

Solskinn Nyhetsbrev

**FEBRUARY 2025 NEWSLETTER
FROM SOLSKINN LODGE 6-150**



**SONS of
NORWAY**

Solskinn Lodge 6-150

Ord fra Presidenten



Happy February,

We had a great social in January. We had over 41 people registered. Not everyone showed up, but what a great start to 2025. Also, we had several guests who attended. The food was excellent. Many attendees commented on how good the food

was. Thank you to members of the board who prepared and brought food. In addition, thanks to Wyonne, Rex, Sharon, and Tanya for helping set up, serve, and clean up. I enjoyed demonstrating lefse making, and we had several guests and members who tried their hand at making lefse. Last week, while preparing for the event, I went through 5 pounds of flour and almost a huge bag of dried potato flakes. And a special thanks to Nancy's mother Dorothy, for sharing her recipe for lefse. Without that recipe, I would not make lefse as often as I do. And welcome to our new members in attendance, Carol Ellis and Louise Selle.

Next month, we have a salmon meal and a program on salmon farms versus harvesting from the sea directly. Even if you don't like salmon, there will be plenty of sides to eat. I hope you can attend. Our meeting time will be 11:00 am. I hope to see you there.

Don't forget February 14 is Valentine's Day. A heart-shaped waffle would be a lovely snack/brunch to prepare for someone special. Read your Viking magazine, district newsletter, and Sons of Norway e-post for events and information. Also, start watching for details on the "Crossings 200." This commemorates the first organized crossing of Norwegian immigrants from Norway to North America. I think you will find this very interesting. Check out page 4 of the January/February Viking and see a photo of our lodge members.

See you in February.

Fraternally,

Luella

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February 22, 2025

**Salmon fishing,
wild caught or farming
On the table: Salmon**

March 22, 2025

**Hardanger embroidery
Presentation and Display
Open Face Shrimp Sandwiches**

Gratulerer
med dagen



Happy Birthday

Birthdays

February 2024 · April 2025

Terese Olson Hartley	February 11
Donald Lee Lingle	February 16
Sandi Mangan	February 21
Ulf Strandjord	February 23
Don Johnson	February 27

Beryl Waldeland	March 4
Margit Chiriaco Rusche	March 14
Pat Reddick	March 17
Heidi Olson-Hartley	March 22

Sandra Kennedy	April 3
Svein Olav Stokke	April 5
Colin Brown	April 12
Edward Maury Tauber	April 29



H An official holiday.
Similar to federal holiday.
F Official Flag Day.

Norwegian Flag Days, Holidays and Days of Observance

Feb 5	Sami People Day	F
Feb 9	Morsdag (Mothers Day)	
Feb 14	Valentindag	
Feb 20	HRH King Harald V	F
Mar 2	Fastelavnsøndag (3 days before Lent)	
Mar 20	Vårjevndøgn (Equinox)	
Mar 30	Summertime starts	
Apr 17	Skjærtorsdag (Maundy Thursday)	H
Apr 18	Langfredag (Good Friday)	H
Apr 20	Påskedag (Easter Sunday)	HF
Apr 21	2.påskedag (Easter Monday)	H

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Solskinn Lodge

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Facebook: Solskinn Lodge, Sons of Norway 6-150
Email: Solskinn150@gmail.com

Sons of Norway

Website: sofn.org
Facebook: Official Sons of Norway Facebook Group

Sons of Norway, District Six

Website: sofn6.org
Facebook: Sons of Norway District Six

Social Calendar for 2024-2025 Season

Always a Saturday. Social at 11:00 AM

Cost	General Cost Members \$10.00, Guests \$15.00
February 22	Salmon fishing, wild caught or farming Salmon
March 22	Hardanger, demonstration and display Traditional open face shrimp sandwiches Cost: Members \$15.00, Guests \$20.00
April 26	World War II. The King's Escape Soup & Salad
May 17	Syttende Mai Hot Dogs and Bløtekake Cost: Members \$5.00, Guests \$10.00
June 28	Bar-b-Que in Morongo Valley Bring your own food to be grilled

