Solskinn Nyhetsbrev

### **October 2021 Newsletter from Solskinn Lodge 6-150**



### Ord fra Presidenten

I hope you all had a great summer,

We just had our September social on Zoom. We had planned to meet in person but last minute issues resulted in the change. However going forward we will meet in person. Our membership has decreased significantly and we really don't have many members that are interested in meeting. So space and social distancing shouldn't be an issue. On that note if you know anyone that would be interested in our lodge activities please invite them to come to an event.

October we are planning a modified Southern California Kretsstevner. We didn't have enough campers to reserve the meeting space so we will do a day event either at the church or at Nancy's barn. Remember this is an event to raise funds for Camp Norge. More information to come.

In addition, instead of October being our Foundation Month, we are going to extend it to a quarter. So we will soon be asking you to bring your fat little COVID Piggies in to raise money for the Sons of Norway Foundation. Also in the Viking Magazine you will find a donation envelope.

Our book group continues to meet regularly and the group had a discussion regarding going to an in-person meeting. The decision was to continue to meet by ZOOM. It is easier and more convenient for most of the regular members to meet by ZOOM. So until further notice we will continue to meet on the airwaves. We have some great selections finishing up the year and I have almost completed our list for 2022. I have a friend from another lodge that is planning on joining our group. Please feel free to ask members from other lodges or friends who may be interested in the books we read to join us. All are welcome. Christmas we are planning a special Christmas dinner. Hopefully you will plan to attend. More to come on that event. We look forward to visiting in person soon for some of our events.

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Next Board Meeting October 12, 2021 at ZOOM ZOOM Link will be sent prior to the meeting

Book Club meets every 3rd Thursday of the month Board meeting every 2nd Tuesday of the month

Arts & Craft Club have been put on hold until October

### Leif Erikson Day October 9

### **Social Meetings Schedule**

Saturday	Oct 16	Kretsstevne at Hope Lutheran Church. See attached flyer.
Saturday	Nov 20	Viking meal
Saturday	Dec 11	Christmas program
Saturday	Jan 22	"Frokost" (Late breakfast)
	-	Cooking demonstration
Saturday	Feb 26	Genealogy.
		Soup & Salad
Saturday	Mar 26	Program about meatballs. Bingo
		Meatball dinner
Saturday	Apr 23	Fish social
		Fish gratin, lutefisk and cod
Saturday	May 21	May 17. Hotdogs and ice cream

All social meetings will be in Hope Lutheran Church

All meetings and location are subject to changes.

Fraternally, Luella



### Birthdays in October/November

October 7	Ann Linda Dew
October 10	Carole Faye Olson
October 16	Donald H Waldeland
October 21	Terje Berger
October 29	Sharon Lokke
November 7	Gro M Kleitsch
November 20	Diane Elaine Farber
November 29	Kathy Regner

### For your bucket list



Trolltunga ("Troll tongue") is a rock formation situated about 1,100 metres (3,600 ft) above sea level in Ullensvang Municipality in Vestland county, Norway. The cliff juts horizontally out from the mountain, about 700 metres (2,300 ft) above the north side of the lake Ringedalsvatnet.

Popularity of the hike to Trolltunga and rock formation itself has exploded in recent years. The increased popularity has turned Trolltunga into a national icon and a major tourist attraction for the region. Until 2010, fewer than 800 people hiked to Trolltunga each year. In 2016 more than 80,000 people hiked the 27-kilometre (17 mi) round-trip from the village of Skjeggedal, making it one of Norway's most popular hikes.

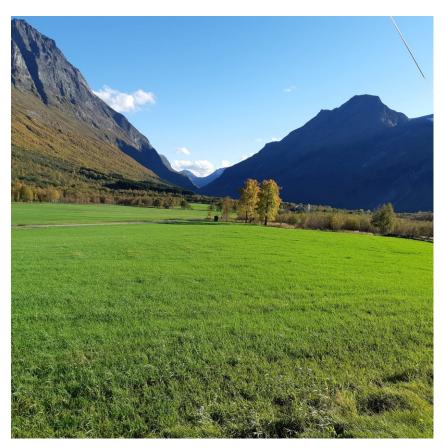
This is a very challenging hike, at least 10 hours on rough terrain. There are no shelters on the hike route and no places to buy supplies. However, there is a plan to build a lodge roughly halfway where hikers can rest.



Editor for Solskinn Nyheter (Sunshine News) Terje "TJ" Berger 760.799.6660 Send pictures, ideas, articles to solskinn150@gmail.com

Solskinn Lodge				
Website:	solskinn.sofn6.org			
Facebook:	Solskinn Lodge, Sons of Norway 6-150			
Email:	Solskinn150@gmail.com			
Sons of Norway				
Website:	sofn.org			
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Sons of Norway, District Six				
Website:	sofn6.org			
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### The Beautiful Norway



Når været er som i dag, kan eg godt seie: Eg velger meg september. When weather is like this today, I can well say: I choose September.

