

# Solskinn Nyhetsbrev

November 2021 Newsletter from Solskinn Lodge 6-150



Solskinn Lodge 6-150



## Ord fra Presidenten

### President's Message

Hi all,

Finally, we got together in person for the Southern California Kretsstevne, which was basically members of Solskinn Lodge and one of our speakers, Jodi Nelson. We had 19 members attend, and we raised \$597 which did include a donation from Lise Fleming, a member of Vinland Lodge. Thank you all for attending and for your donations to camp Norge. Also thanks to Jodi and Ulf for their wonderful presentations.

Many of our members at the social said it is easier for them to attend lodge events during the day. The Board discussed this and agreed that this would be a good change. So we have changed the times to mid-day for both the November and December socials. Look at the next social announcement in this newsletter.

Our book group is adding members from other lodges. I am reaching out to others who may be interested from beyond our lodge. With the use of ZOOM, it is so easy to connect with others who enjoy reading.

I hope you will be able to attend our November Viking event. We will have Viking food and program. And also have the opportunity to socialize with your fraternal family.

Stay safe and healthy.

Fraternally,  
Luella

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### MARK YOUR CALENDAR

#### CHRISTMAS PARTY Saturday, December 11

Hope Lutheran Church  
45900 Portola Avenue  
Palm Desert

### Social Meetings Schedule

Saturday	Nov 20	Viking meal & program Meeting starts at 11 am.
Saturday	Dec 11	Christmas Party
Saturday	Jan 22	"Frokost" (Late breakfast) Cooking demonstration
Saturday	Feb 26	Genealogy. Soup & Salad
Saturday	Mar 26	Program about meatballs. Bingo. Meatball dinner
Saturday	Apr 23	Fish social Fish gratin, lutefisk and cod
Saturday	May 21	May 17. Hotdogs and ice cream

All social meetings will be in Hope Lutheran Church.  
All meetings and location are subject to changes.

# Solskinn Nyhetsbrev

## HAPPY BIRTHDAY



### Birthdays in November/December

- November 7 Gro M Kleitsch
- November 20 Diane Elaine Farber
- November 29 Kathy Regner
  
- December 9 Jhan Schmitz
- December 13 Margie Elizabeth Jacobson
- December 21 Jack Bjerke
- December 23 Gail F. Ryan
- December 24 Corinne Bjerke
- December 26 Charlotte Larsen
- December 29 Stevan C. Rich

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Sons of Norway  
 Website: sofn.org  
 Facebook: Official Sons of Norway Facebook Group

Sons of Norway, District Six  
 Website: sofn6.org  
 Facebook: Sons of Norway District Six

### For your bucket list



Kjeragbolten is a 5-cubic-metre (180 cu ft) boulder wedged in a mountain crevice by the edge of the Kjerag mountain in Sandnes municipality in Rogaland county.

It is possible to walk onto the rock without any equipment, but there is a direct 241-metre (791 ft) drop below and then another 735-metre (2,411 ft) gradient down to the Lysefjorden. The name means "Kjerag Boulder" or "Kjerag Bolt".

### The Beautiful Norway



Bergheimvatnet (Lake Bergheim) in Gloppen municipal, Sogn og Fjordane county (now Vestland county). *Photo: Leonard Løvoll.*



### Norwegian movie



The Trip (I Onde Dager)

Norwegian movie (2021)  
 Norwegian or English speaking, with subtitles.

A dysfunctional couple head to a remote cabin to reconnect, but each has intentions to kill the other. Before they can carry out their plans, unexpected visitors arrive and they are faced with a greater danger.

**Next Board Meeting**  
**November 9, 2021 at ZOOM**  
**ZOOM Link will be sent prior to the meeting**

**Book Club meets every 3rd Thursday of the month**  
**Board meeting every 2nd Tuesday of the month**

Arts & Craft Club has been put on hold until further notice

# BOOK CLUB

## November Book

**Anxious People: A Novel**  
by Fredrik Backman

**ZOOM Meeting**

**Thursday, November 18 at 4PM**

*We love to see you!*



## December Book

**The Nordic Theory to Everyone**  
by Anu Partanen

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### Anxious People

A poignant, charming novel about a crime that never took place, a would-be bank robber who disappears into thin air, and eight extremely anxious strangers who find they have more in common than they ever imagined.

