

Solskinn Nyhetsbrev

April 2023 Newsletter from Solskinn Lodge 6-150



Solskinn Lodge 6-150



Ord fra Presidenten

Welcome to Spring Solskinn Lodge.

First, thanks to those who donated and participated in our yard sale. It was a great success and an event to support our lodge activities with the funds we raised.

We had a great meatball contest at our March Social. And what a beautiful spring day it was. Thank you to all of you who entered meatballs and those who brought the sides. The winner was Susan Norby. Everyone in attendance was very excited to participate in the judging and they took it very seriously. Following the contest we played BINGO.

We hope you can attend our next social to learn the art of making open face sandwiches. There aren't any rules except to enjoy making them. The variety is limitless. You can use this food "art" to plan your own event and share with friends.

Also, we are beginning to plan our next season and would appreciate your comments on plans for next season, fall 2023 - Spring 2024. We seem to have some very popular food events: our January brunch, soup and salad, meatballs, and Christmas luncheon. Please indicate any cultural or heritage topics you are interested in learning. We need your thoughts.

I look forward to seeing you at our April social.
Fraternally,
Luella

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Lodge Social

Mark Your Calendar

- April 22 Open Face Sandwiches with Demonstration
- May 20 May 17 Celebration with Quiz
Hot Dogs and Ice Cream
- June 24 Midsummer

Board Meeting every
2nd Tuesday of the month at 5 PM
ZOOM Link will be sent prior to the meeting

Book Club meets every
3rd Thursday of the month at 4 PM
To join, send an email to Luella

Arts & Craft Club has been
put on hold until further notice

Don't miss the attached survey.

Help us plan for Fall 2023 - Spring 2024

- Scan and email
- Send by mail
- Bring it next social

Happy Birthday



Birthdays in April / May / June

Sandra Kennedy	April 3
Svein Olav Stokke	April 5
Magdalena Buresdotter	April 7
Colin Brown	April 12
Carrie Kosvic	April 29
Junelle H Pearson	May 10
Leland W Rasmussen	May 12
Gerald Tallackson	May 12
Ulf K Løkke	May 24
Mark Dahl	June 6
Steinar Johansen	June 6
Lorne Albertsen	June 8
Emel Mehlum	June 15
Carolyn Rich	June 21
Rex Seawright	June 25
Miriam Hendrix	June 26



Norwegian Flag Days, Holidays and Days of Observance

April 6	Skjærtordag (Maundy Thursday)
April 7	Langfredag (Good Friday)
April 9	Påskedag (Easter Sunday)
April 10	2nd Påskedag (Easter Monday)
May 1	International Labor Day
May 8	Frigjøringsdagen (Liberation Day)
May 17	Grunnlovasdagen (Constitution Day)
May 18	Kristi Himmelfarts Dag Ascension Day (no flaggday)
May 28	Pinsedag (Pentecost Day)
June 7	Unionsoppløsningen Dissolution of Union with Sweden
June 21	Sommersolverv June Solstice
June 23	Sankthansaften Midsummer Eve
June 24	Santhansdagen

There are lots of Norwegian movies online. Netflix has a few. Several streaming services include Norwegian movies. We will continue to present Norwegian movies and inform where to find them. Presenting a new movie on page 4

Solskinn Nyhetsbrev

April 2023

Editor for Solskinn Nyheter (Sunshine News)
Terje "TJ" Berger 760.799.6660
Send pictures, ideas, articles to
solskinn150@gmail.com

Solskinn Lodge

Website: solskinn.sofn6.org
Facebook: Solskinn Lodge, Sons of Norway 6-150
Email: Solskinn150@gmail.com

Sons of Norway

Website: sofn.org
Facebook: Official Sons of Norway Facebook Group

Sons of Norway, District Six

Website: sofn6.org
Facebook: Sons of Norway District Six



Beloved spring flower
in Norway

Hestehov
Latin: Tussilago Farfara
English: Coltsfoot

Photo: LarsFoto.se



A big thanks to all who helped with the garage sale. A special thanks to Tone Chaplin who stored the items in advance of the sale, for getting the permit and supplies, for advertising, for set-up. Helping and donating were Luella, Nancy, Ulf, Joy and Susan. Also thanks to Frida, TJ, Corinne and Marie for donations. Items not sold were donated to Angel View and Revivals.

