

Solskinn Nyhetsbrev

February 2023 Newsletter from Solskinn Lodge 6-150



Solskinn Lodge 6-150



Ord fra Presidenten

February is here already. Wow, 2023 is moving along quickly. It is so nice to see members coming out for the various recent events. In January, we had almost 40 members and their friends and family attending. Our lodge member numbers continue to be in the 50s. Nancy and I were just at a lodge meeting in Mesa, AZ. People are anxious to get out and visit. So remember to

invite a friend or a family member to enjoy our fraternal fellowship.

We have a number of great events coming up for the remainder of the season. This month is soup and salad lunch with a program on WWII. March will be meatball madness with BINGO. We can always use help from members to prepare for these socials. Let Nancy know if you would like to volunteer to prepare cookies, or help with some part of the meal. Also, we can always use help with set-up and clean-up. Also, we will be preparing an interest survey soon. Let me know if there are any topics for our cultural programs and any Norwegian foods you would like to share, learn to cook, or to try.

Some updates from headquarters: your Viking magazine will now be arriving every other month. Take time to explore the many cultural options on the Sons of Norway website. Also, remember there is the cultural skills program on many different topics from cooking, Hardanger, various wood carving, music, and literature. If you would like to earn a cultural skills pin, talk to me and I will assist you.

Fraternally,
Luella

**Board Meeting every
2nd Tuesday of the month at 5 PM
ZOOM Link will be sent prior to the meeting**

**Book Club meets every
3rd Thursday of the month at 4 PM
To join, send an email to Luella**

**Arts & Craft Club has been
put on hold until further notice**

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February 25

What happened April 9, 1940 in Norway?

Why did Germans occupy Norway?

Presentation by TJ Soup and Salad

Social Calendar 2023

- March 4**
Garage sale
- March 25**
Bingo. Meatball Madness
- April 22**
Open Face Sandwiches with demonstration
- May 20**
May 17 Celebration. Quiz.
Hot Dogs and Ice Cream
- June 24**
Midsummer

Happy Birthday



Birthdays in February/March/April

Terese Olson Hartley February 11
 Shayla Bowling February 16
 Donald Lee Lingle February 16
 Ulf Strandjord February 23
 Darlyne Johnson February 26
 David P Ritland February 26

Beryl Waldeland March 4
 Margit C. Rusche March 14
 Heidi Olson-Hartley March 22

Sandra Kennedy April 3
 Svein Olav Stokke April 5
 Magdalena Buresdotter April 7
 Lonnie Mills April 17
 Carrie Kosvic April 29



Norwegian Flag Days

February 5 Sami People Day
 February 20 His Majesty King Harald V Born 1937. Flag Day

March 20 Spring Equinox
 March 26 Summertime starts in Norway

April 6 Skjærtordag (Maundy Thursday)
 April 7 Langfredag (Good Friday)
 April 9 Påskedag (Easter Sunday)
 Flag Day
 April 10 2nd Påskedag (Easter Monday)

 **SONS of NORWAY**
www.sofn.com

Sons of Norway's website has a lot to offer

Viking Magazine
 Viking for Kids
 Recipe Box
 Norwegian Language Lessons. Now 37!

Check it out!

Solskinn Nyhetsbrev

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Solskinn Lodge

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 Facebook: Solskinn Lodge, Sons of Norway 6-150
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Sons of Norway

Website: sofn.org
 Facebook: Official Sons of Norway Facebook Group

Sons of Norway, District Six

Website: sofn6.org
 Facebook: Sons of Norway District Six

Date and time in Norway

The American/British way of writing dates, Month/Day/Year
 (January 3, 2023)

There are 2 ways to write dates in Norway:
 Day/Month/Year, or Year/Month/Day
 3.Januar 2023, or 2023-01-03

Official time in Norway uses either 12-hour or 24-hour format,
 6:30 in the evening is officially 18:30
 The common way is "half 6 in the evening", means 1/2 hour
 before 6, and it's 5:30.

Solskinn Lodge



Donations (no clothes) can be dropped off between February 25 and March 3

More details will come.