Looking at real estate isn't usually a life-or-death situation, but an apartment open house becomes just that when a failed bank robber bursts in and takes a group of strangers hostage. The captives include a recently retired couple who relentlessly hunt down fixer-uppers to avoid the painful truth that they can't fix up their own marriage. There's a wealthy banker who has been too busy making money to care about anyone else and a young couple who are about to have their first child but can't seem to agree on anything, from where they want to live to how they met in the first place. Add to the mix an eighty-seven-year-old woman who has lived long enough not to be afraid of someone waving a gun in her face, a flustered but still-ready-to-make-a-deal real estate agent, and a mystery man who has locked himself in the apartment's only bathroom, and you've got the worst group of hostages in the world.

Each of them carries a lifetime of grievances, hurts, secrets, and passions that are ready to boil over. None of them is entirely who they appear to be. And all of them—the bank robber included—desperately crave some sort of rescue. As the authorities and the media surround the premises, these reluctant allies will reveal surprising truths about themselves and set in a motion a chain of events so unexpected that even they can hardly explain what happens next.

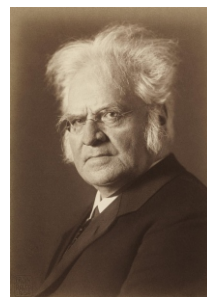
Proving once again that Backman is “a master of writing delightful, insightful, soulful, character-driven narratives” (USA TODAY), *Anxious People* “captures the messy essence of being human... It's clever and affecting, as likely to make you laugh out loud as it is to make you cry” (The Washington Post). This “endlessly entertaining mood-booster” (Real Simple) is proof that the enduring power of friendship, forgiveness, and hope can save us—even in the most anxious of times.

Fredrik Backman (born 2 June 1981, in Brännkyrka, Stockholm County) is a Swedish author, blogger, and columnist.

He wrote *A Man Called Ove* (2012), *Things My Son Needs to Know about the World* (2012), *My Grandmother Asked Me to Tell You She's Sorry* (2013), *Britt-Marie Was Here* (2014), *Beartown* (2017), *Us Against You* (2018), and *Anxious People* (2020). The books were number one bestsellers in his home country of Sweden. Backman's books have been published in more than twenty-five languages.

Backman grew up in Helsingborg, Scania County, Sweden. He has been writing for the Swedish newspaper *Helsingborgs Dagblad* and for the Swedish men's magazine, *Moore Magazine*. Backman debuted as a novelist in 2012 with *A Man Called Ove*. The novel was adapted as a film which premiered on December 25, 2015. The rights to his book *Beartown* were bought by Swedish production company, *Filmlance*, and are set to be adapted for television. Many of his books have been translated into English. After his debut novel, *A Man Called Ove*, was translated into English, it remained on the best seller list for 42 weeks. Following the success of his first book, *Atria* bought the rights to his other novels and had them translated into English.

Fredrik Backman married Neda Shafti Backman in 2009. They have two children. His second book, *Things My Son Needs to Know about the World* (2012), was based on his own experiences with parenting. He labeled it a “dysfunctional parenting guide” and made a deal that his publisher had to publish the book in order to publish *A Man Called Ove*.



Bjørnstjerne Bjørnson (1832 – 1910) was a Norwegian writer who received the 1903 Nobel Prize in Literature “as a tribute to his noble, magnificent and versatile poetry, which has always been distinguished by both the freshness of its inspiration and the rare purity of its spirit”, becoming the first Norwegian Nobel laureate. He was a prolific polemicist and extremely influential in Norwegian public life and Scandinavian cultural debate. He wrote the lyric to *Ja, vi elsker dette landet*, between 1859 and 1868.

# BOOK CLUB

## December Book



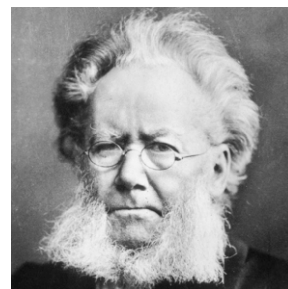
Anu Partanen, a Finnish journalist (b.1975), now a naturalized American citizen (2013), asks Americans to draw on elements of the Nordic way of life to nurture a fairer, happier, more secure, and less stressful society for themselves and their children.