Total income was \$519.35



BOOK CLUB

April Book

Bitter Flowers
by Gunnar Staalesen

ZOOM Meeting

Thursday, April 20 at 4PM

Want to join? Send an email to Luella. morongo2@verizon.net

May Book

Men in My Situation
by Per Petterson

ZOOM Meeting

Thursday, May 18 at 4PM

Solskinn Book List 2023

May Men in My Situation
by Per Petterson
June Child Wonder
by Roy Jacobsen
July The Bell in the Lake: A Novel
by Lars Mytting

Whole book list for 2023 on Page 4

April 2023



PI Varg Veum has returned to duty following a stint in rehab, but his new composure and resolution are soon threatened when a challenging assignment arrives on his desk.

A man is found dead in an elite swimming pool and a young woman has gone missing. Most chillingly, Varg Veum is asked to investigate the 'Camilla Case': an eight-year-old cold case involving the disappearance of a little girl, who was never found.

As the threads of these apparently unrelated crimes come together, against the backdrop of a series of shocking environmental crimes, Varg Veum faces the most challenging, traumatic investigation of his career.

Gunnar Staalesen (born 19 October 1947) is a Norwegian writer. He is a major figure in the Nordic noir crime fiction genre through his 19 novels featuring Varg Veum, a private detective in Bergen on the rainy west coast of Norway. The Varg Veum series has been praised as one of the best in modern crime fiction, and Staalesen has sold more than 5 million books in 26 countries.

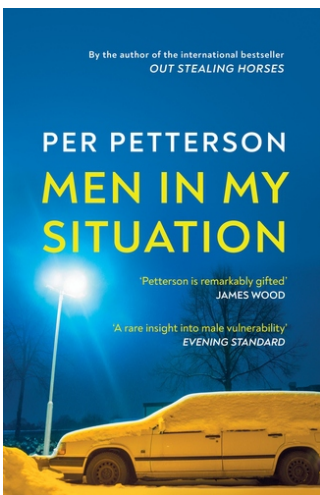


Staalesen earned a degree in language (French and English) and literary studies from the University of Bergen in 1976, while also working as a

journalist, a film critic and a press secretary at Den Nationale Scene.

Staalesen was inspired to create Veum, a social worker turned private detective, as an experiment in placing the classic detective archetype of American literature in modern-day Bergen, particularly influenced by Raymond Chandler's book Philip Marlowe.

May 2023



A major new novel from the author of the international bestseller *Out Stealing Horses*. *Men in My Situation* is a tender, scintillating portrait of grief, fatherhood and a life nearly going to pieces.

In 1992 Arvid Jansen is thirty-eight and divorced. Turid has left with their three girls, slipping into her young, exuberant crowd of friends - the colourful - and a new house with no trace of their previous life together. More than a year has passed since the tragic accident that took his parents and two of his brothers. Existence has become a question of holding on to a few firm things. Loud, smoky bars, whisky, records, company for the night and

taxi home. Or driving his Mazda into the stunning, solitary landscape outside of Oslo, sleeping in the car when his bed is an impossible place to be, craving a connection that is always just beyond reach.



Per Petterson (born 18 July 1952 in Oslo) is a Norwegian novelist. His debut book was *Aske i munnen, sand i skoa* (1987), a collection of short stories. He has since published a number of novels to good reviews. *To Siberia* (1996), set in the Second

World War, was published in English in 1998 and nominated for the Nordic Council Literature Prize. *I kjølvannet*, translated as *In the Wake* (2002), is a young man's story of losing his family in the Scandinavian Star ferry disaster in 1990 (Petterson himself lost his mother, father, younger brother and a niece in the disaster); it won the Brage Prize for 2000. His 2008 novel *Jeg forbanner tidens elv* (*I Curse the River of Time*) won the Nordic Council Literature Prize for 2009, with an English translation published in 2010.