Volunteers needed!

**Saturday, March 4, 2023, 8 am to 12 noon
 at 72500 Beavertail Street, Palm Desert**

There are lots of Norwegian movies online. Netflix has a few. Several streaming services include Norwegian movies. It is not for free. List below. We will continue to present Norwegian movies and inform where to find them. Presenting a new movie on page 4



BOOK CLUB

February Book

Fiddling with Fate
(Chloe Ellefson Mystery #10)
by Kathleen Ernst
ZOOM Meeting
Thursday, February 16 at 4PM

Want to join? Send an email to Luella. morongo2@verizon.net

March Book

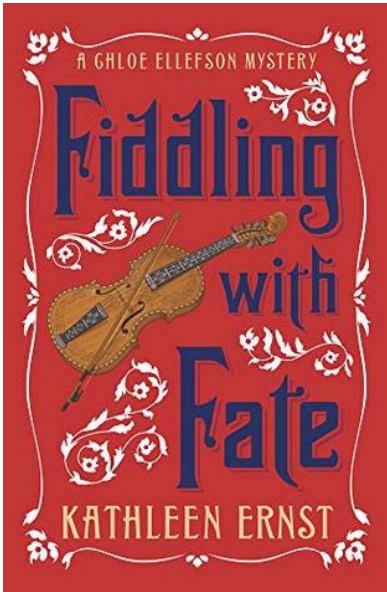
Counterfeit: How a Norwegian Jew
Survived the Holocaust
by Moritz Nachtstern/Ragnar Arntzen
ZOOM Meeting
Thursday, March 15 at 4PM

Solskinn Book List 2023

April Bitter Flower
by Gunnar Staalesen
May Men in My Situation
by Per Petterson

Whole book list for 2023 on Page 4

February 2023



After her mother's unexpected death, curator Chloe Ellefson discovers hidden antiques that hint at family secrets. Determined to find answers, Chloe accepts a consultant job in Norway, her ancestors' homeland. She's thrilled with the opportunity to explore Hardanger fiddle and dance traditions . . . and her own heritage.

From GoodReads.com

I began writing stories when I was maybe 10 or 11. At 15 I wrote my first novel; I sold my first novel to a publisher 20 years later! Writing was my hobby, so during those two decades I just kept practicing, reading, writing some more.

For years I wrote while working at other day jobs. I spent 12 years working at a huge historic site, which was a perfect spot for someone interested in historical fiction. I also developed and scripted instructional videos for public television. Finally, though, it got to be too much to juggle. I now write full-time, and consider myself enormously fortunate to do something I love.



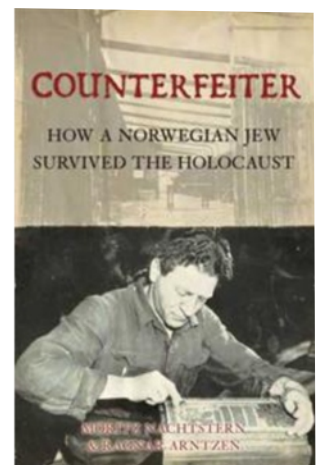
March 2023

Published for the first time in English, this is an enthralling personal account of the secret Nazi project, Operation Bernhard, devised to destabilize the British and, later, American economies by creating and putting into circulation millions of counterfeit banknotes. A team of typographers and printers was pulled out of the rows of prisoners on their way to the gas chambers and transferred to the strictly isolated Block 19 in Sachsenhausen concentration camp. There they were presented with the enormous task of producing almost perfect counterfeits to the value of hundreds of millions of pounds sterling. These notes were to be dropped from bombers over London, with the aim of causing financial chaos. When the time came the Luftwaffe's resources were fully committed in other campaigns and theaters but some of the currency was successfully used to fund operations in Germany's secret war.

