

Solskinn Nyhetsbrev

April 2024 Newsletter from Solskinn Lodge 6-150



**SONS of
NORWAY**

Solskinn Lodge 6-150



Ord fra Presidenten

Hello Solskinn Members,
I am sorry I will miss the March Lodge Social. I will be asleep on the Viking ship Saturn, sailing the Ionian Sea from Crete to Sicily, while you built open-faced sandwiches. Thanks to TJ for hosting our event and the program. Thanks also to our members who supplied food for the event.

March 9, we had a nice fundraiser event at my house. Joy and I hosted a ladies' tea. We had great food, and it was so nice visiting with friends. At the event, we raised \$100 for the Sons of Norway Foundation. Thank you to everyone who attended. Many of us in the lodge are preparing for the district convention. Nancy is working hard to prepare materials and process delegates, vendors, etc. I am the chair of the committee and responsible for many things. Joy and I have cut out wood voting paddles and now wood Viking ship centerpieces. At the April social, I have a small task for all of you to assist us with to support the convention.

The April social will include Lapskaus, which is kind of a stew. The program will be about the heavy water program that the Nazis had at a fertilizer plant in Telemark, Norway. I think you will find it an interesting program. One book we read in the Solskinn Book Club is called the "Winter Fortress" by Neal Mescomb. The book starts in 1942, the Nazis were racing to complete the first atomic bomb. All they needed was a single, incredibly rare ingredient – heavy water, which was produced solely at Norway's Vemork plant. Under threat of death, Vemork's engineers pushed production into overdrive. If the Allies could not destroy the plant, they feared the Nazis would soon own the most dangerous weapon the world had ever seen. This is the story of how Allied forces reached the castle fortress, set on a precipitous gorge in one of the coldest, most inhospitable places on earth and tried to sabotage Hitler's atomic bomb.

I look forward to seeing you at the April social.
Fraternally,
Luella

In this issue

Page 1	Ord fra Presidenten
Page 2	Birthdays, Social Calendar
Page 3	Book Club. April. History of Bees by Maja Lunde May. Dos Gringos by Fred R. Andresen
Page 4	Norwegian movie on Netflix: BLASTED Book List American Indian sailed to Europe
Page 5	Norwegian history of Labour Party and Trade Unions. Russian influences. District Six Scholarships
Page 6	Famous Norwegian: Magnus Carlsen, chess player Famous Painter: Hans Fredrik Gude.
Page 7	Norwegian Dumpling
Page 8	Social Gathering, March 23, 2024
Page 9	Social Gathering, March 23, 2024 Lodge Officers
Page 10	Back Page. Mailing page

Next social gathering April 27

**Heavy Water Program (World War II)
On the menu: Lapskaus (Norwegian Stew)**



Mark the Date for the District Six Lodge Meeting and Convention!

June 20-24, 2024, Tuscany Suites and Casino, Las Vegas, NV

Hosted by Vegas Viking Lodge # 152 and the District Six Board

Solskinn Nyhetsbrev



Happy Birthday

Birthdays April 2024 - June 2024

Sandra Kennedy	April 3
Svein Olav Stokke	April 5
Colin Brown	April 12
Carrie Kosvic	April 29

Junelle Pearson	May 10
Lee Rasmussen	May 12
Ulf Løkke	May 24

Lise Fleming	June 1
Steinar Johansen	June 6
Lorna Ann Albertsen	June 8
Anders Hanson	June 12
Emel Mehlum	June 15
Carolyn Rich	June 21
Rex Seawright	June 25
Miriam Hendrix	June 26



H An official holiday.
Similar to federal holiday.
F Official Flag Day.

