

# Solskinn Nyhetsbrev

March 2022 Newsletter from Solskinn Lodge 6-150



Solskinn Lodge 6-150



## Ord fra Presidenten

March is all about kjøttkaker!!!

What am I talking about? Our March social is about one of our favorite Norwegian meals the "Meat ball" (kjøttbølle) or meatballs (kjøttkaker). Did you have meatballs for Christmas as a kid and still do? Often with Lutefisk. Did you enjoy your meatballs with Lingonberry (tyttebærsyltetøy) or ketchup? Do you like brown gravy or white gravy? Do you add gjetost to your gravy? Are they made with just beef or a combination of beef, pork and veal? Do you like your meatballs with lefse? Or are mashed potatoes or red potatoes are a must? What is your pleasure? What do you use for the binder, crackers or bread? I remember my mom telling me a story about when my Grandma Grangaard taught her how to make meatballs the bread was used as a binder and it was soaked in milk prior to use. It was a big deal when this secret was shared.

Check out this link with Guy Fieri from Diners, Drive-Ins and Dives trying a Norwegian meatball wrap.

[Guy Fieri Tries a Norwegian Meatball Wrap | Diners, Drive-Ins and Dives | Food Network - Bing video](#)

Do you remember when years ago we had a meatball contest and the winner was the meatballs from Costco. Next were the meatballs from Lavonne Wisler that had Gjetost in the gravy and were homemade. We all have a preference. And then there are always Italian meatballs a whole different type.

However you make your meatballs this is a favorite family dish of many of use. Come to the social and share your memories of meatballs.

### Dad joke a la meatball

*I was recently out with some friends at a buffet restaurant. I ate this **Swedish** meatball and said, "This tastes more **Norwegian** to me." My friend replied immediately, "How could you possibly know that?" I replied, "I was going to tell you, but you didn't let me **Finnish!**"*

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**SONS of  
NORWAY**

District 6

District Convention  
June 2-5, 2022,  
Mesa, Arizona



*Bingo & Meatballs*  
**MARCH 26**



### Social Meetings Schedule

- |          |        |  |
|----------|--------|--|
| Saturday | Mar 26 | Program about meatballs.<br>Bingo. Meatball dinner |
| Saturday | Apr 23 | Fish social<br>Fish gratin, lutefisk and cod       |
| Saturday | May 21 | May 17.<br>Hotdogs and ice cream                   |

All social meetings will be in Hope Lutheran Church.  
All meetings and location are subject to changes.

# Solskinn Nyhetsbrev

# Happy Birthday



## Birthdays in March/April

- March 4 Beryl A Waldeland "85"
- March 14 Margit F Chiriaco Rusche
- March 22 Heidi Idunn Olson-Hartley
  
- April 3 Sandra K Kenney "85"
- April 5 Svein Olav Stokke
- April 12 Colin Brown
- April 12 Dale Arthur Evenson
- April 17 Lonnie Mills



- March 27 Sommertid (Daylight Saving)
- April 17 Easter Sunday (Flag day)

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### Solskinn Lodge

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### Sons of Norway

Website: sofn.org  
 Facebook: Official Sons of Norway Facebook Group

### Sons of Norway, District Six

Website: sofn6.org  
 Facebook: Sons of Norway District Six

**Board Meeting meets every  
 2nd Tuesday of the month at 5 PM  
 ZOOM Link will be sent prior to  
 the meeting**

**Book Club meets every  
 3rd Thursday of the month at 4 PM**

**Arts & Craft Club has been  
 put on hold  
 until further notice**



In the near future, Middle East turmoil and the US withdrawal from NATO triggers an energy crisis. A catastrophic hurricane fueled by climate change devastates Norway, killing 700–800 people and causing untold physical and economic damage. The Norwegian (fictitious) green party Ny Kraft is swept to power in response, and idealistic prime minister Jesper Berg plans to develop thorium-based nuclear power as a viable alternative to oil. To this end, Berg cuts off all fossil fuel production, intensifying the energy crisis in the continent. The European Union, in desperation, acquiesces to a Russian-led invasion of Norway.