The fields of Løvoll farm, in Eidsdal, Sunnmøre. Photo and Nynorsk by Per-Arne Løvoll. The mountain in the very back is south of Geiranger

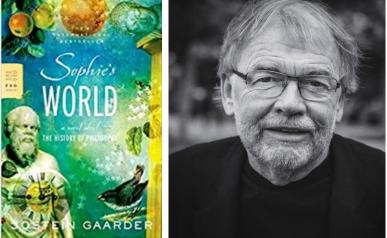
## **BOOK CLUB**

### **October Book**

Old World Murder by Kathleen Ernst

ZOOM Meeting Thursday, September 16, at 4PM *We love to see you!* 





October "Sophie's World"-Jostein Gaarder

A page-turning novel that is also an exploration of the great philosophical concepts of Western thought, *Sophie's World* has fired the imagination of readers all over the world, with more than twenty million copies in print.

One day fourteen-year-old Sophie Amundsen comes home from school to find in her mailbox two notes, with one question on each: "Who are you?" and "Where does the world come from?" From that irresistible beginning, Sophie becomes obsessed with questions that take her far beyond what she knows of her Norwegian village. Through those letters, she enrolls in a kind of correspondence course, covering Socrates to Sartre, with a mysterious philosopher, while receiving letters addressed to another girl. Who is Hilde? And why does her mail keep turning up? To unravel this riddle, Sophie must use the philosophy she is learning—but the truth turns out to be far more complicated than she could have imagined.



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Free access thru The Legal Deposit Act.

### **2021 BOOKS**

Take a look at this year's list.

Nov Anxious People: A Novel by Fredricks BachmanDec The Nordic Theory to Everything by Anu Partanen

Jostein Gaarder was born 1952 in Oslo into a literary family. His mother, Inger Margrethe Gaarder, was a children's book author and principal. His father, Knut Gaarder, was also principal. Jostein Gaarder has a master's degree. from the University of Oslo, and he taught for a few years in upper secondary school, before he in 1981 was hired as a teacher of philosophy at Fana Folkehøgskule (Adult Education Center). He was employed there until 1991, and has since lived off the writing profession.

Gaarder's literary breakthrough came with the Mystery of the Cabal in 1990. The book contains several of the elements that have since become characteristic of Gaarder's publications, such as the wonder of life's big questions, and a structure of the text with several stories-in-the-story. The pattern is most evident in the Mystery of the Cabal, Sofie's World and the Christmas Mystery.

His best-known work is the novel Sofie's World, "a novel about the history of philosophy". The novel has been translated into 60 languages and has around in 30 million copies in print. The book is filmed, made into musicals, board games and CD-ROMs, and was the world's best-selling novel in 1995. Sofie's World was once written as a "comment" on the Mystery of the Cabal, or as the author himself puts it: "When the main character in the Mystery of the Cabal, Hans Thomas, returns home from his journey, I thought he might go to the library to find one book that could explain all the philosophical questions to him. But that book did not exist, so I made it ».

For several years, Gaarder has been involved in, among other things, the environment and human rights. In 1997, he founded the Sofie Prize together with his wife, Siri Dannevig. The foundation that awarded the prize was founded at the same time as the Sofie Foundation, but in 2010 changed its name to the Sofie Prize. The winner received 100,000 US dollars. This prize was awarded annually to people who had made a significant contribution to the environment and development.

Gaarder was appointed Commander of the Order of St. Olav in 2005, and in December of the same year he was appointed Honorary Doctor at the University of Dublin, Trinity College.

From Wikipedia

Nov Anxious People: A Novel Book by Fredericks Bachman

# Famous Norwegian-AmericanPriscilla Presleyher, but by the end of th<br/>to compose himself.



startsat60.new

Priscilla Ann Wagner was born at Brooklyn Naval Hospital in Brooklyn on May 24, 1945. Her maternal grandfather, Albert Henry Iversen, was born in Egersund, Norway. He emigrated to the United States, where he married Lorraine, who was of Scots-Irish and English descent. Their only daughter was Anna Lillian Iversen. Later she was called (or her name was changed to) Ann. She gave birth to Priscilla at the age of 19.

Priscilla's biological father was US Navy pilot James Wagner, son of Kathryn and Harold Wagner. On August 10, 1944, at the age of 23, he married Priscilla's mother; they had been dating for more than three years. He was killed in a plane crash while returning home on leave when Priscilla was six months old.