Norwegian Flag Days, Holidays and Days of Observance

Apr 1 Andre Påskedag (Easter Monday) **H**

May 1	Arbeidernes Dag (Labor Day)	HF
May 8	Frigjøringsdagen (Liberation Day)	F
May 9	Kristi Himmelfarts Day (Ascension)	H
May 17	Grunnlovsdagen (Constitution Day)	HF
May 18	Pinseften (Pentecostal Eve)	
May 19	Første Pinsedag (Pentecostal Day)	HF

June 7	Unionoppløsningen	F
	Dissolution of union with Sweden	
June 23	Sankthansaften (St. John's Eve)	
June 24	Sankthans (St. John's Day)	
	Midsummer Day	

July 4	Queen Sonja's Birthday (1937)	F
July 20	Crown Prince Haakon (1973)	F
July 29	Olso (Olaf's Vigil)	F

Editor for Solskinn Nyheter (Sunshine News)
Terje "TJ" Berger 760.799.6660
Send pictures, ideas, articles to
solskinn150@gmail.com

Solskinn Lodge

Website: solskinn.sofn6.org
Facebook: Solskinn Lodge, Sons of Norway 6-150
Email: Solskinn150@gmail.com

Sons of Norway

Website: sofn.org
Facebook: Official Sons of Norway Facebook Group

Sons of Norway, District Six

Website: sofn6.org
Facebook: Sons of Norway District Six



Help build the "Hygge Hus" at Camp Norge!
The Recreation Center Board is excited to announce the launch of our 2024 fundraising campaign to build the "Hygge Hus" (Cozy House) cottage adjacent to Heritage Hall at Camp Norge.
More details in February Newsletter.

Social Calendar for 2023-2024 Season

Always a Saturday. Social at 11:00 AM

April 27	Heavy Water Program Lapskaus
May 18	Syttende Mai Celebration Hot dogs & Ice Cream
June 20-24	District Six Lodge Meeting and Convention in Las Vegas

BOOK CLUB

April Book

History of Bees
by Maja Lunde

ZOOM Meeting

Thursday, April 15 at 4PM

Want to join? Send an email to Luella. morongo2@verizon.net

May Book

Dos Gringos
by Fred R. Andresen

ZOOM Meeting

Thursday, May 16 at 4PM

Updated book list on page 4

April 2024

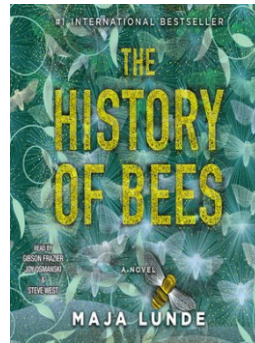
In the spirit of Station Eleven and Never Let Me Go, this dazzling and ambitious literary debut follows three generations of beekeepers from the past, present, and future, weaving a spellbinding story of their relationship to the bees, to their children, and to one another against the backdrop of an urgent, global crisis.

England, 1852. William is a biologist and seed merchant who sets out to build a new type of beehive, one that will give both him and his children honor and fame. **United States, 2007.** George is a beekeeper fighting an uphill battle against modern farming, but he hopes that his son can be their salvation. **China, 2098.** Tao hand paints pollen onto the fruit trees now that the bees have long since disappeared. When

Tao's young son is taken away by the authorities after a tragic accident, she sets out on a grueling journey to find out what happened to him.

Haunting, illuminating, and deftly written, *The History of Bees* joins these three very different narratives into one gripping and thought-provoking story that is just as much about the powerful bond between children and parents as it is about our very relationship to nature and humanity.

From
GoodReads.com



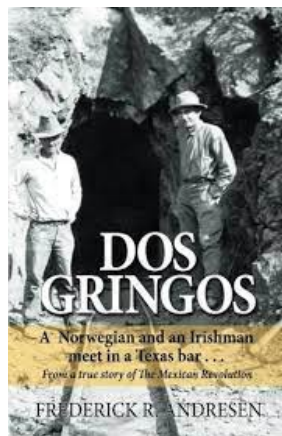
Maja Lunde was born in Oslo on 30 July 1975. She made her literary debut in 2012 with the children's novel *Over grensen* ("Across the Border"), a thriller set in 1942, where the protagonists Sarah and Daniel are Jews trying to escape murderous Nazi persecution during the German occupation of Norway, and find their way to neutral Sweden. She was awarded the Norwegian Booksellers' Prize in 2015 for the novel *Bienes historie*. *Bienes historie* was published with the title *The History of Bees* in the United States by Touchstone, a division of Simon and Schuster, in 2017.