3 seasons between 2015 and 2019

*More information about cast, characters and seasons:*  
[en.wikipedia.org/wiki/Occupied](https://en.wikipedia.org/wiki/Occupied)

He wrote the song **You Raise Me Up**

**Rolf Undsæt Løvland** (born 19 April 1955) is a Norwegian composer, lyricist, arranger, and pianist. Together with Fionnuala Sherry, he formed the Celtic-Nordic group Secret Garden, in which he was the composer, producer, and keyboardist. He began composing at an early age (he formed a band at the age of nine) and grew up studying at the Kristiansand Music Conservatory, later receiving his master's degree from the Norwegian Institute of Music in Oslo.

Løvland has won the Eurovision Song Contest twice, resulting in Norway's first two titles. He composed the song "La det swinge" in 1985. He also composed the song "Nocturne" in

1995, as part of the duo Secret Garden.

He also composed the song "You Raise Me Up". In an interview with Radio Norge in February 2010, Løvland stated that this song had been covered more than 500 times thus far.

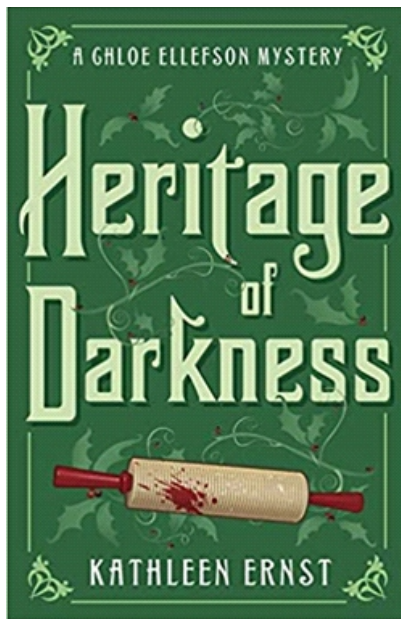
Barbra Streisand asked Ann Hampton Callaway to write lyrics to a Rolf Løvland melody which she entitled "I've Dreamed of You", and sang to James Brolin at their wedding. The song was later recorded on her CD, "A Love Like Ours", released as a single and selected for the album, The Essential Barbra Streisand. Streisand performed this song on her live double CD, Timeless.

# BOOK CLUB

## March Book

Heritage of Darkness  
by Kathleen Ernst

ZOOM Meeting  
Thursday, March 17 at 4PM  
*We love to see you!*



For curator Chloe Ellefson, a family bonding trip to Decorah, Iowa, for rosemaking classes seems like a great idea until the drive begins. Chloe's cop friend Roelke takes her mother's talk of romantic customs good-naturedly, but it inflates Chloe's emotional distress higher with each passing mile.

After finally reaching Vesterheim Norwegian-American Museum, Chloe's resolve to remain positive is squashed when she and Roelke find Petra Lekstrom's body in one of the antique immigrant trunks. Everyone is shaken by the instructor's murder, and when Mom volunteers to take over the beginners' class, Chloe is put in the hot seat of motherly criticism. As she investigates, Chloe uncovers dark family secrets that could be deadly for Mom...and even herself.



