

Solskinn Nyhetsbrev

February 2021 Newsletter from Solskinn Lodge 6-150



**SONS of
NORWAY**

Solskinn Lodge 6-150

Happy
Valentines Day
—❤—
Alle Hjerters Dag

Ord fra Presidenten

The New President



Greetings Solskinn Lodge Members.

Hmmm it seems like I have been here before. For our new members I was lodge president a number of years ago. I do work fulltime at Eisenhower Health, treating pts every day. I am also the District Six President of Sons of Norway, with responsibilities for over 5,000 members in California, Nevada, Arizona, Utah, New Mexico and Colorado. I like to read and participate in the Solskinn Book Group. I am excited for the return of our craft group now on ZOOM. I hope you all can participate in one of these activities.

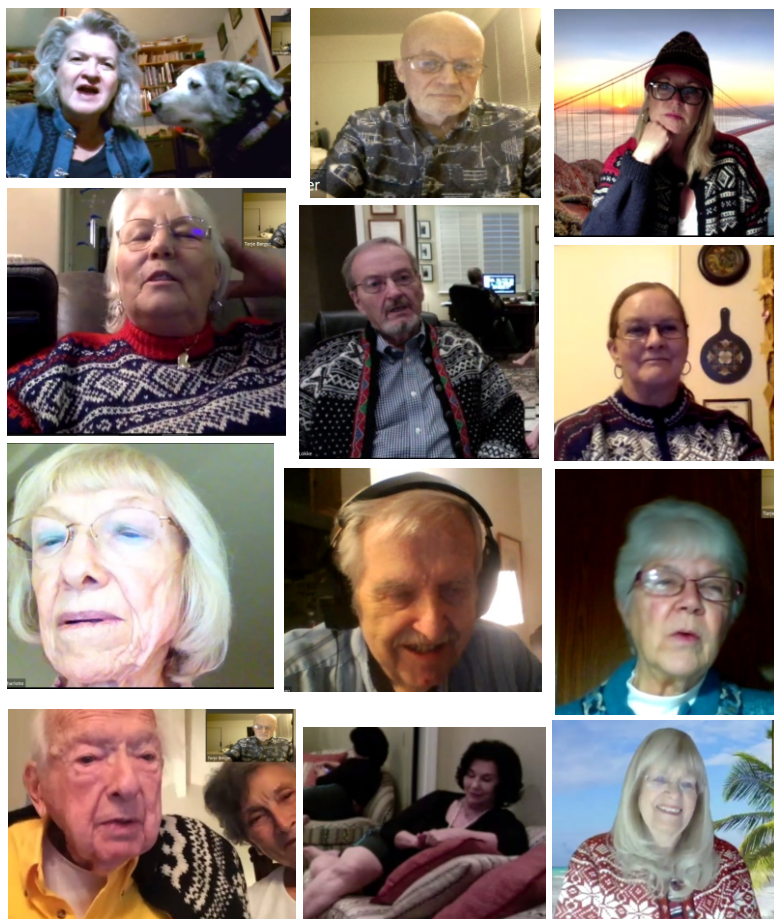
As you can see from my photos I got my COVID-19 vaccination. I have gotten both of my vaccinations and have my vaccination card. I now see a light at the end of the tunnel and hope that we will be able to actually meet again and share conversation and food. I hope to see you all on ZOOM until the time we can meet in person, whether it is for our social, the book group or craft group. It is nice to stay connected to each other. It helps us all through these difficult times. Invite a friend or neighbor to join us. Just send them the link and they are welcome to visit with us.



I am honored and look forward to serving as your lodge president.

Fraternally
Luella

Social and installation of lodge officers on ZOOM



Present on ZOOM

Row 1:

Luella Grangaard (President/Cultural Director),
TJ Berger (Vice President/Editor), Tone Chaplin (Secretary)

Row 2:

Tove Grigsby (Treasure), Ulf Lokke (Counselor),
Nancy Madson (Social Director)

Row 3:

Charlotte Larsen (Sunshine Director),
Vaughn Simen (Former Officer),
Ronna Clymens (Zone 6 Director)

Row 4:

JR & Connie Fleischner, Sharon Lokke (Wife of Ulf),
Miriam Hendrix (Photographer)

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Fjord horse or Fjording is a Norwegian horse breed with strong roots in Western Norway.

With its pale color, back seam and bristling mane, the fjord horse has several morphological features in common with the wild horse. A scientific study of the domestic horse's genetic heritage (2012) shows that fjord horses, Icelandic horses and Mongolian horses (in that order) are the Przewalski horse (*Equus Przewalski*) closest to today's domestic horses, but none of them are direct descendants. Furthermore, the study shows that the fjord horse and the Icelandic horse probably have a common origin with the Mongolian horse, which supports the theory that the horse must have originally come to Norway from the east. The Fjord horse is considered Norway's national horse.