May 2024

During the Mexican Revolution, a penniless Norwegian and a drifting Irishman meet in an El Paso bar and are hired by a Pittsburgh con-man to fix a gold mine in Mexico with parts which, they discover too late, purposely don't fit.

The Norwegian is focused on fixing the mine and needs the money to propose to his girl in El Paso. The Irishman is focused on the local women, is fresh from Ireland's bloody Easter Uprising, and needs to redeem a painful guilt and find a new life. They both are at gunpoint to perform or not perform. Their mutual distrust fades in the face of guns from the warring sides and they must work together to survive and escape back to Texas. Complicating their



mission is a mysterious black-suited man selling guns to both sides in the Mexican war, part of Germany's intrigue to keep America out of World War I-and a German and Brit are there to spy on each other. El Paso is far away.

Based on a true story.



Author Fred R. Andresen, whose literary focus is on historical fiction, was born and raised in the West Texas desert near El Paso. He spent a great deal of his professional life working and living abroad. This book is based on the true story of his Norwegian immigrant father's escapades during the Mexican Revolution.

Dean, American University
Washington College of Law

Norwegian Movie



NETFLIX

BLASTED, A Norwegian Comedy with UFO's and Lasertags



A funny movie featuring the countryside of Norway with awesome dialects (if you choose Norwegian rather than English) and a very diverse cast of likeable and thoroughly unlikable characters! Hessdalen is a famous Norwegian UFO site and that is where this movie takes place. The humor is on the silly side featuring aliens, lasertag and "Trøndere" (People from Trøndelag in the North of Norway)! Last of which is a breed of people everyone should experience.

Audio: Norwegian, English. Subtitles: Norwegian, English

Book list 2023-2024

April	History of Bees by Maja Lunde
May	Dos Gringos: A Norwegian and an Irishman Meet in a Texas Bar, by Frederick R. Andersen
June	Hakon of Rogen's Saga by Erik Christian Haugaard
July	The 100 Year Old Man Who Climbed out the Window, Book 2 by Jonas Jonasson
August	Berlin Poplars by Ragde, Anne
September	A House in Norway by Vigidis Hjorth
October	Operation Napoleon by Arnaldur Indroason
November	Secrets of the Sprakka by Eliza Reed
December	And Every Morning the Way Home Gets Longer and Longer by Fredrik Backman

American Indian sailed to Europe with Norse explores?

Centuries before Columbus, a Norse-Indian child may have been born in Iceland.

(note: Viking exchanged to Norse where appropriate, cs)

By Traci Watson

Five hundred years before Columbus sailed the ocean blue, a Native American woman may have voyaged to Europe with Norse explorers, according to a provocative new DNA study.

Analyzing a type of DNA passed only from mother to child, scientists found more than 80 living Icelanders with a genetic variation similar to one found mostly in Native Americans. (Get the basics on genetics.)

This signature probably entered Icelandic bloodlines around A.D. 1000, when the first Norse-American Indian child was born, the study authors theorize. (Related: "Vikings' Barbaric Bad Rap Beginning to Fade.")

Historical accounts and archaeological evidence show that Icelandic Norse explorers reached

Greenland just before 1000 and quickly pushed on to what is now Canada. Icelanders even established a village/settlement in Newfoundland, though it lasted only a decade or so (regional map). The idea that a Native American woman sailed from North America to Iceland during that period of settlement and exploration provides the best explanation for the Icelanders' variant, the research team says.

"We know that Norse explorers sailed to the Americas," said Agnar Helgason of deCODE Genetics and the University of Iceland, who co-wrote the study with his student Sigríður Ebenesersdóttir and colleagues. "So all you have to do is assume ... that they met some people and ended up taking at least one female back with them.

"Although it's maybe interesting and surprising, it's not all that incredible," Helgason added. "The alternative explanations to me are less likely"—for example the idea that the genetic trait might exist independently, undiscovered, in a

few Europeans.

The study authors themselves admit the case is far from closed. But University of Illinois geneticist Ripan Malhi—an expert in ethnic DNA differences who wasn't part of the project—agreed that the report holds "strong genetic evidence for pre-Columbian contact of people in Iceland with Native Americans."

