

Solskinn Nyhetsbrev

August 2024 Newsletter from Solskinn Lodge 6-150



**SONS of
NORWAY**

Solskinn Lodge 6-150



Ord fra Presidenten

What a great and exciting Convention. Thirty-four of our forty-three lodges sent delegates to Las Vegas, Nevada, for the Biennium District Six Convention and Lodge meeting. The theme of the convention was “Viking Vision”. The theme was

highlighted by the cohosting lodge, Vegas Viking Lodge, and the District Board. Day one was a heavily Viking-themed day of education on Vikings. Including “The Viking Impact on the World,” “The Real Valkyrie,” “History of Norwegian Architecture,” Viking Literature, Viking Textiles, Viking Weapons, and Viking Astronomy. The finale of the day was a Viking meal with a battle demonstration.

On Saturday, we had leadership training sessions, and district lodges presented materials to their success. The afternoon, they included a memorial service, the convention's opening, and a state-of-the-union address by yours truly. Sunday was the bulk of the business.

Thank you to our delegation, TJ, Ulf, and Ronna. And thank you to Nancy Madson, our lodge treasurer and our District Six Secretary, who had many responsibilities at the convention. And thanks to Vegas Viking Lodge and the District board for a successful convention. The next convention for 2026 is planned for Sacramento, California.

I hope you all have a great summer break and a chance to escape the heat.

I look forward to seeing you at our next social on September 24.

Fraternally,
Luella

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Next Social: September 28

Sheep, wool felting
Får-i-kål,
a dish made of mutton and cabbage

Be aware of scam and phishing.

Phishing: An email sent by fraudsters claiming to come from a legitimate source. The email lures the victims into the scam with a variety of ruses such as enticing victims to provide sensitive information.

• terjeberger,Your Netflix account will be deactivated today Wed,26 Jun-2024



Payment Declined

From: a@hdu.excdpanserts.com
To: terjeberger@yahoo.com



Do you recognize the email address?
Coming from Netflix?

Solskinn Nyhetsbrev



Happy Birthday

Birthdays August 2024 - October 2024

Joanna Ibsen	August 5
Gunhild Cross	August 8
Frida Ann Jorgensen	August 14
Joy Rogers	August 21
Sharon Cohen	August 27
Nancy Madson	September 1
Janet Halverson	September 2
John C Strom	September 3
Constance C Fleischner	September 9
Bobby C Hendrix	September 12
Edward Karlsen	September 17
Berit Reistad	October 5
Ann Linda Dew	October 7
Donald H Waldeland	October 16
Terje Berger	October 21



H An official holiday.
Similar to federal holiday.
F Official Flag Day.

Norwegian Flag Days, Holidays and Days of Observance

Aug 19	Crown Princess Mette-Marit (1973) F
Sept 22	Høstjevndøgn (Equinox)
Oct 24	United Nation Day
Oct 27	Bots- og Bededag Day of Repentance and Prayer
Oct 27	End of Summer Time
Oct 31	Halloween
Nov 3	Allehelgensdag All Saints' Day (More on page 4)

Editor for Solskinn Nyheter (Sunshine News)
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Solskinn Lodge

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Email: Solskinn150@gmail.com

Sons of Norway

Website: sofn.org
Facebook: Official Sons of Norway Facebook Group

Sons of Norway, District Six

Website: sofn6.org
Facebook: Sons of Norway District Six

Social Calendar for 2024-2025 Season

Always a Saturday. Social at 11:00 AM

September 28	Sheep, wool felting Får-i-kål, a dish made of mutton and cabbage
October 18-20	SCK Kretsstevne i Banning
November 16 or 23	L'Anse aux Meadows, Canada Viking food
December 14	Christmas, Sing-a-long and Gift Exchange Catered food
January 25	Vafler and lefse demonstration Brunch (Norwegian breakfast)
February 22	Salmon fishing, wild caught or farming Salmon
March 22	Hardanger, demonstration and display Traditional open face shrimp sandwiches Cost: Members \$15.00, Guests \$20.00
April 26	World War II. The King's Escape Soup & Salad
May 17	Syttende Mai Hot Dogs and Bløtekake Cost: Members \$5.00, Guests \$10.00
June 28	Bar-b-Que in Morongo Valley Bring your own food to be grilled
Cost	General Cost Members \$10.00, Guests \$15.00