Moritz Nachtstern (1902-1969), was a Norwegian-Jewish typographer deported from Oslo in 1942. This is his story, as told to his wife and written down by her, then edited by journalist Ragnar Arntzen. It was originally published in Norwegian in 1949. It covers the three terrible years from



From Oslo Museum



his arrest and transportation to Germany, through the horrors of life in Auschwitz and Sachsenhausen to his escape in the last chaotic and terrifying days as the liberating American forces approached. At the center of this personal tale of courage and endurance is Nachtstern's absorbing description of how, in order to survive, he participated in the creation of exquisite forgeries, while working as slowly as possible, both to frustrate the Nazi plan and to ensure that he and his fellow forgers never became expendable. (from Amazon)



In the year 1206 Norway is raged by civil war. The King's illegitimate infant son, Håkon Håkonsson (1204-1263), which half the kingdom wants killed off, is guarded in secrecy by two men, a story which changed the course of the country's history.

The Last King featuring Jakob Oftebro and Kristofer Hivju is an action, adventure and drama movie. Available at Tubi, Vudu, Crackle, Amazon Prime, Google Play Movie, YouTube TV.

King Haakon's reign lasted for 46 years, longer than any Norwegian king since Harald Fairhair. Haakon was born into the troubled civil war era in Norway, but his reign eventually managed to put an end to the internal conflicts. Under Haakon's rule, medieval Norway is considered to have reached its zenith or golden age. He was the grandson of King Sverre.

March movie: Battle of Narvik - Hitler's First Defeat (2022)
On Netflix

2023 Book List

April	Bitter Flower by Gunnar Staalesen
May	Men in My Situation by Per Pettersen
June	Child Wonder by Roy Jacobsen
July	The Bell in the Lake: A Novel by Lars Mytting
August	Us Against You by Fredrik Backman
September	My First Murder by Leena Lehtolainen
October	The Scandinavian Aggressors by Rowdy Geirsson
November	Norske Fields: A Novel of Southern California's Norwegian Colony by Anne Schroeder
December	A Coat Dyed Black by Don Pugnetti Jr.

The Norwegian Forest cat (Norwegian: Norsk skogskatt and Norsk skaukatt) is a breed of domestic cat originating in Northern Europe. This natural breed is adapted to a very cold climate, with a top coat of long, glossy, water-shedding hair and a woolly undercoat for insulation. The breed's ancestors may have been a landrace of short-haired cats brought to Norway about A.D.1000 by the Vikings, who may also have brought with them long-haired cats, like those ancestral to the modern Siberian and Turkish Angora.

It is the second biggest cat in the world, next after Maine Coon.

It is a big, strong cat, similar to the Maine Coon breed, with long legs, a bushy tail, and a sturdy body. It is very good at climbing, partly because of strong claws. The lifespan is usually 14 to 16 years.



Norwegian Forest Cat

Vikings in Austerveg

Garðaríki (anglicized Gardariki or Gardarike) or Garðaveldi is the Old Norse term used in medieval times for the states of Kievan Rus.

As the Varangians dealt mainly with Northern Kievan Rus lands, their sagas regard the city of Holmsgarðr (Holmgardr, Veliky Novgorod) as the capital of Garðaríki.

Astrid Eriksdotter was pregnant when Tryggve was killed by Harald Gråfell. She escaped to Gunhild Kongsmor (King's Mother) from Viken, accompanied by foster father Toralf Luseskjegg. She came to Randsfjord, hid on a islet and later gave birth to son Olav Tryggvasson, who became King of Norway. Later fled to Svitjod where she was sold as a slave woman. Merchant Lodin from Viken recognized her and married her.

Svitjod is the old name for eastern Sweden.

The Rurikid dynasty was founded in 862 by Rurik, a Varangian prince. The scholarly consensus is that the Rus people originated in what is currently coastal eastern Sweden around the eighth century and that their name has the same origin as Roslagen in Sweden (with the older name being Roden).

According to the prevalent theory, the name Rus, like the Proto-Finnic name for Sweden (Ruotsi), is derived from an Old Norse term for "the men who row" (rods-) as rowing was the main method of navigating the rivers of Eastern Europe, and that it could be linked to the Swedish coastal area of Roslagen (Rus-law) or Roden, as it was known in earlier times.