Moving to America in 2008, Finnish journalist Anu Partanen quickly went from confident, successful professional to wary, self-doubting mess. She found that navigating the basics of everyday life—from buying a cell phone and filing taxes to education and childcare—was much more complicated and stressful than anything she encountered in her homeland. At first, she attributed her crippling anxiety to the difficulty of adapting to a freewheeling new culture. But as she got to know Americans better, she discovered they shared her deep apprehension. To understand why life is so different in the U.S. and Finland, Partanen began to look closely at both.

In *The Nordic Theory of Everything*, Partanen compares and contrasts life in the United States with life in the Nordic region, focusing on four key relationships—parents and children, men and women, employees and employers, and government and citizens. She debunks criticism that Nordic countries are socialist “nanny states,” revealing instead that it is we Americans who are far more enmeshed in unhealthy dependencies than we realize. As Partanen explains step by step, the Nordic approach allows citizens to enjoy more individual freedom and independence than we do. It was published through HarperCollins in the summer of 2016.

Henrik Ibsen had one son, Sigurd Ibsen.

Sigurd Ibsen (1859 – 1930) was a Norwegian author, lawyer and statesman, who served as the prime minister of Norway in Stockholm (1903–1905) and played a central role in the dissolution of the union between Norway and Sweden in 1905.



Sigurd Ibsen married Bergljot Bjørnson, the daughter of Bjørnstjerne Bjørnson. Bergljot Bjørnson was mezzo-soprano singer.

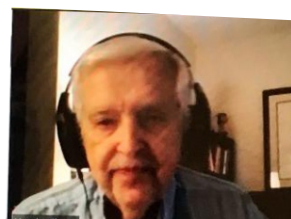
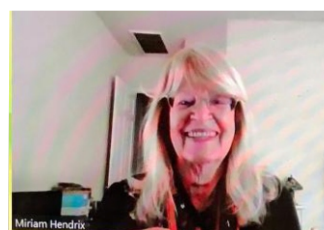


Histories have been written and more will be written of the Norwegians in America, but no man can tell adequately of the tearing asunder of tender ties, the hardships and dangers crossing the deep, the work and worry, the hopes and fears, the laughter and tears, of men and women who with bare hands carved out of a wilderness a new kingdom.

*Rønning, N. N.,  
Fifty Years in America, p.19.*

Nils Nilsen Ronning (1870-1962), American author, journalist and editor.

### From October ZOOM Book Club Meeting



*Luella, Miriam, Nancy, Lotte and Vaughn*

*Lotte Sather from Victory Lodge in Vallejo, Colorado*

# Famous Norwegian-American

## Miss Peggy Lee

She was born Norma Deloris Egstrom on May 26, 1920 in Jamestown, North Dakota; died January 21, 2002 in Bel Air, Los Angeles, California.

Film actor, actor, singer, songwriter, jazz musician, radio presenter, voice actor, musician, television actor, record artist. Grammy Lifetime Achievement Award (1995), Grammy Award for Best Country Collaboration with Vocals (1970), star on the Hollywood Walk of Fame.

She was nominated for a Grammy twelve times, and won it for best female singing performance with "Is That All There Is?" in 1969. In 1995, she received the Lifetime Achievement Award from The Recording Academy. As an actress, she was nominated for an Oscar for her performance in Pete Kelly's Blues from 1955.

As a teenager, Peggy Lee listened to the Count Basie Orchestra on the radio and then learned to sing on her own. In Fargo, where she lived with her family, she sang as a fourteen-year-old on the radio station WDAY.

In 1937 she went to Los Angeles for the first time, but after only one appearance she returned to Fargo. In 1939, she began singing in the Will Osborne Orchestra and also played in regional bands in Minneapolis and St. Louis. In 1941 she sang in the hotel Ambassador West in the vocal group The Four of Us .

In 1941, when Benny Goodman's orchestra was at the peak of its popularity, Goodman even heard Lee sing during a performance in the BATTERY ROOM in Chicago and engaged her. She began recording in August 1941 with the band ( Elmer's Tune ). Then she sang and toured with them throughout the United States for two years. In July 1942, she recorded her first hit - Why Don't You Do Right? - which was sold in more than one million copies and made her famous. She was known for her way of singing - soft and cool - something she acquired in the often noisy nightclub premises. In March 1943, she married the guitarist in Goodman's band, Dave Barbour.