BOOK CLUB

August Book

Berlin Poplar
by Anne Ragde

ZOOM Meeting

Thursday, August 15 at 4PM

September Book

A House in Norway
by Vigdis Hjort

ZOOM Meeting

Thursday, Sept 19 at 4PM

October Book

Operation Napoleon
by Arnaldur Indroason

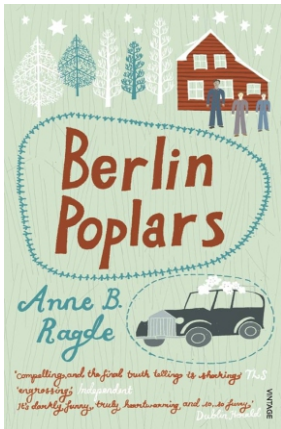
ZOOM Meeting

Thursday, Oct 17 at 4PM

Updated book list
on page 4

Want to join? Send an email to Luella.morongo2@verizon.net

August 2024



Just before Christmas on a farm in Northern Norway, 80-year-old Anna Neshov, matriarch of a troubled family, is taken gravely ill. Her three sons have been quietly immersed in their work: one an undertaker, one a window-dresser, and the eldest

running the family farm, but now they are forced to reunite for the first time in many years. Their personalities are as disparate as their careers, and tensions mount from the second they meet, climaxing over Christmas dinner when the matter of

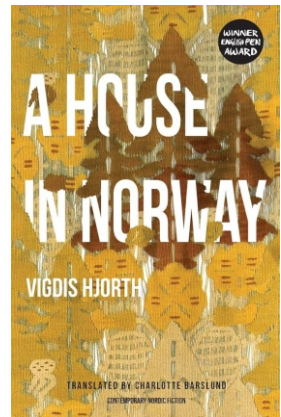
inheritance prompts the revelation of disturbing family secrets. Anne B. Ragde has created an engrossing dark comedy brought vividly to life through extraordinary characters. While perfectly in tune with their professions, the Neshov sons as a family are a little short of dysfunctional; nevertheless, the actual theme of the novel is a sense of belonging. The farm itself defines this, with its power to draw people back to their roots, whether they like it or not.

Anne Birkefeldt Ragde was born in 1957 in Odla and made her literary debut in 1986 with the children's book *Hallo!* Her er Jo! Since then, she has written several books for children and young adults, among them a biography about Sigrid Undset, for which she was awarded the Brage Prize. Her first novel for adults, *En tiger for en engel* was published in 1990. She has since written several novels, crime novels, and short story collections. Her



novel *Berlin Poplar* received a warm welcome from both readers and critics and has so far sold more than 250,000 copies in Norway and has been translated into more than 15 languages. It was reviewed favorably by the *Financial Times* on 28 April 2008. The sequels *Hermit Crabs* and *Pastures Green* were no lesser success, although neither has been published in English. The trilogy has been made into a TV series, which had more than 1 million viewers when shown on Norwegian Television.

September 2024



A House in Norway tells the story of Alma, a divorced textile artist who makes a living from weaving standards for trade unions and marching bands. She lives alone in an old villa, and rents out an apartment in her house to supplement her income. She is overjoyed to be given a more creative assignment, to design a tapestry for an exhibition to celebrate the centenary of women's suffrage in Norway, but soon finds

that it is a much more daunting task than she had anticipated. Meanwhile, a Polish family moves into her apartment, and their activities become a challenge to her unconscious assumptions and her self-image as a good feminist and an open-minded liberal. Is it possible to reconcile the desire to be tolerant and altruistic with the imperative need for creative and personal space?

Vigdis Hjort, born 1959, grew up in Oslo, and studied philosophy, literature and political science. In 1983, she published her first novel, the children's book *Pelle-Ragnar i den gule gården*, for which she received Norsk kulturråd's debut award. Her first book for an adult audience was *Drama med Hilde* (1987). *Om bare, 2001* (English title *If Only*) is considered her most important novel, and a roman à clef.