Fjording has many of the same characteristics as mules. It is strong and has a good temper. The fjord horse is frugal, hardy and enduring, and sure on foot in steep and rugged terrain. These horses have walked over the mountain with loads on their backs from Western Norway to Eastern Norway and back since time immemorial. This breed, which has many common features with the wild horse, is now endangered.

Mammas kjøttkaker (10 meat patties)

1 lb ground beef (low fat)
 2 tsp salt
 1 chopped onion
 1 egg
 2 tsp cornflour
 2 tsp all purpose flour
 1/2 tsp black pepper
 1/2 tsp baking soda
 splash milk



Fill a sauce pan with a gallon of water, or more, with 2 tbsp of bouillon and 2-3 onions. Start frying the patties on both sides to get a crispy surface. Then drop them into the water. Let it cook for about 30 minutes. Use a table spoon to make the meatballs. About 2 inch long. Some of the strained broth can be used to make the brown sauce. These meat patties and the broth are perfect for the freezer for future cooking. Served with potatoes and green pea stew.

My mother used an old green coffee cup and a child spoon which is equal to 2 tea spoons for all measurements. (Contribution: Merethe Berger)

February 2021

Solskinn Nyhetsbrev

Editor for Solskinn Nyheter (Sunshine News)

Terje "TJ" Berger 760.799.6660

Send pictures, ideas, articles to
 solskinn150@gmail.com

Sons of Norway

Website: sofn.org

Facebook: Official Sons of Norway Facebook Group

Solskinn Lodge

Website: solskinn.sofn6.org

Facebook: Solskinn Lodge, Sons of Norway 6-150

Email: Solskinn150@gmail.com

February Zoom Social

Saturday, February 27, 4:30 pm

You may participate on your computer,
 tablet, iPhone, or phone

Instructions to join the Zoom meeting
 will be sent out, via email, prior to that date.

RSVP to Luella at morongo2@verizon.net
 or to 760-363-7704 (voice message)
 to receive the information to join the meeting.
 Zoom link will be sent out prior to meeting.

Topics for conversation
 Who has eaten Tilsørte bondepiker?
 Different kinds of Lapskaus,
 Flatbrød, Knekkebrød

February Zoom Board meeting
 Tuesday, February 9, 5:00 pm

Norwegian Idioms

Å få blod på tannen

Translation: To get blood on your tooth.
 Meaning: To become inspired to do something.

Å sitte med skjegget i postkassa

Translation: To sit with your beard in the mail box.
 Meaning: To have ended up in a stupid situation,
 that you may have cheated your way into.

Man skal ikke skue hunden på hårene

Translation: You shouldn't judge the dog on its
 hairs.
 Meaning: You shouldn't judge a book by its cover.

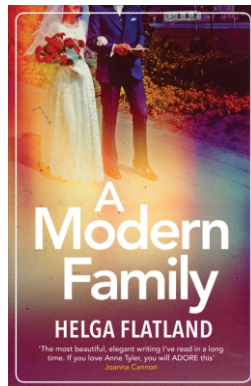
Is i magen

Translation: Ice in one's stomach.
 Meaning: Stay in control, play it cool.



February Book A Modern Family by Helga Flatland

ZOOM Meeting
Thursday, February 18 at 4PM
We love to see you!



Helga Flatland (born 16 September 1984 in Flatdal, Telemark) is a Norwegian author.

Flatland grew up in Telemark. She has studied copywriting at Westerdals School of Communication. She also has a bachelor's degree in Nordic language and literature from the University of Oslo.

In 2010, she debuted with the novel *Bli hvis du kan. Reis hvis du må* (*Stay if you can. Travel if you must*) which was awarded both Tarjei Vesaas' debut award, the Youth Critics Award and Aschehoug's debut scholarship. In 2011, the independent sequel *Alle vil hjem. Ingen vil tilbake* (*Everyone wants to go home. Nobody wants to go back*), and she ended the trilogy with *Det finnes ingen helhet* (*There is no completeness*) in 2013, which was nominated for the Bookstore Award, among other things.

The book *A Modern Family* was the third best-selling Norwegian fiction book in 2017.

Happy Birthday Gratulerer med dagen!

Birthdays in February/March

February 11	Terese Olson Hartley
February 16	Donald Lee Lingle
February 16	Shayla Bowling
February 23	Ulf Strandjord
February 26	David P Ritland
March 4	Beryl A Waldeland
March 14	Margit F Chiriaco Rusche

A family holiday creates unexpected drama when Liv, Ellen and Håkon's elderly parents announce their decision to divorce. The Norwegian Anne Tyler makes her English debut in a beautiful, insightful and perceptive novel.