In 1944 she got her own contract with Capitol Records and she sang in a long series of hits, often with words and music by Lee and Barbour.

Her most famous record is probably the cover recording, where she also wrote the lyrics, Fever, which had originally been performed by Little Willie John, and her version of the couple Jerry Leiber/Mike Stoller composition Is That All There Is? Her collaboration with the record company lasted for a full thirty years, with interruptions when she transferred to Decca in the period 1952-57. She experimented with Latin American rhythms and in 1960 made the popular album Latin à la Lee for the Capitol Records.

She became best known for the songs of Walt Disney's Lady and the Tramp, where she also played the role of the show cat Peggy and sang He's a Tramp.

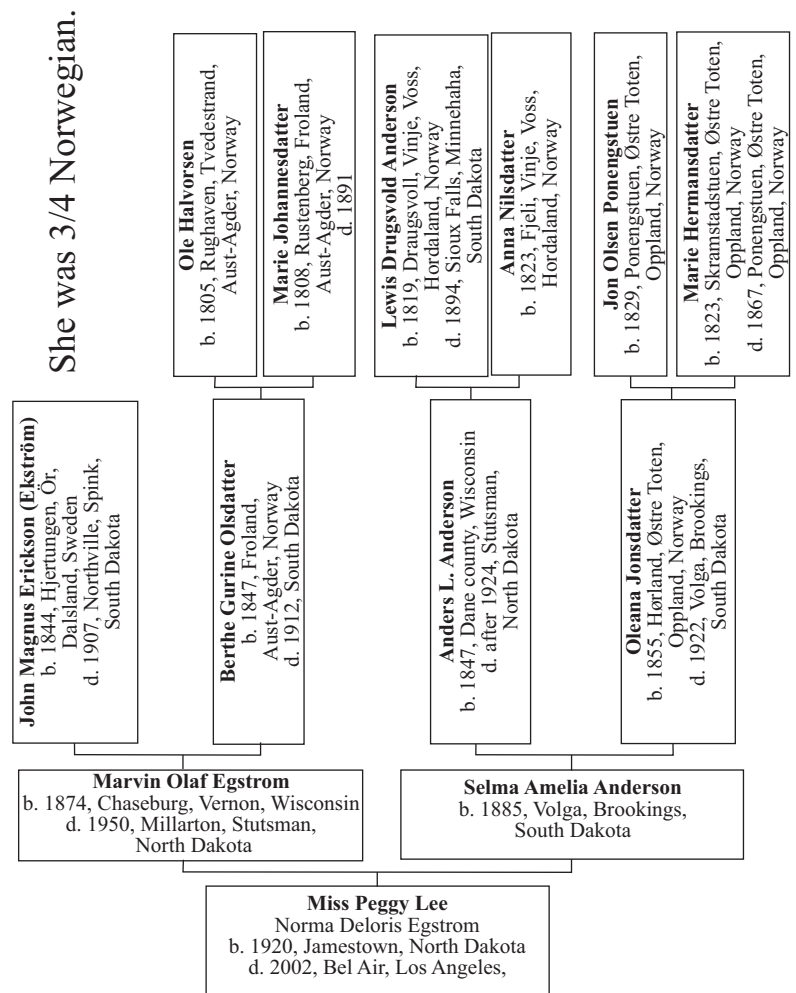
Peggy Lee also starred in many films, including the new version of Al Jolson's The Jazz Singer which was recorded in 1953 (originally from 1927) and the 1955 film Pete Kelly's Blues in which she played an alcoholic and depressed singer. For that role, she was nominated for an Oscar for Best Supporting Actress.

From Wikipedia



Photos:  
Left: Wikipedia  
Top: Omnivor Recordings

Peggy's father was a station agent for the Midland Continental Railroad. The family lived in several towns along the Midland Continental Railroad (Jamestown, Nortonville and Wimbledon). She graduated from Wimbledon High School in 1937. The Wimbledon depot building, where she and her family lived and worked, became the Midland Continental Depot Transportation Museum, featuring The Peggy Lee Exhibit, in 2012. The upper floor of the museum, where the Egstrom family once lived, features exhibits that trace Lee's career and her regional and state connection.



# Trade in the East

The trade between Russians and the people in North Norway has a long history, it is known from the Viking Age. The Russians traded, through the principality in Novgorod, with the Sami people in North Norway from the Middle Ages until the beginning of the 17th century. In early summer, the catch from the winter- and spring fisheries in North Norway were bought and shipped south to Trondheim and Bergen by traders, mainly stockfish, unsalted dried cod.