**Kathleen Ernst** (born 1924, died 1986)

She received a degree in forestry from West Virginia University. Before becoming a full time writer in 2004, she worked at an outdoor living history museum called Old World Wisconsin for 12 years and as a television writer. Her first published historical fiction novels were The Night Riders of

## Solskinn Book List 2022

- April The Almost Nearly Perfect People  
by Michael Booth
- May The Sea Wolves, A Histo of the Vikings  
by Lars Brownworth
- June Defiant Courage: Norway's Longest  
WWII escape  
by Astrid Karlsen Scott and Dr. Tore Haug
- July The Sandman: A Novel (Joonas Lina Book)  
by Lars Kepler
- Aug For the Love of Cod  
by Dregni
- Sept The Mercies  
by Kiram Millwood Hargave
- Oct Scandinavian Ghost Stories—Edited  
by Joanne Asala
- Nov The Stranger from the Sea by  
Paul Binding
- Dec Return to the Future: An Escape to Freedom

**Snorri Sturluson** was a chief and one of Iceland's most powerful people in his time. He was a representative in the Icelandic Parliament in the periods 1215 - 1218 and 1222 - 1231 . He had the highest office in the Althing, as a lawman.

Snorre's most famous works are Heimskringla and (the younger) Edda , and it is speculated whether he also wrote Egil's saga .

Harpers Ferry and The Bravest Girl in Sharpsburg. She has also written numerous American Girl novels including 6 books about Caroline Abbott published in 2012. Her other works include Hearts of Stone, the Chloe Ellefson Mystery series, and the nonfiction book Too Afraid to Cry: Maryland Civilians in the Antietam Campaign.

## NORWEGIAN NEWS IN ENGLISH

**TheLocal.no**

**NorwayNews.com**

**NewsInEnglish.no**

**TNP.no**

"Edda" is an Old Norse term that has been attributed by modern scholars to the collective of two Medieval Icelandic literary works: what is now known as the Prose Edda and an older collection of poems without an original title now known as the Poetic Edda. The term historically referred only to the Prose Edda, but this since has fallen out of use because of the confusion with the other work. Both works were written down in Iceland during the 13th century in Icelandic, although they contain material from earlier traditional sources, reaching into the Viking Age. The books are the main sources of medieval skaldic tradition in Iceland and Norse mythology.

# Nordic Mythology

## Loki

**Loki** is a god in Norse mythology. According to some sources, **Loki** is the son of **Fárbauti** (a jötunn) and **Laufey** (mentioned as a goddess), and the brother of **Helblindi** and **Býleistr**. Loki is married to **Sigyn** and they have a son, **Narfi**. By the jötunn **Angrboða**, Loki is the father of **Hel**, the wolf **Fenrir**, and the world serpent **Jörmungandr**. Loki, in the form of a mare, was impregnated by the stallion **Svaðilfari** and gave birth to the eight-legged horse **Sleipnir**. Loki is referred to as the father of **Váli** in Prose Edda, though this source also refers to Odin as the father of **Váli** twice, and **Váli** is found mentioned as a son of **Loki** only once.

Text: Wikipedia  
Photo: Wikipedia



## Thrym

In Norse mythology, **Þrymr** (Thrymr, Thrym; "uproar") was king of the jotnar. In one legend, he stole **Mjólnir**, Thor's hammer, to extort the gods into giving him **Freyja** as his wife. His kingdom was called **Jötunheimr**, but according to Hversu Noregr byggðist, it was the Swedish province **Värmland**, then a part of Norway.

Þrymr was foiled in his scheme by the gracefulness of **Heimdallr**, the cunning of **Loki**, and the sheer violence of **Thor**, who later killed **Þrymr**, his sister, and all of the jotnar kin that had been present at the wedding reception. The poem **Þrymskviða** gives the details of how Thor got his hammer back. **Bergfinnr** is a son of **Þrymr**.

## Idunn

In Norse mythology, **Idunn** is a goddess associated with apples and youth. **Idunn** is attested in the Poetic Edda, compiled in the 13th century from earlier traditional sources, and the Prose Edda, written in the 13th century by Snorri Sturluson. In both sources, she is described as the wife of the skaldic god Bragi, and in the Prose Edda, also as a keeper of apples and granter of eternal youthfulness.