*From
Old Norse History, Mythology &
Folklore Discussion*

More reading about DNA at https://fornleifur.blog.is/.../science_artikel_20836.pdf



A Norwegian History

A part of Norwegian Labor Union

The labor union made a big impact on Norwegian politic, which was the base for the Social Democate party (Arbeiderpartiet).

Aleksandra Kollontaj from Russia was one of the most prominent women in the first half of the 20th century. Through two longer stays in Norway, she helped to influence the development of the Norwegian labor movement. Kollontaj was a revolutionary socialist and feminist, writer and diplomat. She was the world's first female government member and the world's first female ambassador.

A noble revolutionary

Kollontaj was born in 1872 into a noble family. She early became concerned with the position of the workers in Russia and eventually joined the Russian Marxists. During the First World War she was in close contact with Vladimir Lenin. Kollontaj was known as an excellent agitator and became the leading woman during the Russian Revolution in 1917. She eventually came into opposition to the policies of the Bolshevik leadership and became one of the leaders of the so-called "Workers' Opposition" in the party. After the defeat of the opposition at the 10th Congress of the Communist Party in 1921, she withdrew from opposition activities.

The world's first female ambassador

In the autumn of 1922, Kollontaj was sent to Kristiania (Oslo) as a member of the Soviet Russian trade delegation in Norway. After full diplomatic relations were established between Norway and the Soviet Union in 1924, she effectively became the world's first female ambassador. Apart from a short stay in Mexico, she was the Soviet Union's "plenipotentiary representative" in Norway until 1930, when she was appointed to the corresponding position in Sweden. She held it until 1945, in the last years with the title of ambassador. When she died in 1952, she left behind, among other things, diary notes from her time

as a diplomat in Norway. In 2015, they were published in a Norwegian translation under the title "Diplomatic records 1922-1930".

Two stays in Norway

Kollontaj's stay in Norway was divided into two distinct periods: 1915-1917 and 1922-1930. The two periods constituted very different sections of her life. The first was a time of political struggle and maturation in exile, where the fight against the war was the most important task. The second period was also a kind of exile; Kollontaj was sent to Norway in effect as political persona non grata after the defeat of the Labor Opposition.

Kollontaj and the Norwegian labor movement during the First World War

Kollontaj came to Kristiania at the beginning of 1915. She settled at Holmenkollen Turisthotell, where she used her time to translate articles by Lenin, among other things. Soon she was drawn into the smuggling of mail and revolutionary literature into Russia. Her activities in Norway were particularly linked to the fight against the war and to get Norwegian socialists to support the anti-war efforts of the Russian Bolsheviks. She was the initiator of the celebration of 8 March as International Women's Day in Norway in 1915. Kollontaj attended the Labor Party's national meeting in 1915, as a representative of the Russian Social Democratic Party. Here she met Martin Tranmæl, who eventually became a good friend. It was particularly the Labor Party's youth movement that Kollontaj had contact with during this time.

Radicalization in the Youth Association

She characterized Ungdomsforbundet and its newspaper Klassekampen as "our most important support" who "were close to us in terms of political attitude". It was Kollontaj who was the mediator and active propagandist of Lenin's positions towards the Norwegian socialists, and then primarily the leading ones in the Youth Association. More than anyone else,

she has played a role in the fact that the radicalization in the Youth Association at this time took on a Leninist character.

Kollontaj's stay in Norway was interrupted by two longer lecture tours to the USA. But she was back in Norway when revolution broke out in Russia in March 1917. In an interview in Social-Demokraten and at a meeting organized by the Youth Association, she presented the Bolsheviks' position on the fight against the Provisional Government in Russia and for a socialist revolution - to transfer power to the new workers' and soldiers' councils.



Alexandra Mikhailovna Kollontai (1872 –1952) was a Russian revolutionary, politician, diplomat and Marxist theoretician. Serving as the People's Commissar for Welfare in Vladimir Lenin's government in 1917–1918, she was a highly prominent woman within the Bolshevik party. She was the first woman to be a cabinet minister, and the first woman ambassador.