2021 BOOKS

Take a look at next year's list.

March	Herman: A Novel—Lars Saabye Christensen
April	Hedda Gabler—Henrik Ibsen
May	Pop to Pole—Garth James Cameron
June	I Curse the River of Time—Per Pettersen
July	Don't Look Back—Karin Fossum
August	Summer Light—Andrew Stevenson
Sept	Old World Murder—Kathleen Ernst
Oct	Sophie's World by Jostein Gaarder
Nov	Anxious People: A Novel—Fredricks Bachman
Dec	The Nordic Theory to Everything—Anu Partanen

Arts and Crafts

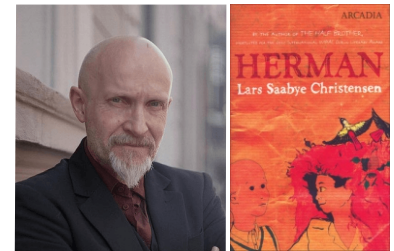


We had our first meeting for members of Solskinn Lodge to share arts and crafts. It also included activities that we do for enjoyment. In attendance were Ulf, Luella, Tove, LaRee, Charlotte and Miriam. Shared items were coloring books, knitting, jig-saw puzzles, felt hearts, scrambled words, hardanger, quilts, painting on various materials, building model ships, walking and reading. These activities are helpful in keeping the brains of seniors engaged and healthy.

Next Arts & Crafts Zoom meeting
Tuesday, February 23 @ 5:00

Please e-mail Ulf for reservation. *Submitted by Miriam Hendrix*

March book Herman: A Novel by Lars Saaby Christensen



NETFLIX NORWEGIAN MOVIES English audio



The 12th Man tells the dramatic story of Jan Baalsrud's escape from the Nazis during the Second World War.

In Shetland, 12 Norwegian resistance fighters board a fishing boat with eight tons of TNT and cross the North Sea as part of Operation Martin with a plan to sabotage German military facilities. The mission gets into trouble soon after reaching Norway, where their local contact is long dead and their identity is compromised by a German sympathiser, who informs the Germans about their arrival.

Famous Norwegians

Hans Christian Evensen Heg



Hans Heg was born December 21, 1829 in Lier, Buskerud county. He died September 20, 1863 at the battle of Chickemauga, Crawfish Springs, Walker County, Georgia. He is buried at Norway Lutheran Church Cemetery in Wind Lake, Racine County, Wisconsin.

Heg was the Wisconsin abolitionist and Civil War hero whose statue was toppled on the state Capitol grounds last June in Madison. Rioters didn't seem to know or care about Heg's noble life when they toppled the statue. Heg was colonel of the 15th Wisconsin Infantry, which trained at Camp Randall in

Madison before heading south in 1862 to fight for the Union Army. More than 12,000 Wisconsin soldiers gave their lives to help preserve our nation and end slavery.

On Christmas Eve, 1862, Heg sensed a bloody battle was imminent as he wrote to his wife, Gunild, from his military camp near Nashville, Tennessee. He had marched several miles with his men that morning before being abruptly ordered back to camp.

The soldiers missed their families and were homesick. A nearby group of Union soldiers from Ohio "gathered about the camp fires during the evening hours with abortive attempts at merriment, soon to be given up, and then to talk in whispers of friends and family and home," Col. Charles Manderson of Ohio wrote at the time. But the jovial Heg refused to surrender to despair. It was Christmas Eve, and his troops were invited to dinner at a nearby schoolhouse where Union officers were staying.

Heg had orders to move the next morning, he wrote, and "where we are going, no one knows," other than their commander. They were going with more than 40,000 Union soldiers to what became known as the Battle of

Stones River, about 30 miles south of Nashville. During three days of battle starting New Year's Eve, 1862, Heg's regiment lost more than 100 men, and the Union Army lost nearly 1,700. According to the Wisconsin Historical Society, Heg's horse was "shot out from under him, and his general called him 'the bravest of the brave'." Heg and his men chased Confederate soldiers through Tennessee to Alabama and Georgia, where on Sept. 19, 1863, Heg was shot in the abdomen while charging on his horse. He died the next morning.

He didn't make it back. Yet he lived an adventurous and honorable life, crossing the Atlantic at 11 years old with his Norwegian immigrant parents in 1840, panning for gold in California from 1849 to 1851, returning to Wisconsin to run his family's farm, serving in local government, joining the Republican Party that nominated Abraham Lincoln for president, and running Wisconsin's prison system as a reformer who emphasized vocational training over punishment.