The Prose Edda relates how Loki was once forced by the jötunn **Þjazi** to lure **Idunn** out of Asgard and into a wood with the promise of apples even fairer than her own. **Þjazi**, in the form of an eagle, abducts **Idunn** from the wood, bearing her off to his home. **Idunn's** absence causes the gods to grow old and grey, and they realize that Loki is responsible for her disappearance. Under duress, Loki promises to bring her back and, setting out in the form of a falcon, eventually finds her alone at **Þjazi's** home. He turns her into a nut and flies back toward Asgard. When **Þjazi** returns to find **Idunn** gone, he assumes his eagle form once more and flies off in hot pursuit of Loki and his precious burden. The gods build a pyre in the courtyard of Asgard and, just as Loki has stopped short of it, kindle it. Unable to halt his frenzied onrush, **Þjazi** plunges headlong through the fire, falling to the ground with his feathers aflame, whereupon the gods attack and kill him.



Text: Wikipedia  
Photo: Loke and Idun, by John Bauer

## Fenrir (Fenrisulven)

**Fenrir** ("fen-dweller") or "Fenrir's wolf", also referred to as **Hróðvitnir**, "fame-wolf" and **Vánagandr**, "monster of the [River] Ván"). **Fenrir**, together with **Hel** and the World Serpent, is a child of **Loki** and giantess **Angrboða**. He is attested in the Poetic Edda, compiled in the 13th century from earlier traditional sources, and the Prose Edda and *Heimskringla*, written in the 13th century by Snorri Sturluson. In both the Poetic Edda and Prose Edda, **Fenrir** is the father of the wolves **Sköll** and **Hati Hróðvitnisson**, is a son of **Loki** and is foretold to kill the god **Odin** during the events of **Ragnarök**, but will in turn be killed by **Odin's** son **Víðarr**.

In the Prose Edda, additional information is given about **Fenrir**, including that, due to the gods' knowledge of prophecies foretelling great trouble from **Fenrir** and his rapid growth, the gods bound him and as a result **Fenrir** bit off the right hand of the god **Týr**. Depictions of **Fenrir** have been identified on various objects and scholarly theories have been proposed regarding **Fenrir's** relation to other canine beings in Norse mythology. **Fenrir** has been the subject of artistic depictions and he appears in literature.

# Cont. Nordic Mythology

## The Creation

According to the Norse creation myth, in the beginning there was nothing. The only thing that filled the space was Cold and Heat.

On one side, to the north, lay **Nivlheim**, with frost and fog. On the other side, in the south, **Muspelheim**, a sea of foaming flames, which was guarded by **Surt**. Between them there was nothing. Just a big, bottomless throat, **Ginnungagap**. Here, in this vast void - in the midst of light and darkness - all life was to begin, in the meeting of ice and fire. Slowly the ice began to melt, and formed by the cold, but awakened by the heat, a strange creature arose - a very troll. The troll was bisexual, and his name was **Yme**. Bigger giants should never have lived.

Where the ice melted, the drops also formed another being - a huge cow; **Audhumbla**. The milk flowed like rivers from her huge teats, and so **Yme** found food. **Audhumbla** immediately began to lick the salty, rhymed stones that were around her and the giant. Up from one of the stones, the cow suddenly licked some long strands of hair, and the next day a head and a face appeared from the stone. On the third day, the cow finally managed to lick her whole body free. It was a man, big and beautiful. His name was **Bure** - and from him descend the gods, those we know as aces.

The giant **Yme** had children with himself. As he lay asleep, he began to sweat, and from his left armpit suddenly grew a male and a female creature. **Yme's** legs mated and gave birth to a son with six heads; **Trudgjelme**, father of **Bergelme**. This is the beginning of the genus **Rhyme**, the Jotnes.

The different creatures eventually had children together. **Odin** is the son of the Jotun daughter **Bestla** and Bure's son **Bor**. There were more and more rhymes, and they only created disorder and chaos. One day, **Odin** and his brothers - **Will** and **Woe** - rebelled against **Yme** and his family. It was a great battle that **Odin** and his brothers won. They killed the giant - and a tidal wave of blood washed over the enemies of the aces and drowned them all, except the jotnen **Bergelme** and his wife. From this pair of jotun, who fled into the shadows and hid in the foggy world, all later rhyming genealogies come. **Audhumla** - the first cow - must also have been washed over the edge of the cliff. Because after this massacre, no one has seen or heard anything from her.