BOOK CLUB

February 2025 Book

Touch
by Olaf Olafsson

ZOOM Meeting

Thursday, Feb 20 at 4PM

March 2025 Book

The Weaver and the Witch Queen
by Genevieve Gornichec

ZOOM Meeting

Thursday, March 20 at 4 PM

April 2025 Book

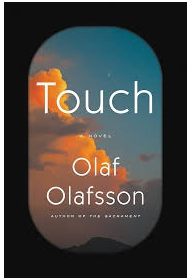
The Larasus Solution
by Kjell Oda Dahl

ZOOM Meeting

Thursday, April 17 at 4 PM

Want to join? Send an email to Luella: morongo2@verizon.net

February 2025



A mesmerizing, panoramic story of one man's search to find a lover who suddenly disappeared decades before

When the pandemic hits, Kristofer is forced to shutter his successful restaurant in Reykjavik, sending him into a spiral of uncertainty, even as his memory seems to be failing. But an uncanny bolt from the blue—a message from Miko Nakamura, a woman whom he'd known in the sixties when they were students in London—both inspires and rattles him, as he is drawn inexorably back into a love story that has marked him for life. Even as the pandemic upends his world, Kristofer finds himself pulled toward an answer to the mystery of Miko's sudden departure decades before, compelling him to travel to London and Japan as the virus threatens to shut everything down.

A heart-wrenching love story and an absorbing mystery, *Touch* delves into the secrets of the past to explore the hidden lives that we all possess, the pain and beauty of our past loves and friendships that continue to leave their mark on us. Searching and lyrically rendered by acclaimed author Olaf Olafsson, *Touch* is a stunning tribute to the weight of history and the complexities of the human heart.

Olaf Olafsson was born in Reykjavik, Iceland in 1962. He studied physics as a Wien Scholar at Brandeis University. He is the author of three previous novels, *The Journey Home*, *Absolution* and *Walking Into the Night*, and a story collection, *Valentines*. His books have been published to critical acclaim in more than twenty languages. He is the recipient of the O. Henry Award and the Icelandic Literary Award, was short listed for the Frank O'Connor Prize, and has twice been nominated for the IMPAC Award. He is the Executive Vice President of Time Warner and he lives in New York City with his wife and three children.



Text and images from GoodRead.com

March 2025



The lives of two women—one desperate only to save her missing sister, the other a witch destined to become queen of Norway—intertwine in this spellbinding, powerful Viking Age historical fantasy novel from the acclaimed author of *The Witch's Heart*.

Oddny and Gunnhild meet as children in tenth century Norway, and they could not be more different: Oddny hopes for a quiet life, while Gunnhild burns for power and longs to escape her cruel mother. But after a visiting wisewoman makes an ominous prophecy that involves Oddny, her sister Signy, and Gunnhild, the three girls take a blood oath to help one another always.

When Oddny's farm is destroyed and Signy is kidnapped by Viking raiders, Oddny is set adrift from the life she imagined—but she's determined to save her sister no matter the cost, even as she finds herself irresistibly drawn to one of the raiders who participated in the attack. And in

the far north, Gunnhild, who fled her home years ago to learn the ways of a witch, is surprised to find her destiny seems to be linked with that of the formidable King Eirik, heir apparent to the ruler of all Norway.

But the bonds—both enchanted and emotional—that hold the two women together are strong, and when they find their way back to each other, these bonds will be tested in ways they never could have foreseen in this deeply moving novel of magic, history, and sworn sisterhood.

Genevieve Gornichec earned her degree in history from The Ohio State University, where her study of the Norse myths and Icelandic sagas became her writing inspiration. Her national bestselling debut novel, *The Witch's Heart*, has been translated into more than ten languages. She lives in Cleveland, Ohio. *The Weaver and the Witch Queen* is her second novel.





Blasted (2022)

Released on Netflix June 28, 2022

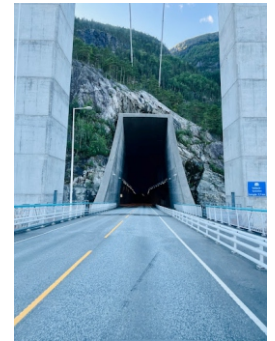
Norwegians' down-to-earth and pragmatic outlook on life makes it very difficult for fantasy and science fiction movies to succeed at the box office.