His breakthrough novel was *Ut og stjele hester* (2003), which was awarded two top literary prizes in Norway – the Norwegian Critics Prize for Literature and the Booksellers' Best Book of the Year Award. *Out Stealing Horses* was named one of the 10 best books of the year in the 9 December 2007 issue of the *New York Times Book Review*.

Petterson's works have been translated into almost 50 languages.

Norwegian Movie

The Kon-Tiki expedition was a 1947 journey by raft across the Pacific Ocean from South America to the Polynesian islands, led by Norwegian explorer and writer Thor Heyerdahl. The raft was named Kon-Tiki after the Inca god Viracocha, for whom "Kon-Tiki" was said to be an old name. Heyerdahl's book on the expedition was entitled *The Kon-Tiki Expedition: By Raft Across the South Seas*. A 1950 documentary film won the Academy Award for Best Documentary Feature. A 2012 dramatized feature film was nominated for the Academy Award for Best Foreign Language Film.

Heyerdahl believed that people from South America could have reached Polynesia during pre-Columbian times. His aim in mounting the Kon-Tiki expedition was to show, by using only the materials and technologies available to those people at the time, that there were no technical reasons to prevent them from having done so. Although the expedition carried some modern equipment, such as a radio, watches, charts, sextant, and metal knives, Heyerdahl argued they were incidental to the purpose of proving that the raft itself could make the journey. This idea has received support from statistical analysis of genetic evidence of contact between South America and Polynesia.



Kon-Tiki (2012) The Movie

Streaming at
Amazon Prime
Apple TV
Vudu
Tubi
Google Play
Redbox

2023 Book List

- August *Us Against You*
by Fredrik Backman
- September *My First Murder*
by Leena Lehtolainen
- October *The Scandinavian Aggressors*
by Rowdy Geirsson
- November *Norske Fields: A Novel of Southern California's Norwegian Colony*
by Anne Schroeder
- December *A Coat Dyed Black*
by Don Pugnetti Jr.



The Kon-Tiki Museum (Norwegian: Kon-Tiki Museet) is a museum in the Bygdøy peninsula in Oslo, Norway. It houses vessels and maps from the Kon-Tiki expedition, as well as a library with about 8,000 books. It was opened in a provisional building in 1949. In 1957, the current building—designed by architects F. S. Platou and Otto Torgersen—was opened. In 1978, an extension of the museum designed by Torgersen was opened.

More information: www.kon-tiki.no



Bingo and dessert

Managed by our lodge president, Luella Lee got the first Bingo.



The Late Medieval Ages - Deserted Farms

The deserted estates (Ødegårdene)

Most people in Norway lived on individual farms. Since the population declined, many farms were left empty. Around 1450, about 60 percent of all farms in the country were abandoned.

The deserted farms are the foremost testimony we have of the ravages of the plague. In the 1970s, all deserted farms in Norway in the late Middle Ages were registered in the Nordic Desert Farms Project. Starting from younger farm lists, it was possible to work backwards in time, the so-called retrospective method, to find out how many farms had been in use before the plague.

Depopulated villages

Some villages were completely depopulated. This particularly applied to small places with poor growing conditions. Sørkedalen outside Oslo and Geiranger in Møre and Romsdal were empty of people after the Black Death. The flow of people was reversed. The people left the inland areas, several settled along the coast.

It was more common for the population in the village to become grumpier than before. In Eastern Norway, people left the most recently established farms. In Asker, 75 out of 129 farms were deserted in the late Middle Ages. Almost all the waste farms were poor rud-farms or smaller farms that had been separated from large farms. Skaugum farm had consisted of three uses, now there was only one left.

Large-scale use

The tendency to merge uses was most pronounced in Western Norway, because there long-term land scarcity had led to farms being divided into many uses in the High Middle Ages. In some places the farms had been so broken up that they resembled European villages. Now they were merged for greater use again.

People did not just gather in the most central settlements. They also moved to the best soil. Many rud-farms that had been cleared in the High Middle Ages were now used as pasture and hayfields.

The fight over the tax level

After the Black Death, there were few people and a lot of land, quite the opposite of the situation in the High Middle Ages. The new situation gave the users a good hand compared to the landowners - it was a "buyer's market". But the Middle Ages was not a capitalist society, and the

landowners had a military monopoly in large parts of Europe. They were in no way interested in market forces being allowed to work, so that land rents, land prices and taxes fell.