The aces dragged the dead **Yme** into the middle of **Ginnungagap** and left him like a lid over the abyss. His blood became the sea, and his flesh the land. The bones became rocks and cliffs. The teeth and broken bone splinters became stones and clocks, while the hair became trees and grass. His brain mass threw the gods high into the air, and that's how the clouds came to be. The skull was set like a vault, and became heaven. The gods caught sparks from **Muspellheim** and attached them to the skull, so that we got sun, moon and stars.

From the body of **Ymer** the small field crept. These were the origins of the dwarves, the underground who live in caves and grottoes. The aces chose four of them to support the firmament and to guard the four corners of the world. These dwarfs are called: East, West, North and South.



## Photo boxes in Norway

### Don't speed in Norway!

Point-ATK

Point ATK (PATK) consists of one or more speed cameras that take a picture of a vehicle committing a traffic offense. Normally it is the speed of the vehicle that is controlled, but there are also devices that control driving at a red light. The purpose is to prevent or reduce traffic offenses, and to increase traffic safety.



Section ATK (SATK) consists of several interconnected speed cameras on the same stretch of road. The speed cameras have the same function as in point-ATK, except that they take pictures of everyone who passes. The first speed camera that is passed takes a picture of the vehicle and identifies the registration number. The image is stored until the next speed camera associated with the same section ATK takes a photo and identifies the vehicle. The transit times will then be compared. If too short a time is registered between the crossings, the speed has been too high, and there has been a traffic offense. The photos will be saved and a yellow lamp will light up 50 m after the last speed camera. If the time between passes has been long enough or one of the speed cameras does not register the vehicle, the photos will be deleted automatically.

# Norwegian food and drink

## **Gamalost**, The Smelly Old Cheese From Norway!

Gammel means old in Norwegian. Ost, of course, is cheese. The interesting bit isn't that the block of cheese itself that is so old; it ages roughly one to six months, where sharp cheddar cheeses can age over fifteen months. The old part comes from the recipe: the spoiled milk and the mold. Well, and the smell. The smell seems very, very old.

### **How Gamalost Cheese is Made**

The old story is that you put cheese in an old sock, bury it in a pile of manure, and when it is finished, it will crawl out! Since we don't have confirmed reports of that being 100% reliable, here is a gamalost recipe that other cheesemakers have tested. Generally speaking, to make the gamalost cheese from Norway, an acid is added to skim milk, causing it to sour. After souring and curdling for several additional days, the fermented solids are pressed firmly into forms to create the shape. These cakes of cheese are then repeatedly hand rubbed with different types of mold and set aside to age. Because of this labor-intensive process, the cheese is in scarce supply and difficult to find outside of Norway.

When it's finished, the cheese is a golden brown color. Technically, gamalost is in the blue cheese family, so you may find flecks of blue or green inside the cheese, and that's nothing to worry about. If the crust of mold on the outside gets out of hand you can trim it off. The texture is mostly grainy – it almost looks like a muffin – but when you break it apart, you will find that very fine strings appear. Those are not melty strings like pizza, it's a result of the fermentation process. The cheese is very dense and firm. It should be somewhat moist, but dries out over time. Even though it is a dairy product, it stores for an extended period without the need for refrigeration like flatbread and stock fish. Commercial production of this unique Norwegian cheese is primarily by the company Tine in Vik. There is a gamalost festival at the beginning of each summer if you plan to be in Sogn at that time.