So that *Blasted* such a surprise. It's billed as a Norwegian science fiction movie, but on a shoestring budget and with special effects that would probably make Hollywood cringe. It does, however, introduce an international audience to the strange and wonderful Norwegian phenomenon of the *hyttetur* (cabin trip) where groups of same-sex friends rally around the one person in the group who is lucky enough to have access to a cabin in either the woods or by the sea.

Young but somewhat hapless entrepreneur Sebastian tries to convince a financier of the prospects of his business idea, but things go not too well.

Audio: Norwegian, English, Spanish
Subtitle: Norwegian, English, Spanish

The Hardanger Bridge (Norwegian: Hardangerbrua) is a suspension bridge across the Eidfjorden branch off of the main Hardangerfjorden in Vestland county, Norway. The bridge connects the municipalities of Ullensvang and Ulvik. It replaced a ferry connection between Bruravik and Brimnes, and thereby shortens the driving time between Oslo and Bergen. It is the longest suspension bridge in Norway.



Book List to July 2025

Want to join? Send an email to Luella.morongo2@verizon.net

February 2025
Touch, by Olaf Olafsson
ZOOM meeting February 20

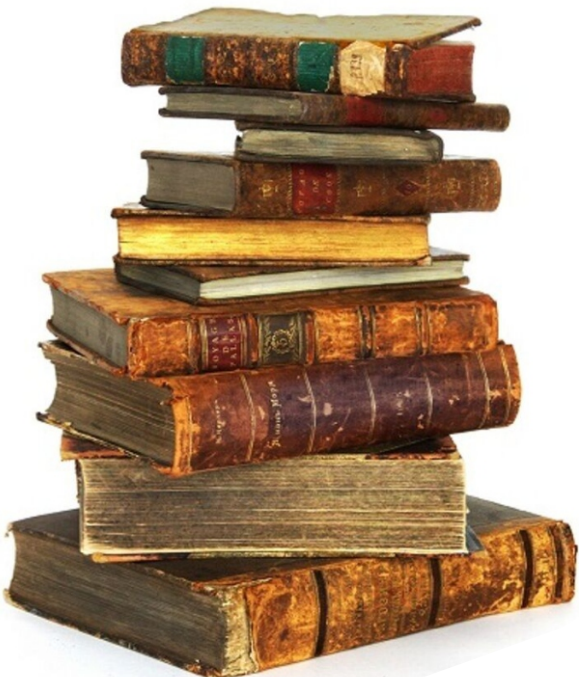
June 2025
The Axe by Sigrid Undset

March 2025
The Weaver and the Witch Queen
by Genevieve Gronechee

July 2025
The Slaves Tale
by Erik Haugaard

April 2025
The Larasus Solution
by Kjell Oda Dahl

May 2025
Faceless Killer by Henning
Mankell



Norwegian History

The establishment of the Sami Parliament



The first elections to the Sami Parliament were held in 1989. The Sami had thus gained their own nationwide elected body, two years after the Sami Act was passed in the Storting. In 1976, the Norwegian Sami National Federation and the Norwegian Reindeer Sami National Federation set up a joint committee to investigate the question of the official status of the Sami in Norway. One of the questions this committee wanted to examine in more detail was the basis for a separate elected body for the Sami in the country.

The members of the Norwegian Sami Council, which was established in 1964 as an advisory body to regional and national authorities on Sami issues, were appointed by the government. It was therefore unclear how representative the council's members were of the Sami population. The question of who could legitimately represent the Sami in Norway became acute during the Alta conflict. When the government established the Sami Rights Committee in October 1980, the question of a separate elected body for the Sami was included in the committee's mandate. The first recommendation from the Sami Rights Committee focused on two important normative questions: Should the Constitution have a separate provision on the Sami? And should the Sami population have its own elected body? A majority of the Sami Rights Committee members argued that the Sami should have greater influence over Sami affairs, and recommended that a new national directly elected body, the Sami Parliament, should replace the Norwegian Sami Council.