The late Middle Ages is a troubled time, and much of the background lies in the power struggle that unfolded within agriculture between landowners and tenants.

European property relations

In Western Europe, the farmers emerged victorious from this struggle. Fees fell to a fraction of previous levels, despite landowners doing their best to turn back the clock. In Eastern Europe, the landowners took command, and the region entered what has been called "the second feudal period".

Denmark followed the path of Eastern Europe. The farmers were tied to the land and imposed heavy taxes and compulsory work.

In Norway, the farmers managed to get the fees adjusted down. The land debt fell to about a quarter of what it was before, and tithes, taxes and land prices fell by about the same amount. The landowners did not sit idly by and let this happen. But they were unable to stem the

fall in prices. The late Middle Ages were a time of relief for ordinary farmers - for those who survived the plague.

Renovation

Ownership conditions could be unclear after the Black Death had made such a strong impact on the population. When the population began to grow again late in the 15th century, conflicts arose over the ownership of waste farms.

There was still plenty of land in most places until the 17th century. Then began another period of increased struggle for resources, and a new underclass - the householders - saw the light of day.

From Norgeshistorie.no

Picture. An abandoned storehouse and loft are the motif in "Ødegård", painted by Theodor Kittelsen

Rud (from the Norse ruð, in the meaning of clearing farm) is a common place name and surname in Norway. The written form Ruud is more commonly used as a surname in Norway.

A number of place names are composed of the name of the farmer who cleared the area, such as Ellingsrud, where the person Elling was responsible for the clearing, probably sometime between 1050 and 1350 when this term was most commonly used.



Famous Norwegians

Ben Eielson



Carl Benjamin "Ben" Eielson (July 20, 1897 – November 9, 1929) was an American aviator, bush pilot and explorer. Eielson Air Force Base in Alaska is named in his honor.

Carl Benjamin Eielson was born in Hatton, North Dakota to Norwegian immigrant parents. His interest in aviation went back to his childhood. Following the entry of the United States into World War I, Eielson found his chance to become an aviator. Eielson learned to fly in the U.S. Army Air Service in 1917. In January 1918 he enlisted in the newly formed aviation section of the U.S. Army Signal Corps. World War I ended while Eielson was in flight training.

Eielson returned to North Dakota to

help in his father's store and finish his degree at the University of North Dakota. During the winter of 1919–20, he and others founded the Hatton Aero Club, the first flying club in North Dakota. After graduating from the university in 1921, he enrolled at Georgetown Law School (now Georgetown University) in Washington, D.C. Working part-time as a police officer at the Capitol, he met the Alaska Territory's delegate to the Congress, Daniel Sutherland, who persuaded Ben to go to Alaska to teach secondary school.

Eielson soon became the sole pilot for the Farthest North Aviation Company which was formed in 1923. In 1924, he flew the first air mail in Alaska from Fairbanks to McGrath, Alaska in under 3 hours, a distance dog sleds took up to 30 days to cover.

He also flew the first air mail from Atlanta to Jacksonville, Florida in 1926.

In March 1927, Australian polar explorer George Hubert Wilkins and Eielson explored the drift ice north of Alaska. They touched down in Eielson's airplane in the first land-plane descent onto drift ice. In April 1928, Eielson and Wilkins flew across the Arctic Ocean in the first flight from North America over the North Pole to Europe. The flight, from Point Barrow to Spitsbergen, covered 3,540 km (2,200 mi) and took 20 hours. When Eielson accompanied Wilkins on an Antarctic expedition later in 1928,

they became the first men to fly over both polar regions of the world in the same year. During the Antarctic summer of 1928–1929, Eielson and Wilkins made air explorations of the Antarctic, charting several islands which were previously unknown.

After his return from the Arctic flight, Eielson was asked to establish Alaskan Airways, a subsidiary of the Aviation Corporation of America. In 1929, Eielson died alongside his mechanic Earl Borland in an air crash in Siberia while attempting to evacuate furs and personnel from the Nanuk, a cargo vessel trapped in the ice at North Cape (now Mys Shmidta). Their bodies were discovered on February 18, 1930.