### **How To Eat Gamalost**

Because it is coarse and dense, gamalost is best cut with a hollow blade cheese knife. Small chunks can be included on a cheese tray for sampling with other cheeses from Norway. Thin slices are often placed on hearty crackers or breads. Fruits and nuts are also good companion foods. Due to the boldness of this cheese, a robust beer, gin, or chilled aquavit are good drink pairings.

### **The World's Smelliest Cheese?**

Food critics call this old cheese from Norway “aromatic.” Notes of ammonia or gym locker are commonly reported by others. Because of this, your fragrant gamalost is best stored in a tightly sealed container.

### **Is Good For You**

If you can actually get your hands on some, then get past the aroma, Gamalost contains large amounts of vitamin K2, is high in protein, and low in fat. Unlike most cheeses, it contains no salt.

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## **Rakfisk**

Rakfisk is trout sprinkled with salt and fermented in water for - depending on how smelly you like your fish - up to a year.

As the dark sets in and the weather turns cold, Norwegians flock to a festival here in Fagernes devoted to this most, well, captivating of foods. You eat it raw, and then swallow a glass of aquavit.

Rakfisk is a product of very different, poverty-stricken times in Norway when, pre-refrigeration, fish was soaked in airtight barrels of water and salt in autumn. Then in the depths of winter, well and truly fermented, it is taken out and - no doubt with the senses knocked out by alcohol - eaten.

*I stand in the snow and queue for something to eat - I have had enough rakfisk. Now an elk burger is certainly something different and rather succulent to the taste. But in the evening, it is more of that smelly fish. The hotel I am staying in is one of a number of venues hosting a rakfisk dinner where guests vote on the best - or perhaps the most nasally challenging - fish.*

Text: BBC.com

Photo: TasteAtlas.com, DigitalMuseum.no



# Famous Norwegian-American



Photo: IMDB.com

## The first James Bond

**Barry Nelson** (born Robert Haakon Nielsen; (born April 16, 1917, San Francisco – died April 7, 2007, Pennsylvania) was an American actor.

With MGM, Nelson made his screen debut in the role as Paul Clark in *Shadow of the Thin Man* (1941). He debuted on the Broadway stage in 1943. In 1978, he was nominated for a Tony Award for Best Actor in a Musical for his role as Dan Connors in the Broadway musical *The Act* (1977) with Liza Minnelli. His final appearance on Broadway was as Julian Marsh in *42nd Street* (1986).

He was the first actor to play James Bond on screen in a 1954 adaptation of Ian Fleming's novel *Casino Royale* on the television anthology series *Climax!* (preceding Sean Connery's interpretation in *Dr. No* by eight years). Reportedly this was considered a pilot for a possible James Bond television series, though it is not known if Nelson intended to continue playing the character. Nelson played James Bond as an American agent whom some in the program call "Jimmy".

### Parents:

**Niels Trygve Bolæren Nielsen**, born June 26, 1892, Åsgårdsstrand, Vestfold, Norway, died March 31, 1968, Oakland, Alameda County, California

and **Betsy Christoffersen**, born February 2, 1892, Norway, died February 2, 1982, Oakland, Alameda, California

## The Andrews Sisters

The Andrews Sisters was an American "close harmony" singing group consisting of the sisters **LaVerne Andrews** (born July 6, 1911, died May 8, 1967), **Maxene Anglyn Andrews** (born January 3, 1916, died October 21, 1995) ) and **Patty (Patti) Andrews** (born 16 February 1918, died 30 January 2013). All three were born in Minnesota. The father was an immigrant from Greece and the mother was an immigrant from Norway.

They began their careers as imitators of another successful singing group, The Boswell Sisters. After singing with various dance bands and traveling around vaudeville, they achieved a national breakthrough with their record releases and radio appearances in 1937. Their music entertained Allied forces during World War II. They sold "war bonds", appeared in several films (including some Abbott and Costello films) and performed for soldiers who served abroad. Their first film with Abbott and Costello, the pre-war comedy *Buck Privates*, introduced their best known recording, *Boogie Woogie Bugle Boy*.