In 1948, Ann Wagner had met a United States Air Force officer named Paul Beaulieu, from Quebec, Canada. The couple were married within a year and he took over raising Priscilla. She took his surname, and over the next few years, helped care for the growing family as his Air Force career moved them from Connecticut to New Mexico to Maine. She described herself during this period as "a shy, pretty, little girl, unhappily accustomed to moving from base to base every two or three years." Priscilla later recalled how uneasy she felt having to move so often, never knowing if she could ever make friends for life, or if she would fit in with the people she would meet at the next place.

In 1956, the Beaulieus settled in Del Valle, Texas, but soon her stepfather was transferred to Wiesbaden, Germany. Priscilla

was "crushed" by this news, as just after junior high, her fear of having to leave friends behind and make new ones was once again justified.

On September 13, 1959, during Elvis Presley's Army career, he met Priscilla at a party at his home in Bad Nauheim, Germany. At the time, she was only 14 years old and he was 24, but Priscilla married Elvis eight years later when she was 21 years old. Some allege Elvis regressed to acting like an "awkward, embarrassed" boy-next-door figure in front of her, but by the end of the evening, however, he managed to compose himself.

Hal B. Wallis, a Hollywood producer who had financed many of Elvis' earlier films, had shown an interest in signing Priscilla to a contract. Elvis, however, had no intentions of allowing his wife to have a career of any kind; in his opinion, albeit a very common one at the time, "a woman's place was in the home looking after her man". Priscilla had shown an interest in dancing and modeling, but her knowledge of Elvis' stance meant that she kept them as hobbies instead of pursuing them as careers. She did get the opportunity to model for a local store once, but when Elvis heard about it, he asked her to give it up.

In 1988, Presley starred opposite Leslie Nielsen in The Naked Gun: From the Files of Police Squad! as Jane Spencer. Presley would go on to act in the next two movies in the series: The Naked Gun 2+1/2: The Smell of Fear (1991) and Naked Gun 33+1/3: The Final Insult (1994). In the late 1990s, she made guest appearances on a number of television series, including Melrose Place, Touched by an Angel, and Spin City.

Priscilla was the daughter of James Frederick Wagner, (b.1921, Pennsylvania, d. 1945 in a plane crash) and Ann Lillian Iversen (b.1926 in New London, CT, d.2021 in Syracuse, NY). Priscilla's grandparents, Albert Henry Iversen (b.1899 in

Egersund, Rogaland, Norway, d. 1971 in Rocky Hill, Hartford, CT) and Lorraine Davis (b. 1903 in Connecticut, d. 1984 in New London, CT), of Scottish-Irish, English heritage.

Albert Henry Iversen immigrated 1905 with his parents. He joined the US Marine Corpse. The family lived in New London County, Connecticut.

Priscilla's mother keep contact with relatives in Norway, and she and her husband visited Norway in 1992.



From Wikipedia and Myheritage

Lorraine Iversen, Geni.com

Scandinavian Food www.ScandinavianFoodStore.com www.ScandinavianButik.com www.NordicHouse.com www.Ingebretsens.com www.ScanSpecialities.com YummyBazaar.com The world's richest sea is outside northern Norway, and they have been exporting fish for a thousand years. It characterizes both everyday life and history for the people along the coast of northern Norway.

The more barren the country becomes to the north, the richer the sea becomes. 1000 years ago, the export of protein-rich stockfish began to Central and Southern Europe, where Catholics were to eat fish during Lent. Then began an explosive growth along the coast. The Reformation, the Thirty Years' War and competition from Newfoundland led to a decline in the period 1600-1800, but from the 19th century the coast has been growing. Today, fish is still the country's most important export item after oil.

For many thousands of years, the Norwegian-Arctic cod has migrated from the Barents Sea past Western Finnmark, Troms and Vesterålen to the warm spawning waters in Lofoten just after Christmas, which is the basis for the world's largest cod fishery. In the spring, the young cod follows the capelin on its way to the Finnmark coast, the Finnmark fishery. The fishermen along the entire coast came to participate in these seasonal fisheries. The rest of the year they fished in domestic waters, often in combination with a little simple farming.

## Trading fish

A fembøring is an open, clinker-built, wooden boat of the Nordland or Åfjord type, with similar proportions and appearance as smaller boats of the type (such as faerings). Fembørings traditionally are constructed of fir or pine, are rowed or sailed, and were used as fishing boats.



## Camp Oldfjell

Nancy and I went on a road trip to Camp Oldfjell, which took place at the District Six Recreation Center Camp, Camp Norge. Seventeen adults from District Six lodges attended classes on Hardanger, tablet weaving, rosemaling, Norwegian cooking, klosterom, nålbinding, genealogy, needle work and after classes a chance to dance.