In 1936 his letters were published in a book edited by Theodore Blegen titled *The Civil War Letters of Colonel Hans Christian Heg*.

NYTT I TIDEN



HAN NYDER DET VIRKELIG

TOROLV GUSEVIK (han må da være av norsk avstamning) er byggeformann på et av de høyeste husene som bygges i Chicago. Gusevik liker åpenbart store høyder, han tar lunsjen sin 62 etasjer over bakken — og nyder både den og utsikten. Etter maten tar Gusevik seg en runde på bygget, for å se at alt er som det skal.



High Time at Lunch.

Torolv (Tony) Gusevik, concrete superintendent for construction of Chicago's tallest apartment building, enjoys a quiet lunch hour and impressive view of the city, 61 stories above Lake Shore Drive. Lunch over, Gusevik nonchalantly walks back to work *San Bernardino Sun, July 11, 1965*

His son tells the following story:

"Mr. Gusevik saw his picture on the wall inside a bank in Norway 30 years later, for a life insurance add. He called the life insurance company and said, You are using my pictures, shouldn't I be paid? They did and my mom asked for the half. He told mom, you weren't up on the building. His money!"

Gusevik was a small croft (husmannsplass) under Guse farm. It lays deepest in Fedafjord, where it meets Kvina river.

Torolv Gusevik was born in Kvinesdal, Vest-Agder county on March 8, 1927, to Tobias Ommundsen Gusevik and Ragna Margrethe Hansen. He passed away on July 9, 2009 in Sandnes, Rogaland county. He arrived USA in 1955, got married to Thorbjorg in 1956, and naturalized in 1971.



Sámi flag

The Sámi flag is the flag of Sápmi and the Sámi (Saami) people, one of the indigenous people groups of the Nordic countries and the Kola Peninsula of the Russian Federation.

Hans Nilsen Langseth was born July 14, 1846, in Langset Parish, Eidsvoll, Norway. He immigrated to the United States as a young man, settling with his wife Anne Langseth, in Kensett, Iowa. Langseth began growing his prodigious bristles when he was just 19 years old to compete in a local beard-growing competition.



In 1922, at a celebration meant to spur economic growth in Sacramento, California, Langseth's beard was officially dubbed the longest beard in the country, after entering a nationwide search held by a group of Sacramento beard-growers known as the Whiskerinos. At the time of measurement, Langseth's beard measured 17-feet long; the second-place beard, grown by Zach Wilcox from Carson City, Nevada, measured a mere 12-feet. He traveled a great deal and kept his beard rolled up into his vest.

Genealogy

The gateway to Norwegian records

https://www.familysearch.org/wiki/en/Main_Page

FamilySearch Research Wiki
A Genealogy Resource Guide
94,417 articles

Find the birth, death, marriage, census records, and other genealogy resources for your ancestor by selecting the region

Search by place or topic [Find Search Tips](#)

Europe [x] ^

- > Luxembourg
- Malta
- Moldova
- Monaco
- Montenegro
- > Netherlands
- North Macedonia
- > Northern Ireland
- > Norway
- > Poland
- > Portugal
- Romania

North America

Europe

Asia

List of all Localities

There is plenty of references in each level, Country, County and Municipal. Not all are listed and many records don't exist anymore.

Church records don't follow the same geographic areas as censuses. Under NORWAY, you find **Parishes in Norway** / Parish List

Norwegian Genealogical Word List

https://www.familysearch.org/wiki/en/Norwegian_Genealogical_Word_List

At Wikipedia:

List of former municipalities of Norway
Lists of villages in Norway

Take your time and investigate all the options.

An offer for members of Solskinn Lodge

If you need some help to find ancestors in Norway, feel free to send me a note.

Terje (TJ)

TerjeBerger@yahoo.com

Solskinn Lodge Officers 2019-2020

Board of Directors

President	Luella Grangaard	760-363-7704
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Tove Grigsby	509-202-2808

Program Directors

Social Director	Nancy Madson	760-343-0848
Cultural Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-328-1791

Support Positions

Book Club	Luella Grangaard	760-363-7704
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

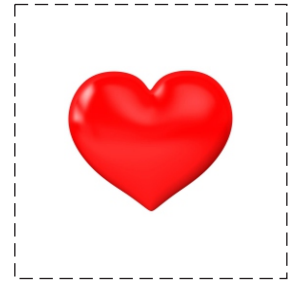
Financial Benefits

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	jdonovaninsure@gmail.com

Solskinn Lodge, #6-150
Terje Berger
52705 Avenida Obregon
La Quinta, CA 92253



Save this stamp
for Tubfrim



**SONS of
NORWAY**

Mission Statement

***The mission of
Sons of Norway
is to promote and to preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members***