



www.solskinn.org

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Nyhetsbrev March 2019

email: solskinnlodge@gmail.com

# Nyhetsbrev March 2019

## Ord fra Presidenten



Hi you all, take care, the heat is coming back. After a long and unusual cold winter, it seems like the warm is coming back. And hopefully more activity is also coming back.

Since we this time had canceled the Heritage Festival, we arranged this District 6 event instead.

We had a very good turnout on our District 6 meeting on Feb.23:rd. a total of 45 attendens from 5 different lodges in the District, and useful information was delivered. Thanks to Luella and Nancy who was the key players to run the event. Some of our members brought some different food to serve and helped out with the serving, breakfast table was full of many typical Norwegian breakfast dishes. All those who was there was very satisfied and already looking forward to the next meeting. This meeting was not only for the officers in the lodges but for all members too. The information that was presented was not only "old" stuff, but much new also. It is useful to get a reminder of the possibility you have as a member of Son of Norway and what's new. We hope that more of our members will attend next time.

Ulf



Viking (inspired) Dinner & Social

Saturday, March 23, 2019

Hope Lutheran Church  
45900 Portola Avenue, Palm Desert

\$10.00/person

\$15.00/non-member

Pay at door

Please reserve in advance so we know how much food to prepare.  
Thank-you!!

R.S.V.P. before March 20, 2019

to Nancy Madson at  
norsknm@gmail.com or

760-343-0848 (leave message)

4:30 Social (half) Hour

5:00 Dinner & Meeting

Pork Roast in Ale

Cabbage and Crispbread

Roasted Vegetables

Honey Sweetened Treat

6:00 Program

Who are the "Ivory Vikings"?

## Folk Music In The Park

There's a Prickly Pear Jam Session the 2nd and 4th Saturday's of the month at the Palm Desert Civic Center Park. Folk music is played from all countries. The musicians are Steinar Johansen, David Ritland and Chris Peoples.

### Solnedgang (Sunset) Supper Club

Billy Reed's Restaurant

“Old-school spot serves ample portions of American chow amid quirky décor.”

<http://billyreedspalmsprings.com/>

1800 N Palm Canyon Dr., Palm Springs

Tuesday, March 19, 5:00 pm

RSVP to Nancy Madson before March 17  
[norsknm@gmail.com](mailto:norsknm@gmail.com) or leave a message at  
760-343-0848

late reservations or cancellations call  
760-238-2688 cell

The voluntary contribution of \$1/person toward a charitable organization ties the Supper Club to Sons of Norway.

### February's Happy Hour

Eleven people enjoyed the happy hour gathering in February at Rendezvous Restaurant in the Tri-Palms clubhouse in Thousand Palms. The good news was that the karaoke was moved indoors due to the cool weather. The bad news was that the indoor venue was crowded and noisy. Perhaps we'll try to meet there again during warmer weather. Food was good and priced right.

Submitted by Nancy Madson

### March fødsler

<b>Genevieve Larson</b>	<b>3/3</b>
<b>Beryl Waldeland</b>	<b>3/4</b>
<b>Margit Chiriaco Rusche</b>	<b>3/14</b>
<b>Armando Bessares</b>	<b>3/20</b>
<b>Mary Louise Salle</b>	<b>3/26</b>



### BOOK CLUB

3:30 PM THUR 3/21

Panera Bread, Rancho Mirage  
Contact: Bev 760-323-7179 or  
[beachbaerbev@aol.com](mailto:beachbaerbev@aol.com)

# Solskinn Lodge Hosts Zone 6 Member Seminar



Saturday, February 23 at Hope Lutheran Church 43 members of 5 different Zone 6, District Six, Sons of Norway Lodges and others interested in Sons of Norway gathered to learn about all the resources Sons of Norway and District Six have for their members. The five lodges included: Solskinn, Sundfjord, Soldalen, Vahall and Vinland. District Six President, Luella Grangaard, District Six Secretary, Nancy Madson and Zone 6 Director Ronna Clymens lead the seminar. There was a review of Sons of Norway, the three legged stool “Fraternal, Financial and Foundation”. James Donovan who is the Financial Benefits Counselor (FBC) for most of Zone 6, spoke on financial products and the care and concern Sons of Norway has for its members. Camp Norge, Camp Trollfjell as well as scholarship opportunities were discussed.

The group took a break midway and enjoyed a Frokost (breakfast) with a large variety of foods. During the breakfast, Chris Peoples and David Ritland played traditional Norwegian music along with a fun Lefse song. There were also drawings and practicing taking photos for submission to the Viking Magazine. What a great learning opportunity.



Oslo Ranked 2nd Healthiest City in the World Oslo was recently named the world’s second healthiest city. Using key metrics like life expectancy at birth and work-life balance, the online home rental company, Spotahome, created a healthy index to rank 89 global cities. Of the global cities analyzed, Oslo and Helsinki were the only two Scandinavian countries to make the top 10. While it’s no secret that Norway continues to top lists for work-life balance and happiness, Oslo also scored particularly high in green space, life expectancy and air/water quality. Since the city has already unveiled plans to go green by 2025, it’s easy to see

why it ranked so high. The initiative includes making the city center car-free, and adding more pedestrian and bike friendly areas. Additionally, the life expectancy in Norway is 84 years for women and 81 years for men, which is among the highest in the world. In total, Oslo scored an average of 6.61 points out of 10. Amsterdam took the number one spot on the list with an average of 6.97 points. To view the full list, visit [spotahome.com/healthiest-cities-world](http://spotahome.com/healthiest-cities-world).