King Haakon V of Norway (reigned 1299 - 1319) prohibited foreigners from trading in North Norway as early as 1316. Until the reformation in 1537, the trade between North Norway and the Hanseatic league in Bergen was controlled by the archbishop in Trondheim. In the middle of the 16th century the privileges of trade was handed over to citizens in Bergen and Trondheim, giving them a monopoly. There are reports of Russians trading illegally in North Norway from the late 17th century. Norwegians trading with Russians could be punished by being denied winter supplies from the (Norwegian) traders. The trade monopoly was lifted in 1715.

**Bjarkøy** was a center for trade in the north

**Bjarkøyætten** is a Norwegian chieftain family in Hålogaland and a lendemann family from the Middle Ages who had their headquarters on Bjarkøya in Troms, but which eventually had extensive land in several places in Norway. The clan is often divided into older and a younger part.

The oldest part is known as Tore from Bjarkøy (940-995), who during a visit to his foster sister Sigrid (Storråde) was burned inside together with Harald Grenske (952-995), father of Olav Haraldsson (St.Olaf). Tore's sons were Sigurd Toresson on Trondenes, just south of Bjarkøy, and Tore Hund on Bjarkøy who helped lead the uprising against King Olav Haraldsson and personally helped kill the king at the battle of Stiklestad in 1030.

**Hålogaland** is the historical name for Northern Norway. In the time before the Christianization of Norway, Hålogaland was an independent small kingdom in the present counties of Nordland and Troms.

**Russenorsk** (Russo-Norwegian) is an extinct dual-source pidgin language formerly used in the Arctic, which combined elements of Russian and Norwegian, and which was created by Russian traders and Norwegian fishermen from northern Norway and the Russian Kola Peninsula. It was used extensively in Northern Norway for about 150 years in the Pomor trade. Russenorsk is important as a test case for theories concerning pidgin languages since it was used far away from most of the other documented pidgins of the world.

As is common in the development of pidgins and trade languages, the interaction of fishermen and traders with no common language necessitated the creation of some minimal form of communication.



*Churchmen and diplomats from the two countries meet at the grave of an unnamed Russian sailor deceased on Norway's Barents Sea coast more than 100 years ago.*

**Pomor** trade is the trade carried out between the Pomors of Northwest Russia and the people along the coast of Northern Norway, as far south as Bodø. The trade went on from 1740 until the Russian revolution in 1917.

The pomor trade began as a barter trade (trade without using money) between people in the area, trading grain products from Russia with fish from North Norway as the main trade. With time it developed into a regular trade against money: in fact the ruble was used as currency in several places in North Norway. The pomor trade was of major importance both to Russians and Norwegians. The trade was carried out by Russian pomors from the White Sea area and the Kola peninsula who came sailing to settlements and places of trade along the coast of North Norway. The pomors were skilled traders and sailors, and they did also explore the areas around the White sea.

*Continuing in December Newsletter*

# Norwegian / Swedish food

## Ertesuppe (Pea soup)

4 people

- 1 Pork hock
- 1/2 lb Dried green peas  
Yellow peas for Swedish pea soup
- 1 Onion, finely chopped
- 1 Celery root, diced
- 2 Bayleaves
- 2 qt Water
- 2 Carrots, diced
- 1 Leek, as rings
- 4 fresh thyme stalks

Add peas in plenty of water overnight. Pour off the water before starting the other preparations.

Put pork hock, peas, onions, celery, bay leaves and thyme in a saucepan. Pour on approx. 2 liters of water, and bring to a boil.

Skim off the fat well and let it soak for 3 hours under a lid.

Add the carrot and leek when there are 20 minutes left of the cooking time.

Take up the pork bone, cut off the meat and put it back in the soup.

Add coarsely ground pepper if needed.

Serve the pea soup with flatbread and butter, or serve pancakes and pea soup together for dinner.

## PANNEKAKER (Pancakes)

- 1 cup Flour
- 0.5 tsp Salt
- 2.5 cups Milk
- 3-4 Eggs
- 2-3 tbsp Butter

Mix flour and salt in a big bowl. Add half of the milk and whisk to a smooth batter.