Rurik (Old East Slavic: Рюрикъ, romanized: Rjurikŭ, from Old Norse Hrørikr; Russian: Рюрик; died 879) was a semi-legendary Varangian chieftain of the Rus who in the year 862 was invited to reign in Novgorod. According to the Primary Chronicle, Rurik was succeeded by his kinsman Oleg who was regent for his infant son Igor.

In 882, Rurik's successor, Oleg of Novgorod, conquered Kiev and founded the state of Kievan Rus'. Novgorod's size as well as its political, economic, and cultural influence made it the second most important city in Kievan Rus. According to a custom, the elder son and heir of the ruling Kievan monarch was sent to rule Novgorod even as a minor. When the ruling monarch had no such son, Novgorod was governed by posadniks, such as the legendary Gostomysl, Dobrynya, Konstantin, and Ostromir.



Mstislav Vladimirovich

Harald Sigurdsson (Old Norse: Haraldr Sigurðarson; c. 1015 – 1066), also known as Harald III of Norway and given the epithet Hardrada (harðráði; modern Norwegian: Hardråde, roughly translated as "stern counsel" or "hard ruler") in the sagas, was King of Norway from 1046 to 1066. Additionally, he unsuccessfully claimed both the Danish throne until 1064 and the English throne in 1066. Before becoming king, Harald had spent around fifteen years in exile as a mercenary and military commander in Kievan Rus' and as a chief of the Varangian Guard in the Byzantine Empire.

Elisaveta of Kiev (Norwegian: Ellisif or Elisiv; Ukrainian: Єлизавета Ярославна; 1025 – c. 1067) was a Princess of Kiev and Queen Consort of King Harald Sigurdsson of Norway.

Elisaveta was the daughter of the Grand Prince of Kievan Rus, Yaroslav the Wise and his consort Princess Ingegerd Olofsdotter of Sweden, the daughter of Swedish King Olof Skötkonung and Estrid of the Obotrites.

Sigurd Magnusson (1089 – 1130), also known as Sigurd the Crusader (Old Norse: Sigurðr Jórsalafari, Norwegian: Sigurd Jorsalfar), was King of Norway from 1103 to 1130. His rule, together with his half-brother Øystein (until Øystein died in 1123), has been regarded by historians as a golden age for the medieval Kingdom of Norway. He is otherwise famous for leading the Norwegian Crusade (1107–1110), earning the eponym "the Crusader", and was the first European king to personally participate in a crusade.

Malmfred of Kiev (between 1095 and 1102 – died after 1137) was a Norwegian and Danish queen consort, wife first to King Sigurd I of Norway and second to king Eric II of Denmark.

Malmfred was born between 1095 and 1102 to Grand Prince Mstislav I of Kiev and Princess Christina Ingesdotter of Sweden, paternal granddaughter of Gytha of Wessex and maternal granddaughter of King Inge the Elder of Sweden.

In 1130, the former king's illegitimate son, Harald Gille, became king, and she left for Denmark, where she married Erik Emune. In 1134, Eric became King, and she Queen of Denmark. She had no more children. In 1137, her second husband, Eric, was murdered at the thing in south Jutland. Malmfred was not mentioned after this date.

Mstislav I Vladimirovich Monomakh (Ukrainian: Мстислав Володимирович Великий; 1076 – 1132), also known as Mstislav the Great, was the Grand Prince of Kiev (1125–1132), the eldest son of Vladimir II Monomakh by Gytha of Wessex. He is figured prominently in the Norse Sagas under the name Harald, to allude to his grandfather, Harold II of England. Mstislav's Christian name was Theodore. He was the great grandson of Vladimir the Wise, father to Elisaveta

Famous Norwegians

Matthew Abram Groening is an American cartoonist, writer, producer, and animator.