After a short stay after the war, the sisters continued, performing in clubs in the United States and Europe. They left as a group in 1953, and then Patty chose to continue solo. Their last appearance together was in 1966 on *The Dean Martin Show*.

The Andrews Sisters became the most popular female vocal group of the first half of the 20th century.

75–100 million records sold from a little over 600 recorded tunes  
113 charted Billboard hits, 46 reaching Top 10 status (more than The Beatles or Elvis Presley)

17 Hollywood films (more than any other singing group in motion picture history) record-breaking theater and cabaret runs all across America and Europe.



Photo: The New York Times

### Their father:

**Peter Andrews**, born April 8, 1890 in Greece as Peter Andreos, died October 10, 1949 in Los Angeles County, California

### Their mother:

**Olga "Ollie" B. Sollie** (Olga Bergljot Pedersdatter Sollie. Born June 12, 1886 in Singsaker, district in Trondheim, Sør-Trøndelag, died July 3, 1948 in California.

### Norwegian Grandfather:

**Peter (Per Pedersen) Sollie**. Born April 7, 1843 in Røros, Sør-Trøndelag, died February 8, 1920, Mound, Hennepin County, Minnesota.

### Norwegian Grandmother:

**Sophie Pedersdatter Haave**. Born September 26, 1846 at Håve farm, Selbu, Sør-Trøndelag, died August 1920, Mound, Hennepin County, Minnesota.

# All about Bunad

## SUNNMØRE



### Bunad from Ørskog

The Ørskog costume is made from an old apron from the farm Gjære in Ørskog. The apron is from about 1850. It is called the Märtha national costume, after such a national costume was given as a wedding gift to Crown Princess Märtha in 1929.

*ArtoFit.org*



### Brown men's costume

This bunad was completely reconstructed in 1991. The costume parts come mainly from Stranda and date from the end of the 18th century and the beginning of the 19th century. The costume is in Louis Seize cut from approx. 1795-1800. The flap trousers and sweater are in brown wadmal with brass and copper buttons. The vest is in a green fabric with red edges and a raised collar. The shirt is in linen with white stitch embroidery and a red touch on the shoulders and cuffs. For the bunad, you can use a top hat in brushed felt or a knitted red hat with a floss edge at the bottom. The socks are smooth knitted in wool yarn.

*NorskFlid.no*

### Bridal Crown from Sunnmøre

If you want to be a bride in Sunnmøre, you can use the crown and the handkerchief for all the Sunnmøre costumes. At Sunnmøre Museum, there are several bridal crowns that were previously possible to borrow, but unfortunately, they gradually became so marked by many years of use, that lending was no longer justifiable. We have therefore made a copy of one of the old bridal crowns.

*Text/image: NorskFlid.no*



## BUNAD CARE

A bunad may well hang in a normal wardrobe, but it should hang in a bunad bag for protection. Such a bunad bag should preferably be sewn from unbleached and untreated canvas, which can be bought in most handicraft stores. You can also use an old washed-out duvet cover as a bag, and for the shirt you can use an old pillowcase. The costume should hang on a well-padded coat hanger, so that the weight is evenly distributed. It is still best to attach straps to the inside of the waist, turn the bunad with the waist down into the stack, and hang the straps on the coat hanger. The costume should not be washed, neither wool nor silk fabric tolerates washing very well. Ideally, the bunad should be cleaned at a qualified dry cleaner company. If you get a small stain on the stack, it is easiest to dip a clean cloth in lukewarm water,

### Care of bunad shirts

Shirts with embroidery will stay nice longer if you wash them by hand. Cotton shirts without embroidery tolerate machine washing. Both cotton and linen shirts can be washed at up to 140 F/60 C. The costume shirts should always be washed immediately after use so that any stains do not dry in too much. Uniform shirts should not be ironed long before use. Ironed shirts are easy to yellow.