Carl Benjamin Eielson

*b. 1897, Hatton, North Dakota
d. 1929, Cape North, Siberia, Sovjet*

Son of

Olav Eivindson Eielson

b. 1863, Vernon, Wisconsin, d. 1931, North Dakota

Son of

Eivind Egilson Øvrebø

b. 1825, Mordedal, Telemark, Norway

d. 1904, Vernon, Wisconsin

and

Gunhild Olavsdatte

b. 1827, Mordedal, d. 1882, Vernon, Wisconsin

and

Olava Randine Baalson

b. Stearns, Minnesota, d. 1911, North Dakota

daughter of

Elene Baalson

b. 1834, Nes i Hallingdal, Buskerud, Norway,

d. 1899, Stearns, Minnesota

and

Kari Ostensdatte

b. 1837, Nes i Hallingdal, Buskerud, Norway

d. 1896, Stearns, Wisconsin

John David Ashcroft



John David Ashcroft (born May 9, 1942) is an American lawyer, lobbyist and former politician who served as the 79th U.S. Attorney General in the George W. Bush administration from 2001 to 2005.

Ashcroft previously served as Auditor of Missouri (1973–1975)

Attorney General of Missouri (1977–1985).

Missouri Governor (1985–1993),

he was elected for two consecutive terms.

He also served one term as a

U.S. Senator from Missouri (1995–2001). Ashcroft had early appointments in Missouri state government and was mentored by John Danforth. He has written several books about politics and ethics.

Since 2011 he sits on the board of directors for the private military company Academi (formerly Blackwater) and is a professor at the Regent University School of Law, a conservative Christian institution affiliated with televangelist Pat Robertson; he has also been a member of the Federalist Society.

John David Ashcroft

b. 1942, Chicago, Illinois

Son of

James Robert Ashcroft

b. 1911, Philadelphia, Pennsylvania

d. 1995, Kansas City, Missouri

and

Grace Pauline Larson

b. 1915, Chicago, Illinois

d. 1986, Chicago, Illinois

daughter of

John Martin Larsen

b. 1878, Blaker, Akershus, No

d. 1960

and

Karen Johansdatte

b. 1878, Blaker Akershus, No

d. 1935, Blaker, Akershus, No

Norwegian Food

Knekkebrød (Crispbread)

Wasabröd is a Swedish producer of Scandinavian style crispbread (Swedish: knäckebröd). The Wasabröd company has been in business since 1919, opening its first bakery in the city of Skellefteå. Since 1983 it has been under foreign ownership, first by the Swiss pharmaceutical corporation Sandoz (later merged with Ciba Geigy to become Novartis), and from 1999 by the Italian food producer Barilla Alimentare S.p.A.

History

The first bakery in Skellefteå, founded by Karl Edvard Lundström, was supplemented by another, completely mechanized, one in Filipstad in 1931, which has since become the main seat of the corporation. It later acquired several other Swedish bakeries. It started exporting bread in the 1940s, with the first foreign subsidiary founded in Denmark in 1965 and the first foreign bakery built in Celle in Germany in 1967. In the early 21st century Wasabröd sells about 80% of its production outside Sweden.

K. E. Lundström, the founder of the company, had run his own bakery in Skellefteå since 1915 (Firma K. E.



Lundström), with the corporation founded in 1919, AB Skellefteå spisbrödsfabrik, taking its original name from the hometown. The Filipstad subsidiary which developed into the main part of the company took the name AB Wasa spisbrödsfabrik in 1934, which was shortened to AB Wasabröd in 1964. The brand Wasa was originally that of one particular product, Vasaknäcke, featuring an image of King Gustavus Vasa. The company has used both a royal crown and the peculiar heraldic charge, the garb (Swedish: vase), which gave name to the Vasa dynasty, in its marketing. (Using the letter W instead of V is an archaism in Swedish; it is not uncommon in marketing, but does not affect the pronunciation.)