Source: Sons of Norway Newsletter Service  
March/April 2019

## Reenactments Provide Glimpse into the Viking Age

—Viking reenactment groups are becoming more prevalent than ever, with groups popping up in the United Kingdom, mainland Europe and Northern America. Related Facebook groups may be a reason for the rise in awareness and popularity, with several groups each boasting thousands of members. Reenactment groups strive for authenticity in their activities, be it scenes from everyday life (baking, forging, gardening, carving) or participating in re-created battles. Many members of these groups study Viking life and culture in detail, from exploring ancient Viking sites, studying Norse sagas or scrutinizing artifacts and old trade routes. There are active online marketplaces for buying, selling and trading Viking replicated clothing, accessories and equipment. On websites such as Etsy one can source jewelry, tunics, headwear, footwear, tankards, shields, props and more. To get a real flavor for Viking reenactment, check out a recent issue of National Geographic, “The Vikings, Lords of Sea and Sword.” Re-enactors were used in photographs to illustrate in detail various aspects of Viking life.

## The Vikings in Ireland – Happy St. Patrick’s Day

From an article by **Emma Groeneveld** published on 11 December 2017

Although the territories the Vikings took were not very large and thus did not have a huge geographical impact on Ireland, the Vikings did end up significantly influencing Ireland in a political, economic, and cultural way. The Irish took over some Norse cues regarding warfare, especially regarding weapons and tactics, but it was the Viking *longphorts* grown into towns with commercial characters that gave Ireland, formerly lacking proper towns, a major, lasting boost. Furthermore, the extended Viking ties with the rest of the British Isles and continental Europe enlarged the Irish trading scene in general.

See this website to read the full article - <https://www.ancient.eu/article/1162/the-vikings-in-ireland/>

Submitted by Nancy Madson

# Events Calendar

Date	Event	Time/Location/Contact
Mar 2, Sat	Movie Matinee	1:00 Nancy’s home
Mar 12, Tues	Business Meeting	3:30 Nancy’s home
Mar 14, Thurs	Hardanger	3:00 Phyllis’s home
Mar 19, Tues	Supper Club	5:00 Billy Reed’s, Palm Springs
Mar 21, Thurs	Book Club	3:30 Panera Bread, Monterey & Dinah Shore
<b>Mar 23, Sat</b>	<b>Social/Viking dinner</b>	<b>4:30 Hope Lutheran Church</b>
Mar 28, Thurs	Baking class	3:30 Nancy’s home
Apr 11, Thurs	Hardanger	3:00 Cheryl’s home
May 9, Thurs	Hardanger	3:00 Connie’s home

See articles for specific information and reservation instructions.

# Book Club

The book this month was **DEAR UNFORGETTABLE BROTHER: The Stavig Letters From Norway & America 1881 - 1937** by Jane and John Rasmussen. These letters among the Stavig relatives gave the readers personal insight into the lives of those who emigrated and those stayed behind. Special thanks to Corinne Bjerke who shared many primary sources of her own genealogy roots, as her family lived in the same areas of South Dakota. It was a full table this month of our lodge members sharing their views of this month's literary choice and all agreed it was a very interesting book. Please join us for next month's selection, **IN COD WE TRUST: Living the Norwegian Dream** by Eric Dregni



TO: DISTRICT SIX MEMBERS WITH EMAIL

FROM: YOUR DISTRICT SIX PRO, Kaye Wergedal

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CLICK ON THE RESOURCES TAB THEN CLICK ON "DISTRIBUTION LISTS" TAB. THEN GO TO THE "ALL DISTRICT SIX MEMBERS" LINE AND CLICK ON "SUBSCRIBE" TO ADD YOURSELF TO THE DISTRIBUTION LIST.

Mange takk!

Kaye Wergedal, PRO

## Solskinn Lodge Officers 2019 - 2020

### Board of Directors

President	Ulf Lokke	760-834-8144
Vice President	Luella Grangaard	760-363-7704
Counselor	Berit Reistad	760-485-1130
Secretary	Luella Grangaard	760-363-7704
Treasurer	Nancy Madson	760-343-0848
Membership Sec	Vaughn Simon	760-219-9160

### Program Directors

Social Director	Tone Chaplin	760-773-2360
Co-Social Dir.	Nancy Madson	760-343-0848
Culture Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-328-1791
Co. Sunshine	Berit Reistad	760-485-1130

### Support Positions

Book Club	Beverly Nebors	760-323-7179
Sports	Ulf Lokke	760-834-8144
Editor	Heidi Albright	760-449-1632
Photographer	Miriam Hendrix	
Tubfrim	Ginnie Wilcox	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

### Financial Benefits

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905j
	<a href="mailto:jdonovaninsure@gmail.com">jdonovaninsure@gmail.com</a>

Sons of Norway - *Solskinn*  
Solskinn  
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Palm Desert, CA  
92260



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**SONS of  
NORWAY**

**Mission Statement**

*The mission of  
Sons of Norway  
is to promote and to  
preserve the heritage and  
culture of Norway,  
to celebrate our relationship  
with other Nordic countries,  
and to provide quality  
insurance and financial products  
to its members.*