Shirts that have started to turn yellow should be washed first to see if the yellowing goes away. If this does not help, you can hang them out in sunlight or lay them on the snow in the sun for bleaching. They must not be bleached for long or often, because sunlight weakens the fibers.

### Care of silver

Polishing of bunad silver should be done with a polishing cloth or polishing glove that one can buy in goldsmith shops. Liquid silver purifier of various types are not recommended. These products can be so highly purifying that old bunad silver, oxidized or gilded silver can be damaged. An easy way to clean the silver is to wash it in lukewarm dish soap water, adding some ammonia. It is also advisable to wipe over the silver immediately after use with a cloth dampened with dish soap water. This will remove the greasy fingerprints before they stick.

Silver stays nice for the longest time in a tight plastic bag. An exception to this rule is the silver belt which has the studs attached to the leather. Leather contains tannic acid, and by leaving the belt in a tight plastic bag, the acid can discolor the silver. Silver to be stored in a safe deposit box should be in a plastic bag. The reason is that the metal in the bank boxes can also discolor the silver. If the bunad silver has stains that are difficult to remove, one should contact a silversmith for advice.

*Bunadogfolkdrakt.no*



# Norwegian architecture



Upper Left: Deichman Bjørvika (Oslo Public Library) Opened 2019 (Picture: Wikipedia)  
Upper Right: Munch Museum, Opened 2021 (Picture: Forbes)  
Lower: The Oslo Opera House, opened 2008 (Picture: Wikipedia)



## NETFLIX VIKINGS VALHALLA

Vikings: Valhalla is an upcoming historical drama television series created and written by Jeb Stuart, and a sequel to History's Vikings. This series starts a century after the original series and will tell the tales of some of the best-known Norsemen in history. Filmed in County Wicklow, Ireland. It is set to premiere on Netflix on February 25, 2022.

Set 100 years after Vikings, as tensions between the Vikings and the English royals reach a bloody breaking point and as the Vikings themselves clash over their conflicting Christian and Pagan beliefs. Leif Erikson, Freydís Eiríksdóttir and Harald Hadrada begin an epic journey that will take them across oceans and through battlefields, from Kattegat to England and beyond, as they fight for survival and glory. The series shows the end of the Viking Age, marked by Battle of Stamford Bridge in 1066.

# Social February 26



Sixteen people attended the February lodge luncheon. We enjoyed a hearty vegetable soup and a Minnesota favorite – chicken wild rice soup. Salad and a wonderful cake rounded out the meal. It was nice to visit with folks in-person once again. Terje Berger gave a very interesting presentation on genealogy. I think everyone learned something from the presentation. A very special surprise was when Terje presented two voluminous genealogical books (1600 pages) to Tone Chaplin – on her's and her husband's side of the family. Special thanks to Luella Grangaard and Nancy Madson for the meal and to Terje Berger for his well-presented program on genealogy.



# Social February 26



## Soup, Salad and Genealogy



### Solskinn Lodge Officers 2021-2022

#### Board of Directors

President	Luella Grangaard	760-363-7704
Vice President	Terje Berger	760-799-6660
Counselor	Ulf Lokke	760-808-5403
Secretary	Tone Chaplin	760-408-9170
Treasurer	Nancy Madson	760-343-0848

#### Program Directors

Social Director	Nancy Madson	760-343-0848
Cultural Director	Luella Grangaard	760-363-7704
Sunshine	Charlotte Larsen	760-835-4391

#### Support Positions

Book Club	Luella Grangaard	760-363-7704
Editor, Webmaster	Terje Berger	760-799-6660
Photographer	Miriam Hendrix	
Musician	Terje Berger	
Librarian	Corinne Bjerke	

#### Financial Benefits

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*The mission of  
Sons of Norway  
is to promote and to preserve  
the heritage and culture of  
Norway, to celebrate our  
relationship with other Nordic  
countries, and to provide quality  
insurance and financial  
products to its members*