Pour in the rest of the milk, and then add the eggs.

Melt the fat and stir into the batter.

Using cast iron frying pan, add extra butter for frying.

For a normal size pan, use 1/2 cup of batter. The same batter can be used for crepes, use 1/4 cup of batter.

This is a Swedish recipe.



## Why Swedes eat pea soup and pancakes on Thursdays

Pea soup is a relatively common dish, especially in the military and schools. In Sweden, consumption of pea soup has been around at least since the 13th century. Pea soup with pork was one of the author August Strindberg's absolute favorite dishes. "Gudamat" he called it. It is said that King Erik XIV was poisoned by arsenic in pea soup in 1577. It is established that he died of arsenic poisoning but there is no reliable evidence that arsenic was present in pea soup.

An old tradition in Sweden is to serve peas with pork on Thursdays. During Catholic times, Friday was a meat-free day and then you could eat peas with pork as Thursday food in Sweden. Peas with pork or alternatively meat was then already a common dish.

The Catholic bishop Hans Brask had in his household book from the 1520s two weekday pea soups, partly on Mondays (a fasting day, and then served with seal fat that counted as fish) and partly on Fridays (a fasting day and then served vegetarian).

Pizza Grandiosa refers to the most popular brand of frozen pizza in Norway.



Between deep fjords and high mountains on Sunnmøre lies the beach of Stranda. It is here in this unassuming and relatively unknown place that the smell of pizza fills the air — and not just any pizza either. The nation's favorite dish.

At the end of the 1970s, Stabburet's factory in Stranda needed new products, and in came a proposal to start pizza production. According to the "Norwegian pizza lore," the factory manager at Stabburet's factory in Stranda agreed to manufacture frozen pizzas without actually knowing what a pizza was.

Pizza wasn't really well known in Norway in late 1970s to early 1980s.

# Kretsstevne in Person



**Above:**  
Jodi presented Klostersøm and embroideries through the centuries in Norway. She traveled the whole way from Thousand Oaks.

Luella, the President

**Middle:**  
Ulf presented wood carving samples and told about his trip to Wisconsin. Pictures in October newsletter.

**Below:**  
Berit and Tone.  
Joanne checking in with Nancy

*Photos: Miriam and TJ*



*Northern Light over Tromsø  
Contribution: Berit*





# More **Kretsstevne in Person**



**Above:**  
Donna and Joy,  
Frida and Berit

**Middle:**  
Connie and Lee

**Below:**  
Tone, Jodi and Luella serving  
Carlotte, Luella and Jody

Chicken with geitost sauce  
Mashed potatoes  
Sweet and sour red cabbage  
Ice cream and apple pie

Coffee and beverages



**Scandinavian Online Food**  
[www.ScandinavianFoodStore.com](http://www.ScandinavianFoodStore.com)  
[www.ScandinavianButik.com](http://www.ScandinavianButik.com)  
[www.NordicHouse.com](http://www.NordicHouse.com)  
[www.Ingebretsens.com](http://www.Ingebretsens.com)  
[www.ScanSpecialities.com](http://www.ScanSpecialities.com)  
[YummyBazaar.com](http://YummyBazaar.com)



## Solskinn Lodge Officers 2021-2022

### Board of Directors

President	Luella Grangaard	760-363-7704
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-343-0848

### Program Directors

Social Director	Nancy Madson	760-343-0848
Cultural Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-328-1791

### Support Positions

Book Club	Luella Grangaard	760-363-7704
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

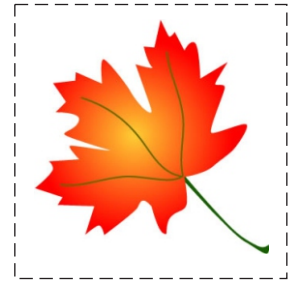
### Financial Benefits

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	<a href="mailto:jdonovaninsure@gmail.com">jdonovaninsure@gmail.com</a>

Solskinn Lodge, #6-150  
Terje Berger  
52705 Avenida Obregon  
La Quinta, CA 92253



Save this stamp  
for Tubfrim



**SONS of  
NORWAY**

***Mission Statement***

***The mission of  
Sons of Norway  
is to promote and to preserve  
the heritage and culture of  
Norway, to celebrate our  
relationship with other Nordic  
countries, and to provide quality  
insurance and financial  
products to its members***