The Sami Act is adopted

The government followed the recommendation of the Sami Rights Committee. The government's bill established that the Sami Parliament's authority was initially advisory, but at the same time allowed for the area of authority to be expanded over time. Against the votes of Carl Ivar Hagen (FrP), Bjørn Erling Ytterhorn (FrP) and Magnar G. Huseby (H), the Storting passed the Act on the Sami Parliament and Other Sami Legal Relations (the Sami Act) in May 1987,

despite considerable opposition from, among others, the Sami National Association. At the first elections to the Sami Parliament, the country was divided into 13 separate constituencies. Each constituency had three mandates to be distributed. The electoral system for Sami Parliament elections has since undergone several changes.

The Sami Parliament took over the tasks of the Norwegian Sami Council, but at the same time had to build its own internal organization from scratch. Being a Sami Parliament representative was not a paid full-time job and is not today, and the job of Sami Parliament President only became a paid full-time position from August 1990. The law states that the Sami Parliament shall be elected in direct elections by Sami residing throughout the country. To achieve this, a list of electors had to be established. Both internally within the Sami Rights Committee and among the consultation bodies, there had been very divided opinions on whether such a list should be established, and what the criteria for being registered in this list should be. The Sami Act stipulated that those who wanted to register in the Sami Parliament's electoral roll had to meet two criteria:

that they perceived themselves as the same
that they themselves or at least one of their parents or grandparents spoke Sami at home while growing up

The criteria were expanded in 1997 to also include people who had at least one great-grandparent who spoke Sami at home. In addition, children of a person who was or had previously been registered themselves were also given the right to register.

Before the first election to the Sami Parliament, a total of 5,505 people had registered to vote in the Sami Parliament. The Norwegian Sami National Association, which had been a driving force behind the establishment of a separate Sami elected body, became the largest group in the Sami Parliament, with 19 seats. Ole Henrik Magga was elected the first president of the Sami Parliament. Many national political parties ran their own lists or joint lists in the first Sami parliament elections. The Labour Party was the largest of these, with 8 seats. The Sami Parliament's electorate has grown steadily, and before the Sami Parliament elections in 2013, a total of 15,019 people had registered in the electoral roll.



Famous Norwegian

Queen Sonja

Sonja Haraldsen was born on 4 July 1937 in Oslo, the daughter of clothing merchant Karl August Haraldsen and Dagny Ulrichsen. She had three siblings, Haakon Haraldsen, Gry Henriksen and Karl Herman Haraldsen, who died in a boating accident. She grew up at Tuengen Allé 1B in the district of Vinderen in Oslo and completed her lower secondary schooling in 1954. She received a diploma in dressmaking and tailoring at the Oslo Vocational School, and a diploma from École Professionnelle des Jeunes Filles (a finishing school) in Lausanne, Switzerland. There, she studied accounting, fashion design, and social science. She returned to Norway for further studies and received an undergraduate degree (French, English and Art History) from the University of Oslo.

Sonja and the then Crown Prince Harald had dated for nine years prior to their marriage in 1968. They had kept their relationship a secret due to the controversy of Sonja's status as a commoner. Harald had told his father, King Olav V, that he would remain unmarried if his father did not grant consent to marry Sonja.

In June 1959 she first met Crown Prince Harald at a party hosted by Johan H. Stenersen. Later in August the Crown Prince invited her to his graduation ball, where they were photographed together for the first time. They dated for nine years, although their relationship had been kept secret because she was a commoner. The Crown Prince made it clear to his father, King Olav V, that he would remain unmarried for life unless he could marry her. This would in effect have put an end to the rule of his family, and likely to the monarchy in Norway, as Harald was the sole heir to the throne. Faced with having to choose one of his relatives from the Danish royal family, the Dukes of Schleswig-Holstein or even the Grand Dukes of Oldenburg as his new heir in place of his son, Olav V consulted the government for advice; as a result, Sonja became engaged to Crown Prince Harald on 19 March 1968. The couple married on 29 August 1968, at Oslo Cathedral. She thus acquired the style of Royal Highness and the title of Crown Princess of Norway.

Upon their marriage, Sonja became crown princess and later the queen of Norway upon her husband's accession to the throne in 1991, becoming Norway's first queen consort in 52 years. The couple has two children together: Princess Märtha Louise and Crown Prince Haakon.

In accordance with their own wishes, the King and Queen were consecrated in Nidaros Cathedral in Trondheim on 23 June 1991. Following the consecration, the King and Queen conducted a 10-day tour of Southern Norway. In 1992, the entire royal family conducted a 22-day tour of Norway's four northernmost counties.