The daughter of an Imperial Russian Army general, Kollontai embraced radical politics in the 1890s and joined the Russian Social Democratic Labour Party in 1899. During the RSDLP ideological split, she sided with Julius Martov's Mensheviks against Lenin's Bolsheviks. Exiled from Russia in 1908, Kollontai toured Western Europe and the United States and campaigned against participation in the First World War. In 1915, she broke with the Mensheviks and became a member of the Bolsheviks.

Famous Norwegian

Magnus Carlsen, chess player

Sven Magnus Øen Carlsen (born 1990 in Tønsberg, Norway) is a Norwegian chess player. Carlsen was World Chess Champion from 2013-2023, having won the title in November 2013 against defending world champion Viswanathan Anand and subsequently defending the title three times, first against Anand in November 2014, and then in 2016 against Russian Sergej Karjakin. after which he beat American Fabiano Caruana in 2018. In December 2021, he defended the WC title against Russian Ian Nepomniachtchi. He did not defend his title at the 2023 World Chess Championship, giving Ding Liren the opportunity to beat Ian Nepomniachtchi and take over the title of world champion.

As a chess prodigy, Carlsen became internationally known in chess circles when, in January 2004, as a 13-year-old, he won the C group in the Dutch Corus chess tournament in Wijk aan Zee, which resulted in a grandmaster standard. Carlsen gained two more grandmaster norms in the following 3 months and became grandmaster as the second youngest ever after Sergej Karjakin, Ukraine, who became grandmaster as a 12-year-old in 2002 .

In 2006, Magnus Carlsen became Norwegian champion for the first time, after beating his teacher, Simen Agdestein in a rematch, where two



regular games ended in a draw, after which two games of rapid chess were played , which Carlsen won 2-0.

After his tournament play in autumn 2009, including in the Pearl Spring tournament in Nanjing, the Tal Memorial in Moscow and the London Chess Classic , Carlsen took over as of January 2010 first place as the world's highest ranked chess player at that time. In January 2013, with a rating of 2861, Carlsen beat Garry Kasparov's old record as the highest ranked player ever. On 1 April of the same year, he won the Candidates Tournament for the right to face the reigning world champion, Viswanathan Anand, whom he defeated in a match for the World Championship title in November 2013 in Chennai,

India .

In June 2014, Magnus Carlsen also won the world championships in blitz and rapid chess and thus became a three-time world champion.

After Viswanathan Anand had won the candidate tournament in the spring of 2014, Anand and Carlsen met in a new battle for the WC title in the Russian Black Sea city of Sochi , where Magnus Carlsen once again defeated Anand and regained the WC title in November 2014. This happened again in 2015 . In 2016 , he defended the title against Sergej Karjakin. In 2018 Fabiano Caruana , where they played to a draw in the 12 games of classical chess, and it was then decided with rapid chess.

In the spring of 2020, he organized and won the online chess tournament Magnus Carlsen Invitational, they were held during the coronavirus pandemic.

On 20 July, which was the deadline FIDE had given him, Carlsen announced that he would not defend the world champion title against Nepomniachtchi at the 2023 World Chess Championship. Carlsen stated that he thought it was more fun to play tournaments than championships and that he was not motivated to defend his title, and that he would still continue to play professional chess.

From Wikipedia

Famous Norwegian Painter

Hans Fredrik Gude (born 1825 in Oslo, died 1903 in Berlin) was a Norwegian romanticist painter and is considered along with Johan Christian Dahl to be one of Norway's foremost landscape painters. He has been called a mainstay of Norwegian National Romanticism. He is associated with the Düsseldorf school of painting.

Gude's artistic career was not one marked with drastic change and revolution, but was instead a steady progression that slowly reacted to general trends in the artistic world. Gude's early works are of idyllic, sun-drenched Norwegian landscapes which present a romantic, yet still

realistic view of his country. Around 1860 Gude began painting seascapes and other coastal subjects. Gude had difficulty with figure drawing initially and so collaborated with Adolph Tidemand in some of his painting, drawing the landscape himself and allowing Tidemand to paint the figures.