It was so great to get away and relax in the Sierra Mountains at Camp Norge. I went on a couple of short hikes. I visited a lot with my friends that I hadn't seen in person in over two years. I actually talked a lot. It was almost embarrassing how much I talked. I just missed everyone. Zoom really doesn't make up for the person to person connection. I didn't attend any classes. I was just there really for one day and observed classes and ate. Our cook was Kirby Aasen from Vikings of Lake. He also cooks for the kids' camps.

Nancy Madson, from our lodge taught Hardanger to a group of ladies. She also took a class on Klosterom. I was able to listen to part of this presentation. It was very interesting. We asked the speaker if she could present at our October meeting. Hopefully she will be able to attend that meeting.

The cooking class made spritz and krumkake. The spritz was wonderful. Good thing I was only there for the day. Otherwise I would have had to roll home. I love the buttery taste of spritz.

I encourage you next year to attend camp. It is just like camp for kids, you make lifelong friends and learn about our Norwegian culture and heritage.

Submitted by Luella Grangaard











## Woodcarving in Wisconsin





Finally, we got there. We booked in February, and arrived Sept.25<sup>th</sup>. We flew in thru Minneapolis and rented a car for going to Baronet, Wisconsin, about 110 miles.

We were met by the host for the 5 days carving, Else, she was from Aalesund, Norway and her husband Phil Bigthon. They were our teachers and instructors during the time at their farm.

The carving group included 6 women and 7 men. Almost everyone with many years of experience in carving, two of the men and one woman had been there 15 times. They come from different places,

Wisconsin, Illinois, Colorado, Indiana and Arizona. It was a fantastic week, picked up many good tips for improving my own carving. The enjoyment of the group and the surroundings was very inspiring. We are definitely planning to go back next year in September.

Sharon and Ulf Lokke



Fårikål

### Fall is lamb and mutton season. Ribs are prepared for Pinnekjøtt. Time to make Får-i-kål (Lamb in cabbage)

How to make the perfect Fårikål

Cook the dish rather longer than shorter time. The meat shall fall off the bones to taste good.

If you want a thicker sauce, put a table spoon of flower between each layer.

Fårikål taste better the next day, so make a lot.

You only need meat, cabbage, peppar, salt and water. The meat can be from lamb or mutton.

### Recipe for classic Fårikål (4 persons)

- 4-5 lbs Lamb or Mutton meat with bones
- 4 lbs Cabbage
- 3 tbsp Whole black peppar
- 2 tsp Salt
- 0.3 qt Water

Use a large pot. Place about half of the meat in the bottom with the fat side down.

Divide the cabbage in smaller pieces and place over the meat and sprinkle with peppar and salt. Repeat until all meat and cabbage is in the pot.

Fill the pot with water and make it boil with the lid on. Turn down the heat and let the dish steam cook for 2-3 hours. When the meat fall of the bones, it is ready to eat.

Servs with steamed potatoes, lingonberry and the liquid from the bottom.

From COOP.No



### Social on ZOOM, September 25

Because of COVID we moved the meeting from Hope Lutheran Church to ZOOM.

Luella presented a slide show from a bus tour in Norway, long time ago. Pictures from Lom, on the way to Geiranger and Dalsnibba. She also visited Sognefjorden and Rjukan in Telemark.

### From top:

Luella Grangaard, Lodge President Tone Chaplin, Lodge Secretary LaRee Opdahl, Minnesota Charlotte Larsen, Sunshine Director Vaughn Simon, former Lodge Officer TJ Berger, Lodge Vice President











Do you know anyone who wants to learn more about Norway and Sons of Norway? Send us the email address or mailing address and we will mail the newsletter. Share it with your friends.

### Solskinn Lodge Officers 2021-2022

#### **Board of Directors**

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### **Program Directors**

Social Director Cultural Director Sunshine

Luella Grangaard Terje Berger Ulf Lokke Tone Chaplin Nancy Madson

Nancy Madson

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760-363-7704 760-799-6660 760-808-5403 760-408-9170 760-343-0848

760-343-0848

760-363-7704

760-328-1791

**Support Positions** 

Editor, Webmaster

Book Club

Musician

Librarian

Photographer

### **Financial Benefits**

James Donovan, FIC, CSA

Luella Grangaard 760-363-7704 760-799-6660 Miriam Hendrix

Terje Berger

Terje Berger

Corinne Bjerke

Cell: 760-276-5529 Office: 760-440-9905 jdonovaninsure@gmail.com Solskinn Lodge, #6-150 Terje Berger 52705 Avenida Obregon La Quinta, CA 92253



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### **Mission Statement**

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members