Groening was born on February 15, 1954, in Portland, Oregon, the middle of five children. His Norwegian American mother, Margaret Ruth (née Wiggum; 1919–2013), was once a teacher, and his Russian Mennonite father, Homer Philip Groening (1919–1996), was a filmmaker, advertiser, writer and cartoonist. Homer, born in Main Centre, Saskatchewan, Canada, grew up in a Plautdietsch-speaking family.

Groening made his first professional cartoon sale of *Life in Hell* to the avant-garde magazine *Wet* in 1978. At its peak, the cartoon was carried in 250 weekly newspapers. *Life in Hell* caught the attention of American producer James L. Brooks. In 1985, Brooks contacted Groening about adapting *Life in Hell* for animated sequences for the Fox variety show *The Tracey Ullman Show*. Fearing the loss of ownership rights, Groening created a new set of characters, the Simpson family. The shorts were spun off into their own series, *The Simpsons*, which has since aired 740 episodes.

Groening has won 13 Primetime Emmy Awards, 11 for *The Simpsons* and 2 for *Futurama*, and a British Comedy Award for "outstanding contribution to comedy" in 2004. In 2002, he won the National Cartoonist Society Reuben Award for his work on *Life in Hell*. He received a star on the Hollywood Walk of Fame on February 14, 2012.

In 1977, at the age of 23, Groening moved to Los Angeles to become a writer. He went through what he described as "a series of lousy jobs," including being an extra in the television movie *When Every Day Was the Fourth of July*, busing tables, washing dishes at a nursing home, clerking at the Hollywood Licorice Pizza record store, landscaping in a sewage treatment plant, and chauffeuring and ghostwriting for a retired Western director.

He was awarded the Inkpot Award in 1988. He received the 2,459th star on the Hollywood Walk of Fame on February 14, 2012.



Margaret Ruth Wiggum

Daughter of

Mathius "Matt" Pederson Wiggum (arrived 1909)

b. 1889, Veggum Søre, Sel, Oppland, Norway

confirmed 1904 in Sel church, Oppland

d. 1969, Everett, Snohomish, Washington

Son of **Peder Kristensen Veggum**

b. 1848, Sel, Oppland, Norway

married 1876, Kvikne, Oppland

d. 1931, Sanbu, Bredebyden, Sel, Oppland

Mari Olsdatter Kvalen

b. 1854, Skåbu, Nord-Fron, Oppland,

d. 1932, Sanbu, Sel, Oppland, Norway

and

Ingeborg O. Lobben

b. 1890, Ortle, Roberts, South Dakota

d. 1982, Everett, Snohomish, Washington

Daughter of

Andreas O. Lobben

b. 1847, Norway

d. 1924, Roberts, South Dakota

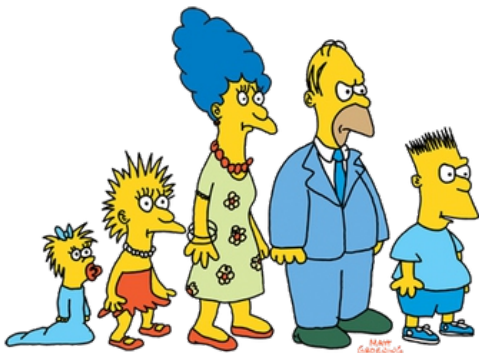
Erika Maria Johannessen Hatle

b. 1871, Molde, Møre og Romsdal, Norway

Emigrated June 16, 1887 from Kristiansund

d. 1945, Grant, South Dakota

Margaret was the daughter of Ingeborg and Matt Wiggum, who met on the boat coming to America from Norway. They settled in Everett, Washington where the paper mill "smelled like money" and Matt worked as a machinist. Her honours included high school valedictorian and "Miss Everett" and "May Queen" of Linfield College. In 1941 she graduated from Linfield College in McMinnville, Oregon where she had met classmate Homer Groening. He impressed her with his sense of humor and they married on Apr 11, 1942 in Everett, Washington.