Portrait by Julius Roeting (1861)
Ladies in the sunshine (1883)
Hardangerfjord (1847)

Text and pictures: Wikipedia



Norwegian Food

Norwegian Dumplings also called Klubb or Kumle

This is a traditional Norwegian main dish. My grandmother always served it with fresh peas. As good as the potato klubb are the first day, they're even better the second day sliced and fried in butter until golden brown. We like to have them for breakfast with fried eggs.

Ingredients

- 2 cups all-purpose flour
- ½ tsp salt
- ¼ tsp baking powder
- ¼ tsp ground black pepper
- 4 cups potatoes,
peeled and grated
- 2 tbsp grated onion
- 8 oz cooked ham,
cut into 1 inch cubes
- 2 tsp salt

Prep Time: 30 mins
Cook Time: 1 hr
Total Time: 1 hr 30 mins
Servings: 8

Nutrition Facts (per serving)
378 Calories
23g Fat
38g Carbs
5g Protein

From Allrecipes.com
Submitted by Vickie Spencer

Directions

Step 1

Mix the flour, 1/2 teaspoon salt, baking powder, and pepper together in a bowl. Place the potatoes and onion in a large bowl, and stir in the flour mixture until thoroughly blended. Use floured hands to knead the potato mixture in the bowl until it takes on the quality of stiff bread dough. Add additional flour if the dough is too sticky.

Step 3

Pinch off a tennis ball-sized piece of dough and shape it around a cube of ham, completely covering the ham, to form a ball. Repeat with remaining dough and ham cubes. Set aside any extra ham.

Step 4

Fill a large pot with water, add 2 teaspoons salt and any extra ham, and bring to a boil over medium-high heat. Carefully slide the balls into the boiling water, a few at a time. Loosen any sticking to the bottom of the pot. Simmer for 45 minutes to 1 hour. Remove with a slotted spoon, and drain on a plate. Serve hot with melted butter.



This is a good recipe, but do not use ham. Get ham hocks...the difference in flavor is amazing. I have had it with ham and it just is not the same. Have the ham hocks boiling in water on the stove while you make the dumplings. Then add the dumplings. into the water...when they are cooked, transfer to a plate, pull the meat off the ham hock bone and put on top of the dumplings. The broth should be thick...I can't remember how to thicken it right off hand, but pour some of that on top of the meat and dumpling and top with butter.

Linda Anderson

Scholarship Opportunities for District Six Youth

District Six offers up to 3, \$1,500 scholarships per year for students ages 16-23. These scholarships are available for students attending an accredited post-secondary school or training institution. The deadline for this scholarship is May 1, 2024. This scholarship can only be granted two times to recipients. Applicants reviewed by a District Committee.

District Six offers a \$1000 scholarship to the Concordia Skogfjorden Language Villages. The deadline for this scholarship is **May 1, 2024.**

Applications are available on the District Six website at www.sofn6.org. Please send completed application to **c/o Luella Grangaard
PO Box 832, Morongo Valley, CA
92256**
or emailed to morongo2@verizon.net

In addition there are many scholarships offered by the Sons of Norway Foundation at www.sofn.com. Please take advantage of this District Six Member opportunity.



Social Gathering March 23, 2024



Open Face Sandwiches also called Smørbrød eller Brødskive



Social Gathering March 23, 2024



How Norwegians celebrating Easter



Visitors from San Diego. Zone 6 director, Maury Lee and his grand daughter.



Solskinn Lodge Officers 2023-2024

Board of Directors

President	Luella Grangaard	760-285-9430
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-238-8819

Program Directors

Social Director	Nancy Madson	760-238-8819
Assisting Social Director	Joy Rogers	760-821-3497
Cultural Director	Luella Grangaard	760-285-9430
Sunshine	Joy Rogers	760-821-3497

Support Positions

Book Club	Luella Grangaard	760-285-9430
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

Insurance Professional

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	jdonovaninsure@gmail.com

Solskinn Lodge, #6-150
Terje Berger
52705 Avenida Obregon
La Quinta, CA 92253



Mission Statement

*The mission of
Sons of Norway
is to promote and to preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members*