French Bread

2 cups warm water
1 pkg dry yeast
1 tbsp sugar
2 tsp salt
5 3/4 cups Sifted Flour
1 egg white

Measure water into warm bowl. Sprinkle yeast over water. Let stand 5 minutes. Add sugar, salt and 3 cups flour. Beat until smooth and shiny. Stir in 2 1/2 cups more flour. Turn out on floured board and knead until satiny smooth. Work in remaining 1/4 cup flour. Shape into a smooth ball. Place in greased bowl. Cover and let rise in warm place until double. Punch down and divide in half. Shape each into balls. Cover and let rest 5 minutes. Roll each ball into a long slender loaf about 3 inches in diameter. Place on greased baking sheet. Cut diagonal gashes about 3/4 inch deep and 1 1/2 inches apart. Let rise until a little more than double in bulk, about 1 hour. Bake at 425 degrees for 30 to 35 minutes. Remove from oven, brush with unbeaten egg whites. Return to oven for 2 more minutes. Cool on rack.

*Mrs. Hubert Tuttle
Trinity Treasures
Trinity Lutheran Church, Blue Earth,
Minnesota*

Make it at home



13 oz whole wheat coarse
13 oz large oatmeal
6.75 oz sunflower seeds
3.3 oz sesame seeds
3.3 oz flaxseed
1 tsp salt
23 oz water

Here's how to do it

1 Set the oven, preferably on hot air, to 320 F.

2 Mix together flour, oatmeal, sunflower seeds, sesame seeds, flaxseed and salt. Stir in the water and spread the mixture on 2 oven trays lined with baking paper. Use a spatula or a moistened flat knife and spread the mixture evenly.

3 Divide/cut into suitable pieces, preferably with a pizza cutter, so that a certain division is marked. Bake both plates at the same time for 1 hour and 10 minutes.

4 After halfway through the baking time, take out the plates. Use scissors and cut the half-baked crackers apart.

5 Let the oven trays switch places in the oven. Then continue to bake until the crackers are crispy. Feel free to use the scissors again if the crackers stick together after the last baking. Then you get nice, even edges.

6 Should the crackers not be completely crispy after the end of the baking time, you can break them apart and leave them in the oven at 100 °C with the door slightly ajar. In this way, they will dry further.



MEMORIAL DAY

At Camp Norge

Join us for a fun & relaxing weekend!

MAY 26-29

Swimming | Hiking | Campfire | Axe Throwing | Pickle Ball

STAY

Choose from: Main House, Dorms, or Cabins - or bring your RV or Tent

Call 530 389 2508 to reserve your spot

DETAILS

Come for the day or the whole weekend

Tons of fun activities to choose from for all skills and abilities

Meals provided or on your own

Open to all Sons of Norway District 6 members

REGISTER FOR MEALS

campnorge.org/site/memorial-day

Deadline to register for meals 5/19/23

House, Dorms & Cabins

\$25/person

RV Sites

\$30/RV

Tent Sites

\$20/tent

Swimming pool & horseshoe pit onsite. Plus nearby hiking & fishing.

Two halls that can seat up to 100, with commercial kitchens.

A great place for weddings, retreats & family reunions!

BOOK YOUR STAY TODAY!

Call 530-389-2508

www.campnorge.org

March Social - Bingo and Meatballs



Row 1: Winning meatballs was crock pot no.1
Luella, Nancy, TJ
Jeff, and Jeanna, Amy, Robert
Row 2: Dolls with bunad, brought by Tone
Marie, Corinne
Row 3: Luella, Tone
Miriam, Bobby
Pat, Susan, Berit
Row 4: Tanya, Lee
Wyonne, Maureen, Joanne
Joy, Don
Stan, Jan



Bingo on page 4



Solskinn Lodge Officers 2023-2024

Board of Directors

President	Luella Grangaard	760-363-7704
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-343-0848

Program Directors

Social Director	Nancy Madson	760-343-0848
Assisting Social Director	Joy Rogers	760-821-3497
Cultural Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-835-4391

Support Positions

Book Club	Luella Grangaard	760-363-7704
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

Insurance Professionals

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	jdonovaninsure@gmail.com

Solskinn Lodge, #6-150
Terje Berger
52705 Avenida Obregon
La Quinta, CA 92253



Mission Statement

***The mission of
Sons of Norway
is to promote and to preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members***