Norwegian Food

From a cook book called "Trinity Treasures" (1966)
TRINITY LUTHERAN CHURCH
Blue Earth, Minnesota

Norwegian Rye Bread

Measure into a bowl:
1 cup Hot Water
1/4 cup Shortening
1/4 cup Sugar
2 tsp Salt

When dissolved add:

1 cup Cold Milk
1/2 cup Molasses
1 1/2 cup Rye Flour
1 cake Yeast
Which has been soaked
in 1/2 cup warm water

Add:
about 5-1/2 cups of flour

The dough will probably be a little sticky. Let rise in a warm place until almost double in bulk. Knead well. Let rise until almost double. Knead well and shape into loaves. Let rise almost double. Bake at 350 deg. about 45 minutes. Bake small loaves 35 minutes

-- Mrs. Allan Russell



Thin-type Norwegian Pancakes

3 well beaten eggs
1 cup milk
1/2 cup plus 2 tbsp flour
pinch of salt

Fry in butter. Use about 1/3 cup batter for each pancake, spreading very thin in the pan. Serve with powdered sugar, lemon and butter. Roll up. This is a recipe I received from

-- Mrs. Bob Martinsen (Marilyn Anderson, daughter of Senator Ernest Anderson)

-- Mrs. Neil Larson



Potet-lompe (Soft Potato Flatbread)

2 lbs Starchy potatoes (not peeled)
like russet potatoes
1 tsp Salt
3/4 cup sifted all-purpose flour
3/4 cup fine barley or fine rye flour

In a large pot, cover the potatoes with cold salted water and bring to a boil. Lower the heat and simmer for about 20 minutes or until the potatoes are tender when pierced with a knife. Drain the potatoes and cool slightly.

Peel the potatoes and, together with the salt, run through a ricer into a large bowl or mash by hand until completely smooth. Mix in the flours; the dough should be pliable but not dry.

Divide the dough into 2 ounce balls— there should be about 15.

from NorthWildKitchen.com
Features old fashion Norwegian recipes.



Starchy potatoes have more starch and less water.

Russets are starchy potatoes with a hearty skin. Their flavor is earthy and mild with a fluffy texture suitable for baked and mashed potato dishes.

Red potatoes are smooth and waxy and offer a subtly sweet flavor.

Yukon Golds are Semi-starchy and semi-waxy, they're simultaneously more plush than waxy potatoes and less crumbly than floury ones.

Dogs in Norway

Norwegian Dog Breeds in Danger of Extinction



Gray Norwegian Elkhound



Black Norwegian Elkhound



Norwegian Buhund



Norwegian Lundehund



Danish Swedish Farm Dog

Most popular dog breeds in Norway

- 1) Border Collie
- 2) English Setter
- 3) Staffordshire Bull terrier
- 4) Golden Retriever
- 5) Labrador Retriever
- 6) Gray Norwegian Elkhound
- 7) German Shepard
- 8) English Cocker Spaniel
- 9) Danish Swedish Farm Dog
- 10) Gordon Setter

Lodge Social January 28, 2023



Good food, happy faces and lots of talking!



Lodge Social January 28, 2023



Sverre Eng (Dr.Eng, 94), Nancy Madson, Walt Stand, Don Waldeland, Don Johnson, Jeff Carlson, Gunny Cross, David Dregne, Corinne Bjerke, Dana Dregne and Miriam Hendrix.



Solskinn Lodge Officers 2023-2024

Board of Directors

President	Luella Grangaard	760-363-7704
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-343-0848

Program Directors

Social Director	Nancy Madson	760-343-0848
Assisting Social Director	Joy Rogers	760-821-3497
Cultural Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-835-4391

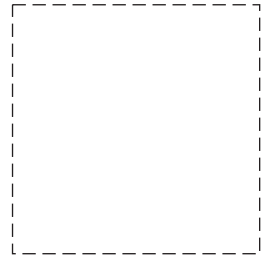
Support Positions

Book Club	Luella Grangaard	760-363-7704
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

Insurance Professionals

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	jdonovaninsure@gmail.com

Solskinn Lodge, #6-150
Terje Berger
52705 Avenida Obregon
La Quinta, CA 92253



Mission Statement

***The mission of
Sons of Norway
is to promote and to preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members***