Hjorth has mentioned Dag Solstad, Bertold Brecht and Louis-Ferdinand Céline as important literary influences. Hjorth has three children and lives in Asker.





The Lego Movie (2014)

Who hasn't played with Lego pieces.
English voices and subtitle



Prince Carl of Denmark (King Haakon 7th of Norway) and Princess Maud's wedding at Buckingham Palace. Marriage on July 22, 1896. Painting completed 1897, by the Danish painter Lauruts Tuxen (1853-1927). The wedding was held at the Private Chapel at Buckingham Palace.

The bishop standing over Prince Carl's left shoulder is Frederick Temple, then Bishop of London, soon to be Archbishop of Canterbury, to his left, E W Benson, the Archbishop of Canterbury, who died sudden that autumn.

Book list 2023-2024

August
Berlin Poplars by Ragde, Anne
September
A House in Norway by Vigdis Hjorth
October
Operation Napoleon by Arnaldur Indroason
November
Secrets of the Sprakka by Eliza Reed
December
And Every Morning the Way Home Gets Longer and Longer by Fredrik Backman



All Saints' Day

All Saints' Day, also called Holy Mass and Alder Mass (Latin: Festum Omnium Sanctorum), is a holiday marking and feast for all those saints whose names are not known. The Christian holiday, which in modern times is the first Sunday in November, is often marked by candlelight on the graves of deceased relatives.

On the primstaff, All Saints' Day is marked on 1 November, with a cross or an inverted ship. It is celebrated on the same date in the Catholic Church and in some Anglo-Saxon countries. In Orthodox tradition, All Saints' Day is celebrated on the first Sunday after Pentecost.

In Denmark-Norway, the day was abolished as a public holiday in 1771 with the public holiday reduction of 1770. After this, the day was regarded in many places as a dot day, a "half-holiday" when the servants were supposed to have time off and the least possible was to be done. In the Norwegian Church, All Saints' Day is marked on the first Sunday in November.

The tradition of dressing up on Halloween, which comes from All Hallows Eve, can be traced back to the Celtic Samhain. Samhain, Sauin or Oíche Shamhna is a Gaelic festival on November 1 marking the end of the harvest season and beginning of winter or "darker half" of the year. It is also the Irish language name for November. Celebrations begin on the evening of October 31, since the Celtic day began and ended at sunset. This is about halfway between the autumnal equinox and winter solstice. It is one of the four Gaelic seasonal festivals along with Imbolc, Bealtaine, and Lughnasa. Historically it was widely observed throughout Ireland, Scotland, and the Isle of Man. A similar festival is held by the Brittonic Celtic people, called Calan Gaeaf in Wales.

Swedish-American History

NEW SWEDEN



New Sweden was a Swedish colony along the Delaware River on the mid-Atlantic coast of North America from 1638 to 1655. Fort Christina, now in Wilmington, Delaware, was the first settlement. New Sweden consisted of parts of the present-day US states of Delaware, Maryland, New Jersey, and Pennsylvania. In addition to Swedes and Finns, there were many Dutch people. Some Germans also came as soldiers in the Swedish army.

During the Thirty Years' War, Sweden had an ever-increasing need for income to finance campaigns. One way out was to subjugate areas where Sweden could get privileges on trade and customs collection; this was initially particularly effective in Northern Germany and the Baltics. An alternative that many countries tried in the 17th century was to acquire overseas colonies. In 1636, a Swedish-Dutch company was formed to establish Swedish colonies and trading posts in North America. It was financed by Dutch merchants and noble Swedes. The establishment was a paradox since the Swedish colonies in North America came to be in conflict with the Dutch.

The company sent two ships, with crews of Swedes and Dutch. The leader of the expedition was the Dutchman Peter Minuit, who was well known in North America and who, in 1624, bought Manhattan from the Indians for some clothes, some glass beads, and a bottle of brandy.

After a transatlantic voyage, the expedition arrived in 1638 and negotiated the purchase of land from the Indians along the Delaware River. This land, which they named New Sweden or Nova Suecia, became the site for their first settlement. The expedition, understaffed as it was, relied heavily on cooperation with the Indians. A fort was constructed at Minquas Kill, much to the chagrin of the neighboring Dutch colonists. This fort was named Fort Christina, in honor of the then Swedish queen.