The Queen accompanies the King on official state visits abroad. She acts as the hostess when foreign heads of state officially visit Norway.

In 2005, Queen Sonja became the first queen ever to visit Antarctica. The Queen was there to open the Norwegian Troll research station in the country's Antarctic dependency, Queen Maud Land. The Queen flew in on one



of the Royal Norwegian Air Force's C-130H Hercules transport aircraft, landing at Troll Airfield.

In 2017 Queen Sonja was awarded the Trysil-Knut Prize. She is the first woman to ever receive the award.

The Queen was appointed a Rear Admiral in the Royal Norwegian Navy and a Brigadier in the Norwegian Army. She has undergone a basic officer training course and has participated in exercises.



In January 2025, Sonja was admitted to Lillehammer Hospital for observation following atrial fibrillation during on a skiing trip.[22] She underwent surgery at the Oslo University Hospital on 16 January to receive a pacemaker implant.

The name Sonja means "wisdom" and is of Scandinavian and Greek origin. It is a variation of the name Sonya, which comes from the Greek name Sophia.

ScandinavianFood

Dorothy's Instant Potato LEFSE Recipe

1 cup	dry instant milk
3 cups	instant potato flakes
1 stick	butter
1 tbsp	sugar
1-2/3 tbs	salt
3 cups	very hot water

Mix all ingredients well. The hot water will melt the butter. Chill overnight or until thoroughly chilled. Add a scant 1-1/2 cups of flour and mix and knead until smooth. Roll out into a log shape. Divide into 20 portions. Use quite a bit of flour to roll out each portion onto a pastry cloth.

There is a fine line between using too much flour and becoming dry, not enough, and becoming stuck to the cloth.

Cook on a lefse griddle set at 450 degrees until lightly browned in spots. Turn over using a lefse stick, and fry the other side. Keep the finished lefse under towels and/or plastic to keep it from drying out, letting it "steam" in its own heat for a while to preserve the moisture. "Steaming" in its heat too long can create whitish moisture spots. When cooled, fold the lefse and package in plastic bags. Enjoy soon, or freeze.

A question will pop up: Why using instant? First of all, it is made from cooked potatoes that have been dehydrated. Benefits of using instant, it's the consistency.

Lompe is usually thin and made from potatoes, most use them around a sausage. Lefse is usually thicker and sweeter, served with a butter and sugar mixture or some sort of jam. Lompe is for food, lefse is for desert.

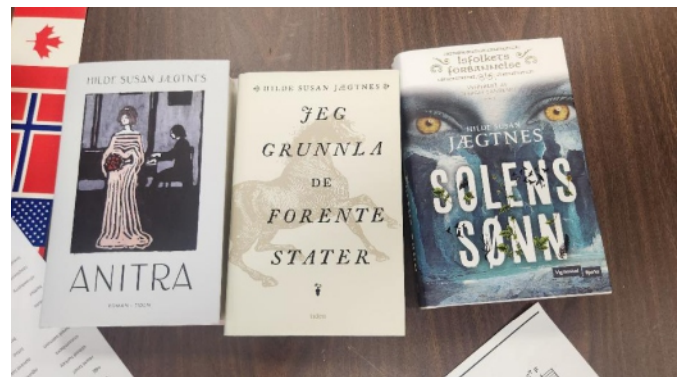
Luella The Lefse Maker in Action



Lodge Social January 25, 2025



Hilde Susan Jaegtnes writes for film and television, and is also a published fiction writer, poet, essayist, critic, musician and performance artist with a master's degree in Writing for Screen and Television from the University of Southern California, Los Angeles (having graduated in 2009).



Lodge Social January 25, 2025



Solskinn Lodge Officers 2025

Board of Directors

President	Luella Grangaard	760-285-9430
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-238-8819

Program Directors

Social Director	Nancy Madson	760-238-8819
Assisting Social Director	Joy Rogers	760-821-3497
Cultural Director	Luella Grangaard	760-285-9430
Sunshine	Joy Rogers	760-821-3497

Support Positions

Book Club	Luella Grangaard	760-285-9430
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	

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Mission Statement

*The mission of
Sons of Norway
is to provide quality insurance
and financial support to our
members, promote and preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members*