottom in the upper field at the pole. As a flag of war for both countries in the union between Norway and Sweden, a Swedish split flag with the same red and white mark was already introduced in 1815, where red and white were perceived as "Norwegian" colors.

In 1844, king Oscar 1 gave the two countries equality in the flag issue. Both countries received their national flags with a union mark in Swedish and Norwegian colors (popularly called the "herring salad") in the upper field by the pole.

The current flag of Norway was designed in 1821 by Fredrik Meltzer, a member of the parliament (Storting). It was adopted by both chambers of the Storting on 11 May and 16 May, respectively. However, the king refused to sign the flag law, but approved the design for civilian use by royal order in council on 13 July 1821. The constitution of 1814 explicitly stated that the war flag was to be a union flag, hence the common flag (Swedish with a canton signifying Norway) was used by the armies and navies of both states until 1844.

Until 1838 the Norwegian flag was only used in Northern waters, i.e. the waters north of Cape Finisterre, as Norway had no treaty with the Barbary pirates of North Africa and had to fly the Swedish or union flag for protection.

In 1844 a union mark combining Norwegian and Swedish colours was placed at the hoist of both countries' flags. The badge was jokingly or derogatorily called Sildesalaten ("the herring salad") because of its jumble of colours and resemblance to a popular dish on the breakfast tables of both countries. Initially, the union flag was popular in Norway, since it clearly denoted the equal status of the two united states.

As the union with Sweden became less popular, the Norwegian parliament abolished the union mark from the national (merchant) and state flags in 1898. Although the law was not approved by the

June 2020

Solskinn Nyhetsbrev

Editor for Solskinn Nyheter
Terje "TJ" Berger 760.799.6660
Send pictures, ideas, articles to
solskinn150@gmail.com

Sons of Norway
Website: sofn.org
Facebook: Official Sons of Norway Facebook Group

Solskinn Lodge
Website: solskinn.sofn6.org
Facebook: Solskinn Lodge, Sons of Norway 6-150
Email: Solskinn150@gmail.com



King, it became effective since it had been passed by three consecutive Stortings. The "pure" flag was first flown in 1899, but the union mark had to be kept in the war flag. After the dissolution of the union, it was removed from the navy flag as well on 9 June 1905. Sweden kept it in all flags until 1 November 1905.

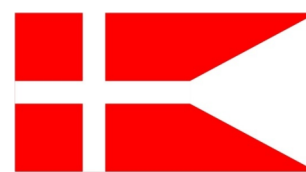
Norwegian Wikipedia



The Norwegian Lion at the seal of king Erik II Magnusson, king 1280-1299



The official Norwegian Coat of Arm



"Dannebrog" - Danish flag



Flag of the Kalmar Union 1397-1523



Swedish flag with the red/white cross



Norwegian flag with union symbol called "Herring Salad"



June Book

Our book club held their last meeting by Zoom. This makes it a bit easier to discuss the book. We hope you will join us for our summer meetings. We will meet June 18, July 16 and August 20th at 4:00. I will send out the Zoom info prior to the meeting. All you need to do is click on the Zoom link embedded in the e-mail and it will take you to the meeting. Just follow the instructions. Make sure your computer audio is on.



Waldemar Theodor Ager (1869 – 1941) was a Norwegian-American newspaperman and author. He was born at Frederikstad, in Østfold, Norway. He grew up nearby in Gressvik, just across the river Glomma. Not long after his arrival in America, Ager got his start in the newspaper business by becoming involved with *Norden*, Chicago's largest-circulation Norwegian-language newspaper.



June 18

Sons of the Old Country by Waldemar Ager

Frederik Berg, Isak Isaksrud, and Ole Brekke, young Norwegian immigrants, become friends in the years before they face the dangers of the Civil War. This story takes place in Wisconsin. Translated from Norwegian in 1926 by his son Trygve Ager. Norwegian title is “Gamlelandets Sønner”.

The next books

July 16

172 Hours on the Moon by Johan Harstad

Aug 20

Norwegian by Night –Derek Miller

Sept The reckoning, by Yrsa Sigurðardóttir
Nov Searching for Nora, by Wendy Swallow
Dec Two Homelands, by Odd S. Lovoll

Fødsler i Juni

June Birthdays

June 6 Steinar Johansen
June 7 Åse G Bence
June 8 Lorna Ann Albertsen
June 14 Danny M Zelman
June 15 Emel Mehlum

June 21 Carolyn Rich
June 23 Thomas H Gerner
June 25 Rex A Seawright
June 26 Miriam Hendrix

July 1 Tone H Chaplin
July 2 Donna R Lenander
July 6 Illa M Moore



Erna Solberg is Prime Minister of Norway since 2013 and Leader of the Conservative Party since May 2004. She is 59 years old, married and has 2 children.

Sons of Norway District Six

Camp Trollfjell

Registration for **Camp Trollfjell** and **Trollfjell Folkehøgskule** is now open. Job applications for all staff positions are now being accepted. Located in Arden, Placer County. More information at www.sonsn6.org/

Camp Trollfjell returning in September of 2020. More information at <https://www.campnorge.org/site/camp-oldfjell/>

CANCELED



Many of us have crossed the Atlantic Ocean with the Scandinavian Airlines System (SAS) to visit family and friends in Norway. Kalmar Union ended in 1523 and there was bad relationships between Sweden and Denmark (Norway). 1952 the Nordic Council was established. They are good friends again.