The design and colours of the Swedish flag are believed to have been inspired by the present coat of arms of Sweden (Three Crowns) of 1442, which is blue divided quarterly by a cross pattée of gold. Blue and yellow have been used as Swedish colours at least since Magnus III's royal coat of arms of 1275.



Christina (1626–1689) was the reigning Queen of Sweden from 1644 to 1654. She was the daughter of King Gustav II Adolf of Sweden and Maria Eleonora of Brandenburg, and inherited the throne when her father fell in the Battle of Lützen on 6 November 1632. Kristina first ruled under guardianship, and became the crown on 20 October 1650. She abdicated the crown on 6 June 1654, then converted to Catholicism and through the rest of her life to religion and science.

Famous Norwegian

Who is Jens Stoltenberg

Jens Stoltenberg (born in Oslo on 16 March 1959) is a Norwegian politician and NATO Secretary General since 1 October 2014. From 2000 to 2001 and from 2005 to 2013 he was Prime Minister of Norway. He comes from a true political family. His father, Thorvald Stoltenberg, was Secretary of Defense and of Foreign Affairs and top United Nations officials. His mother Karin Heiberg was Secretary of State. Like their son, both were the Norwegian Workers' Party.

Career

Stoltenberg began his career in the youth movement of the Workers' Party (Arbeiderpartiet). At the age of 21 he was already asked to become State Secretary in the cabinet of Gro Harlem Brundtland. She saw Stoltenberg as a potential successor. After her resignation, he also tried to become party leader of the Norwegian Workers' Party, but lost the battle of Thorbjorn Jagland.

In 1993 he became minister in Jagland's cabinet, first at the important Ministry of Economy and Energy, later as Minister of Finance. After the 1997 elections, the Labour Party ended up in opposition. Stoltenberg became party leader of the party in the Storting, the Norwegian

parliament.

First term as prime minister

After the fall of the minority cabinet of Bondevik in March 2000, Stoltenberg's cabinet was also a minority cabinet. In the 2001 elections, the Workers' Party suffered major losses, allowing Bondevik to form a government again.

Second term as prime minister

In the elections in September 2005, the Labour Party took a major victory. The party had indicated before the elections that he wanted to form a coalition with the Left Socialists and the Center Party. In the elections, the three together achieved a narrow majority in the Norwegian parliament. On 17 October, Stoltenberg re-entered as Prime Minister of a coalition cabinet.

Secretary-General NATO

On 28 March 2014, the foreign ministers of NATO member states appointed NATO Secretary-General of NATO as successor to the Danish Anders Fogh Rasmussen as his successor to the Danish Anders Fogh Rasmussen. After his term of office had already been extended several times, it was announced in 2023 that he will remain in his position until 2024.



Arbeiderpartiet

Text and Images: Wikipedia

Who is who on page 8 and 9

Page 8

Camp Norge /Century Club Table

Solskinn Lodge delegates

Ronna Clymens, Ulf Lokke, TJ Berger

Table decoration with rosemary from Luella's backyard.

Award winners from Zone 6 with

Director Maury Hill

Connie O'Brian, Minnesota Vikings

Pagan priest (TJ), and the Award

Vegas Vikings' Ship

Luella a Saturday night

Pretty ladies from the Solskinn Lodge

Luella with answers to difficult questions

Solskinn Lodge's Viking ship

Page 9

Lis Barca (District President), Janie Kelly (The Parliamentarian) and Luella Grangaard.

Zone directors surround the District Six board.

Ordinary business

Ordinary salad

Flag guard from Las Vegas

Luella and Nancy with Lis Barca



Solskinn Foundation Christmas quilt.

Tickets \$1.00 each. The drawing will be at the Christmas social in December.

Please help support the Sons of Norway Foundation.

If you would like to purchase tickets by mail, make the check out to Solskinn Lodge.

Mail to
Luella Grangaard,
PO Box 832
Morongo Valley, CA
92256

Swedish Food

Swedish Tosca Cake

A simple, moist yellow cake topped with a layer of crispy caramel and almonds

Needed

9-inch spring form pan

Ingredients

For the cake

1/2 cup Unsalted butter
1/4 cup whole milk
1 cup + 2 tbsp all-purpose flour
1/2 cup + 2 tbsp almond flour
1 + 1/2 tsp baking powder
1/2 tsp fine salt
3 large eggs
3/4 granulated sugar
1 tsp vanilla extract

For the topping

1/4 cup unsalted butter
3/4 cup sliced almonds
1/8 tsp fine salt
1/2 cup sugar
1/2 cup heavy whipping cream
Flaky sea salt or Maldon salt, for sprinkling
Whipped cream for serving optional

Instructions

1. Warm butter in a saucepan over low heat or in the microwave until butter is melted. Add milk. Stir and set aside to cool.
2. Set the oven rack in the middle position and preheat oven to 350 degrees. Butter and flour a 9 inch spring form pan and set aside.
3. Whisk flour, almond flour, baking powder and salt in a medium bowl until fully combined. Set aside.
4. In the bowl of a stand mixer fitted with the paddle attachment, beat eggs and sugar together on medium high speed until light in texture and pale yellow in color, about 2-3 minutes. Reduce speed to low and add vanilla.
5. Leave mixer speed on low and add 1/3 of the cooled butter and milk mixture followed by 1/3 of the mixture until just combined. Repeat the process two more times ending with final 1/2 of the mixture.
6. Transfer the cake batter to prepared spring form pan. Bake until golden brown and a tester poked into the center of the cake comes out clean, 35-45 minutes. Leave the cake in the pan and set it aside to cool slightly.
7. While the cake is cooling, make the topping. Set the oven



to broil and make sure the oven rack is still in the middle position. Melt butt in a medium skillet over medium heat. Add almonds and fine salt and saute until the almonds are just beginning to brown. Add the sugar and cream. Bring it to a boil, stirring constantly. Boil until the mixture is slightly darker tan in color and it starting to thicken, about 2-3 minutes.

8.

Pour the topping over the cake and broil until topping is nicely browned and bubbly. Keep a very close eye on it! This will happen in only a minute or so. Leave the oven door propped open so you can make sure it doesn't get too dark. Remove from the oven. Sprinkle with sea salt. Allow the cake to cool in the pan.

9.

Before serving, run a knife in between the cake and the edge of the pan to make sure that it is not sticking before removing the sides of the spring form pan. Cut into wedges and serve with whipped cream if desired.

Text from True North Kitchen

Image from ICA

What is *fika*? By definition, it is coffee with snack, usually something sweet or a savory lunch item. But it's also so much more. It is both a noun and a verb.

Coffee has a rich history in Sweden, where it is enjoyed throughout the day, wrapped up in social customs and complementary to the country's culinary tradition. Fika (pronounced fee-ka) is the pause that maintains that history, a coffee-fueled siesta among coworkers and friends. It's a social, energizing, meditative, moderately indulgent, and culturally revered pastime that is reflected in other coffee cultures around the world—including the wider specialty coffee culture. But—and this might be a craving for saffron cake talking—the Swedes do it best.

From the convention in Las Vegas



Picture descriptions on page 6



From the convention in Las Vegas



Picture descriptions on page 6



Solskinn Lodge Officers 2023-2024

Board of Directors

President	Luella Grangaard	760-285-9430
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-238-8819

Program Directors

Social Director	Nancy Madson	760-238-8819
Assisting Social Director	Joy Rogers	760-821-3497
Cultural Director	Luella Grangaard	760-285-9430
Sunshine	Joy Rogers	760-821-3497

Support Positions

Book Club	Luella Grangaard	760-285-9430
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

Insurance Professional

James Donovan, FIC, CSA	Cell: 760-276-5529
	Office: 760-440-9905
	jdonovaninsure@gmail.com

Solskinn Lodge, #6-150
Terje Berger
52705 Avenida Obregon
La Quinta, CA 92253



Mission Statement

*The mission of
Sons of Norway
is to provide quality insurance
and financial support to our
members, promote and preserve
the heritage and culture of
Norway, to celebrate our
relationship with other Nordic
countries, and to provide quality
insurance and financial
products to its members*