The airline was founded on 1 August 1946, when Svensk Interkontinental Lufttrafik AB (an airline owned by the Swedish Wallenberg family), Det Danske Luftfartselskab A/S, and Det Norske Luftfartselskap AS (the flag carriers of Denmark and Norway) formed a partnership to handle the intercontinental air traffic of these three Scandinavian countries. On 17 September 1946, operations started under the new entity, the first international service was conducted between Stockholm and New York.



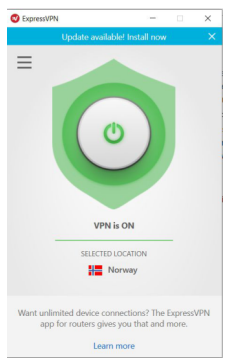
Nothing like Norwegian Chocolate

Read more in Viking Magazine June 2020



BYGDEBØKER is a popular place to find ancestors on the country side. These are books about the local community and history of the farms. Oslo Public Library (Deichmanske bibliotek) has the complete collection of printed material. With modern technology the books have been scanned by the National Library in a format that you can turn pages. But it requires a Norwegian IP address to get access to the digital library.

Norgeskart.no (Norway maps) is another website to find detailed maps better than Google map. It also requires Norwegian IP address to get access.



VPN (Virtual private network) is a program that makes it possible to get IP address of any country. It costs less than 5 dollars per month.

The Royal family on the balcony. Empty streets.



Celebrating 17th of May 2020.. on ZOOM



17.Mai på ZOOM

Solskinn Lodge

Solskinn Lodge 6-150



Famous Norwegian

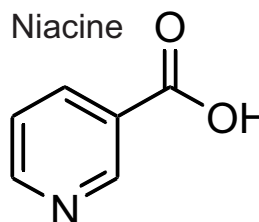
Conrad Arnold Elvehjem was internationally known as an American biochemist in nutrition. In 1937 he identified two vitamins, nicotinic acid, also known as niacin, and nicotinamide, which were deficient directly in human pellagra, once a major health problem in the United States. Collectively, nicotinic acid and nicotinamide are termed vitamin B3 and are now understood to be precursors of nicotinamide adenine dinucleotide

Conrad Elvehjem was born in McFarland, Wisconsin. He progressed through the secondary schools and the University of Wisconsin, where he received his PhD in 1927 with mentor E.B. Hart for his studies of the importance of copper in iron-deficiency anemia. A National Research Council fellowship permitted a year at Cambridge University in England. Elvehjem began teaching in agricultural chemistry at the University of Wisconsin in 1923, and became a full professor in 1936. He became chairman of the biochemistry department in 1944 and dean of the graduate school in 1946, at 45 years of age. He served as dean of the graduate school until he became the university's 13th president in 1958.

Elvehjem commented frequently on nutrition as it affects both scientist and layman. "Vitamins should be obtained from natural foods if possible," he cautioned. "He acknowledged the value of synthetic vitamins in treating deficiency diseases, but warned that their use should be temporary.

Elvehjem was stricken with a heart attack at his desk on the morning of July 27, 1962, at the age of sixty-one and died within the hour.

From Wikipedia



Conrad Arnold Elvehjem
born 27 May 1901 in Dunn, Dane county, Wisconsin
baptized 28 Jul 1901 in McFarland, Dane
confirmed 14 May 1916 in McFarland, Dane
died 28 Jul 1962 in Madison, Dane county, Wisconsin
buried at Forest Hill Cemetery, Madison, Dane, Wisconsin

married Nina Constance Waltz (1905-1999)

Son of Ole Johnson Elvehjem
born 1852 in Stede parish, Sogndal, Sogn og Fjordane county,
Norway, died 1929 in Dane county, Wisconsin.
Christine Larsdatter Lewis
born 1860 in Luster, Sogn og Fjordane
died 1926 in Dane County, Wisconsin

Ole Elvehjem came from a small farm in Sogndal, called
Elvagjeng (Elva-gjeng)

Solskinn Lodge Officers 2019-2020

Board of Directors

President	Ulf Lokke	760-808-5403
Vice President	Luella Grangaard	760-363-7704
Counselor	Berit Reistad	760-485-1130
Secretary	Luella Grangaard	760-363-7704
Treasurer	Nancy Madson	760-343-0848
Membership Secretary	Vaughn Simon	760-219-9160

Program Directors

Social Director	Tone Chaplin	760-773-2360
Co. Social Director	Nancy Madson	760-343-0848
Cultural Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-328-1791
Co. Sunshine	Berit Reistad	760-485-1130

Support Positions

Book Club	Luella Grangaard	760-363-7704
Sports	Ulf Lokke	760-808-5403
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Tubfrim	Ginnie Wilcox	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

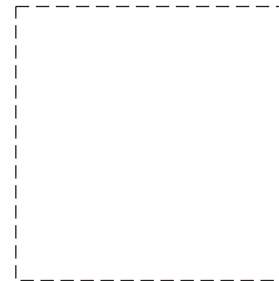
Financial Benefits

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	jdonovaninsure@gmail.com

Sons of Norway
Solskinn Lodge, #6-150
P.O. Box 2207
Palm Desert, CA 92260



Save this stamp
for Tubfrim



**SONS of
NORWAY**

Mission Statement

***The mission of
Sons of Norway
is to promote and to preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members***